

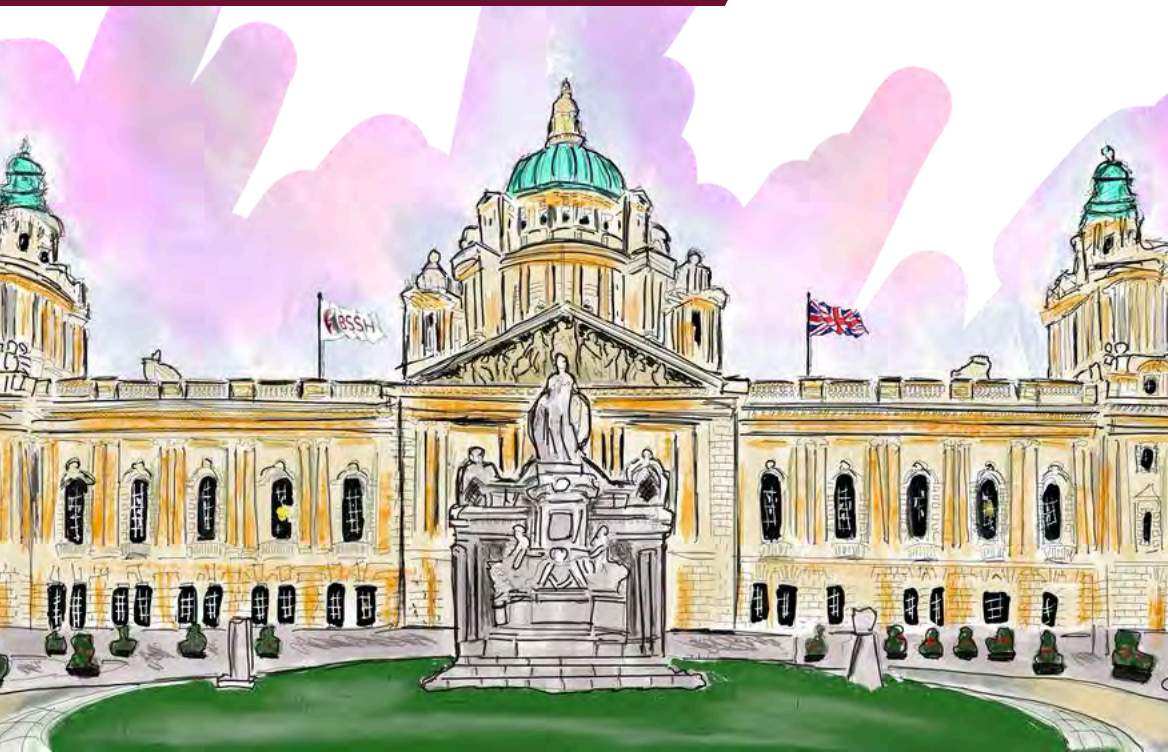
**With Guest Society, The German  
Society for Surgery of the Hand**



**BSSH** THE BRITISH SOCIETY FOR  
SURGERY OF THE HAND

# **2024 AUTUMN SCIENTIFIC MEETING**

**14-15 NOVEMBER - ICC, BELFAST  
NORTHERN IRELAND**



|   |    |
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# WELCOME

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Welcome to the BSSH meeting at The International Conference Centre at the Waterfront Hall in Belfast! We have not hosted our BSSH meeting in Belfast for over 20 years, so it is great to be back and see the merging of old and new in this historic city.

The dome of the Waterfront Hall building is coated in copper so its exterior will eventually mirror that of other historic buildings in Belfast including Belfast City Hall, our venue for the BSSH conference dinner.

The City Hall, opened in 1906, has many interesting features including a selection of stained glass windows. Some of these feature the Belfast coat of arms and the shields of the four provinces of Ireland - see if you can find those!



Have a look around the memorials which include the Titanic memorial, the George Best memorial and most recently the Mary Ann McCracken memorial.

The BSSH Pioneer lecture, in honour of David Evans, will be delivered by Marybeth Ezaki. Marybeth worked with David during her hand surgery fellowship in the UK. We are really delighted to welcome her back to share her inspirational journey in Hand Surgery.

I am delighted to welcome our guest society, The German Society for Surgery of the Hand. I would like to sincerely thank Max Haerle who has guided the collaborative programme with talks covering the history of hand surgery, the management of small joint arthritis and sessions on technical pearls and problem solving. The Global Partnership and Research Symposia along with the congenital hand, investigations update and reconstruction sessions will give you an insight into the cutting edge of hand surgery worldwide. A translational research theme runs throughout the meeting and will deliver opportunities to discuss, collaborate and plan future national and international ventures.

Thank you to the Irish Hand Society, Kevin Cronin (President), Denise Shirley, Claire Rowan and Ciara Fox who have guided the scientific and social programme and been an immense support in delivering this event.

I would like to extend my personal thanks to the BSSH Secretariat who support and guide us in delivering our charitable activities throughout the year. This meeting would not have been possible without the organisational and negotiation skills of Kavita Prashar, Kevin Powell and Head of the BSSH Secretariat, Charlotte Smith.

Thanks once again to the multi-talented James Henderson for the amazing artwork and to Gabby Pelczarska for the creation of all the promotional material and the production of this wonderful programme booklet.

I would also like to thank our industry partners and you, the BSSH members and guests, for travelling and participating in this scientific event.

Finally, I would like to thank my colleagues (current, past and future), the 2024 BSSH Officers and Council, the committee Chairs and members who have all helped to mould the programme and for supporting me during my presidential year. Thanks a million!

**Viel Spaß!**

**Céad míle fáilte go Belfast!**



|                                 |   |
|---------------------------------|---|
| <b>President 2024</b>           | Miss Grainne Bourke, FRCS(Plast)            |
| <b>Immediate Past President</b> | Mr Dean Boyce, FRCS(Plast)                  |
| <b>Vice President</b>           | Mr Carlos Heras-Palou, FRCS(Tr&Orth)        |
| <b>Vice President Elect</b>     | Mr Wee Lam, FRCS(Plast)                     |
| <b>Honorary Treasurer</b>       | Mr Zaf Naqui, FRCS(Tr&Orth)                 |
| <b>Honorary Secretary</b>       | Mr Ian McNab, FRCS(Orth)                    |
| <b>Council Member</b>           | Mr Fortune Iwuagwu, FRCS(Plast)             |
| <b>Council Member</b>           | Mr Jonathan Jones, FRCSEd(Tr&Orth)          |
| <b>Council Member</b>           | Mr Hywel Dafydd, FRCS(Plast)                |
| <b>Council Member</b>           | Mr Edwin Prashanth Jesudason, FRCS(Tr&Orth) |
| <b>Council Member</b>           | Mr Ian Dougal Russell, FRCSG(Orth)          |
| <b>Council Member</b>           | Mrs Sarah Tucker, FRCS(Plast)               |
| <b>Council Member</b>           | Ms Jane McEachan, FRCS(Orth)                |
| <b>Council Member</b>           | Mr Sumedh Talwalkar, FRCS(Tr&Orth)          |
| <b>Council Member</b>           | Miss Rebecca Shirley, FRCS(Plast)           |



| MAIN LECTURE HALL (Hall 1A) |   | PARALLEL LECTURE HALL (Hall 1D) |   |
|-----------------------------|---|---------------------------------|---|
| 7.45                        | Registration                                    |                                 |   |
| 8:30                        | Welcome   |                                 |   |
| 8:35                        | Free papers session                             |                                 |   |
| 9.20                        | History in Hand Surgery                         | 9.00                            | Global Partnership Symposium                                |
| 10.00                       | <b>Refreshment break - Hall 1BC</b>             | 10.00                           | <b>Refreshment break - Hall 1BC</b>                         |
| 10.30                       | BSSH collaborative successes                    | 10.30                           | Non-operative treatment of Proximal Phalanx Shaft fractures |
| 11.30                       | Reflections on current practice and evidence    |                                 |   |
| 12.00                       | Guest lecture                                   |                                 |   |
| 12.35                       | <b>Lunch and exhibition - Hall 1BC</b>          | 12.35                           | <b>Lunch and exhibition - Hall 1BC</b>                      |
| 12.35                       | KLS Martin - Lunchtime symposium - see page 29  |                                 |   |
| 13:30                       | Carpo/metacarpal joint osteoarthritis session   |                                 |   |
| 15.00                       | <b>Refreshment break - Hall 1BC</b>             | 15.00                           | <b>Refreshment break - Hall 1BC</b>                         |
| 15.30                       | Session PIP joint arthroplasty/revision session | 15.30                           | Infographic free papers session                             |
| 16.25                       | Pearls to share session                         |                                 |   |
| 17.00                       | Close of scientific meeting programme           |                                 |   |
| 17.00                       | BSSH Annual General Meeting                     |                                 |   |
| 18.00                       | Close   |                                 |   |

# PROGRAMME OVERVIEW

## FRIDAY 15 NOVEMBER

| MAIN LECTURE HALL (Hall 1A) |  | PARALLEL LECTURE HALL (Hall 1D) |  |
|-----------------------------|--|---------------------------------|--|
| 8.00                        | Registration                                     |                                 |  |
| 8.35                        | Free papers session                              | 8.30                            | Soft tissue and bone reconstruction session            |
| 9.30                        | Algorithms for fracture treatment session        |                                 |  |
| 10.00                       | <b>Refreshment break - Hall 1BC</b>              | 10.00                           | <b>Refreshment break - Hall 1BC</b>                    |
| 10.30                       | Investigations update                            | 10.30                           | NIHR hand surgery trials - before and after            |
|                             |  | 11.15                           | Free papers session                                    |
| 12.00                       | BSSH Pioneer Lecture in honour of Mr David Evans |                                 |  |
| 12.30                       | Presidential Handover                            |                                 |  |
| 12.40                       | <b>Lunch and exhibition - Hall 1BC</b>           | 12.40                           | <b>Lunch and exhibition - Hall 1BC</b>                 |
| 13.30                       | Research priorities session                      | 13.30                           | Children's hand surgery, Congenital challenges session |
| 15.00                       | <b>Refreshment break - Hall 1BC</b>              | 15.00                           | <b>Refreshment break - Hall 1BC</b>                    |
| 15.30                       | How I do it session                              | 15.30                           | CHAULIG session (45 mins)                              |
| 17.00                       | Close of scientific meeting programme            | 17.00                           | Close of scientific meeting programme                  |

|       | MAIN LECTURE HALL (Hall 1A)                                       |  | PARALLEL LECTURE HALL (Hall 1D)   |  |
|-------|---|--|---|--|
| 7.45  | Registration  |  |   |  |
| 8.30  | Welcome   |  |   |  |
| 8.35  | Free papers session<br>Chairs: Mrs S Tucker and Mr B L O'Neill    |  |   |  |
|       | 8.38  | The role of regional anaesthesia and daycase surgery in the management of upper limb spasticity<br>Mr P Malone                               |   |  |
|       | 8.46  | Using Kaplan Meier analysis to estimate progression of Kienbock Disease and rate of surgical intervention<br>Dr G Esworthy                   |   |  |
| 9.00  | 8.54  | Using electrodiagnostic studies to guide surgical intervention in acute closed nerve injury<br>Miss R Currie                                 | Global Partnership Symposium<br>Chairs: Mr C Mariathas and Ms C Bossut  |  |
|       | 9.02  | Using genetics to investigate causality in metabolic associations of carpal tunnel syndrome - a Mendelian randomisation study<br>Miss A Wood |   |  |
|       |   | 9.10   | Distinct patterns of fracture propagation in distal radial fractures and the relationship to the ulnar head<br>Prof G Giddins | 9.00   |
|       |   |  | 9.12  | LION project update<br>Mr J Jones  |
| 9.20  | History in Hand Surgery<br>Chairs: Mr D Russell and Mr K Cronin   |  | 9.24  | LION fellow perspective (recorded talk)<br>Dr G Ngondo                                   |
|       | 9.20  | History of Hand Surgery in Ireland<br>Mr M Brennan   | 9.36  | Sierra Leone: the development of a collaboration over more than a decade<br>Mr S Hodgson |
|       | 9.40  | History of the German Hand Society<br>Prof M Langer  | 9.48  | Panel discussion   |
| 10.00 | Refreshment break - Hall 1BC                                      |  |   |  |
| 10.30 | BSSH collaborative successes<br>Chairs: Mr F Iwuagwu and Mr W Lam |  | Non-operative treatment of Proximal Phalanx Shaft fractures<br>Chairs: Miss A Karantana, Mr R Trickett and Ms C Rowan         |  |



|       |  |   |       |   |
|-------|--|---|-------|---|
|       | 10.30  | Surgical Specialty Leads- 10 year anniversary<br>Mr M Gardiner  | 10.30 | POINT trial discussion<br>Miss A Karantana                  |
|       | 10.42  | Surgical Specialty Leads - my path, my role<br>Dr E Reay  | 10.50 | Non operative management - my technique<br>Mr C Heras-Palou |
|       | 10.54  | BOA Leadership course<br>Ms C Quinlan   | 10.58 | Non operative management - my technique<br>Mr J Oni         |
|       | 11.06  | BSSH visiting fellow - Home and away<br>Dr R K Hackenberg   | 11.04 | Non operative management my - technique<br>Prof G Giddins   |
|       | 11.12  | BSSH visiting fellow - Home and away<br>Dr E C Blessing   | 11.10 | Poole splint<br>MS S Bradley                                |
|       | 11.18  | Panel discussion  | 11.22 | Non operative management - cases discussion<br>Mr D Swain   |
| 11.30 | <b>Reflections on current practice and evidence</b><br>Chairs: Ms C Fox and Mr I McNab |   | 11.30 | Panel discussion  |
|       | 11.30  | <b>Characteristics of patients with CRPS after occupational injury</b><br>Prof Dr med A Eisenschenk   |       |   |
|       | 11.40  | <b>The timing of intervention in nerve surgery in Erbs palsy</b><br>Mr K Cronin   |       |   |
| 12.00 | <b>Guest lecture:</b><br>Chair: Miss G Bourke  |   |       |   |
|       | 12.00  | <b>Hand Surgery in Europe, a journey and an out view</b><br>Prof M Haerle   |       |   |
|       | 12.20  | <b>IFSSH - history, meetings and money</b><br>Prof D Warwick  |       |   |
|       | 12.30  | <b>FESSH Update</b><br>Miss G Smith   |       |   |
| 12.35 | <b>Lunch and exhibition - Hall 1BC</b>   |   | 12.35 | <b>Lunch and exhibition - Hall 1BC</b>                      |
|       | 12.35  | <b>KLS Martin - Lunchtime symposium 3D Planning with Patient-Specific Models, Guides, and Custom-Made Implants in the UK - Indications, Experiences and Results - see page 29</b> |       |   |

# THURSDAY 14 NOVEMBER

|       |  |   |   |  |
|-------|--|---|---|--|
| 13.30 | <b>Carpometacarpal joint osteoarthritis session</b><br>Chairs: Mr Z Naqui and Dr.med. M Muehdorfer-Fodor |   | <b>Research Symposium</b><br>Chairs: Miss A Karantana, Mr R Wade and Dr S Kim   |  |
|       | 13.30  | <b>Clinical approach to CMCJ OA</b><br>Mr C Heras-Palou                               | 13.30   | <b>RSTN studies &amp; novel trial designs</b><br>Mr M Gardiner   |
|       | 13.37  | <b>Trapeziectomy - how well does it really work</b><br>Mr S Gangopadhyay              | 13.42   | <b>Results of the hand examination module of the population based cohort study SHIP</b><br>Dr S Kim                                      |
|       | 13.44  | <b>Denervation for CMCJ</b><br>Prof M Haerle  |   |  |
|       | 13.51  | <b>Pyrocardan for CMCJ OA - The Irish experience</b><br>Ms O Flannery                 | 13.54   | <b>Conrad Harrison on behalf of the EMCAT-2 study collaborative</b><br>Mr C Harrison   |
|       | 13.58  | <b>Indications and limitations of CMC prosthesis</b><br>Dr H Lamou                    |   |  |
|       | 14.05  | <b>Endoprosthetic treatment of carpometacarpal joint</b><br>Dr med M Muehdorfer-Fodor | 14.06   | <b>Very-big-data: linking international big data sets</b><br>Miss J Lane   |
|       | 14.12  | <b>Arthroplasty surgical tricks and tips</b><br>Mr G Cheung                           | 14.18   | <b>Hand surgery core outcome sets</b><br>Mr S Deshmukh   |
|       | 14.19  | <b>Preventing mishaps and complication</b><br>Mr S Talwalkar                          | 14.30   | <b>Panel discussion</b>  |
|       | 14.26  | <b>Why surgery is not an option for CMCJ OA</b><br>Ms J McEachan                      |   |  |
|       | 14.33  | <b>CMCJ case clinic</b><br>Mr Z Naqui   |   |  |
|       | 14.43  | <b>Panel discussion</b>   |   |  |
| 15.00 | <b>Refreshment break - Hall 1BC</b>  |   |   |  |
| 15.30 | <b>Session PIP joint arthroplasty and revision session</b><br>Chairs: Miss D Shirley and Mr D Boyce      |   | <b>Infographic free papers session</b><br>Chairs: Ms R Dolan and Mr E Prashanth Jesudason - 3 minute presentation, 1 minute change over |  |
|       | 15.30  | <b>When I would do and not do a PIP joint arthroplasty</b><br>Mr D Shewring           | 15.35   | <b>Developing a teaching programme for the multidisciplinary hand team at the LION hospital, Malawi: current updates</b><br>Miss K Owers |
|       |  |   | 15.39   | <b>Natural History of carpal collapse in Grade 3 and 4 Kienbocks disease as a guide for symptom based treatment</b><br>Mr J Compson      |

|       |   |   |       |   |
|-------|---|---|-------|---|
|       | 15.42   | PIP joint arthroplasty<br>Prof M Haerle                                       | 15.43 | Botox relieves cold intolerance after hand injuries<br>Dr A Riemen  |
|       |   |   | 15.47 | The use of biodegradable tissue matrix in LMIC: the Malawi experience<br>Miss A Griffiths   |
|       | 15.58   | Revision after failed PIP joint arthroplasty<br>Dr med M Lautenbach           | 15.51 | Bioabsorbable implants for paediatric forearm fracture treatment: systematic review<br>Miss M L Popescu                             |
| 16.10 | Panel discussion  |   | 15.55 | Panel discussion  |
|       |   |   | 16.10 | Developing a core outcome set for hand flexor tendon injuries in adults: a systematic review of treatment outcomes<br>Mr S Deshmukh |
|       |   |   | 16.14 | Local ANaesThEtic with AdReNaline (LANTERN) study: identifying current dogma and national training needs<br>Mr S S Chung Tam        |
| 16.25 | Pearls to share session<br>Chairs: Miss R Shirley and Mr D Thornton |   | 16.18 | Patient outcomes for finger fractures and joint injuries (OFFJI) prospective cohort study<br>Dr C Mousoulis                         |
|       | 16.25   | Corrective osteotomies of the fingers<br>Prof M Langer                        | 16.22 | Surgical management of the hand in Apert Syndrome: a 27-year experience<br>Ms R Vyas  |
|       |   |   | 16.26 | Atypical presentations with scaphoid nonunion: findings from a national audit<br>Mr H Akehurst                                      |
|       |   |   | 16.30 | Outcomes of volar locking plates for scaphoid fractures – a single surgeon case series<br>Ms L Tiedt                                |
|       | 16.38   | Pitfalls and problems in the so called minor hand surgery<br>Dr R Nyszkiewicz | 16.34 | Total active range of movement after treatment using a traction orthosis for extra-articular phalangeal fractures<br>Mr D Harte     |
|       | 16.50   | Panel discussion  | 16.38 | Panel discussion  |

|       |       |                                       |       |                                       |
|-------|-------|---------------------------------------|-------|---------------------------------------|
|       | 17.00 | Close of scientific meeting programme | 17.00 | Close of scientific meeting programme |
|       | 17.00 | BSSH Annual General Meeting           | 17.00 | BSSH Annual General Meeting           |
| 18.00 | Close |                                       | Close |                                       |

## Society Dinner

Thursday 14 November 19:30

Please go to the registration desk to inquire about tickets.

## Venue:

Belfast City Hall, Donegall Square N, Belfast, BT1 5GS

## Dress code:

Formal black tie

# FRIDAY 15 NOVEMBER

| Theatre 1 - Main Lecture hall - Hall 1A |   | Theatre 2 - Parallel Lecture hall - Hall 1D   |   |
|---|---|---|---|
| 8.00                                    | Registration  |   |   |
| 8.35                                    | <b>Free papers session</b><br>Chairs: Mr J Bedford and Miss C Chan  | <b>Soft tissue and bone reconstruction session</b><br>Chairs: Prof Dr M Sauerbier, Mr W Bhat and Mr B L O'Neill |   |
| 8.38                                    | Long-term follow-up of dynamic external fixation in the management of complex pilon and interphalangeal joint fractures and dislocations<br>Mr M Chan | 8.30  | Management and functional reconstruction of malignant tumour at the forearm and hand<br>Prof Dr M Sauerbier |
| 8.46                                    | One-stop clinic, a cost effective vision for streamlining elective care in hand surgery<br>Mr M Elmeligy  | 8.42  | Reconstruction of osteocutaneous defects in hand surgery<br>Prof Dr med S Rein                              |
| 8.54                                    | Predicting the need for primary nerve surgery in brachial plexus birth injury patients with an intermediate test score (3.5-5.5)<br>Mr I Natalwala    | 8.54  | MTC hand and forearm replant / trauma reconstruction<br>Mr W Bhat   |
| 9.02                                    | A multi-centre prospective audit to assess the prevalence of neuropathic pain in a population following surgical digital amputation<br>Mr C Thomson   | 9.06  | Upper limb trauma - salvage technique<br>Mr M McBride   |
| 9.10                                    | Advancing hand surgical training: a 3D printed model for Carpal Tunnel release simulation<br>Miss O E Priestland                                      |   |   |
| 9.18                                    | A ten-year experience of scaphoid reconstruction using a free coracoid bone flap<br>Ms L Syed   | 9.18  | Injuries of the upper extremity in professional indoor skydivers<br>Dr med A Tenbrock                       |
| 9.30                                    | <b>Algorithms for fracture treatment session</b><br>Chairs: Mr S Talwalkar and Mr R Hanson  | 9.30  | Panel discussion  |
| 9.30                                    | Carpal dislocations and fracture dislocations - my algorithm<br>Mr J Compson  |   |   |
| 9.45                                    | Distal radial fractures - my algorithm for treatment<br>Prof Dr med M Hakimi  |   |   |

|       |   |   |   |  |
|-------|---|---|---|--|
| 10.00 | Refreshment break - Hall 1BC  |   |   |  |
| 10.30 | <b>Investigations update</b><br>Chairs: Ms L Thompson and Ms K Browne           |   | <b>NIHR Hand Surgery trials - before and after</b><br>Chairs: Mr D Power and Mr D Leonard |  |
|       | 10.30   | <b>Cone beam CT in hand surgery</b><br>Dr B Gibney  | 10.30   | <b>NEON outcome</b><br>Mr M Gardiner   |
|       | 10.45   | <b>MRI/DTI in nerve imaging - current practice and future prospects</b><br>Mr R Wade                        | 10.50   | <b>Discussion</b>  |
|       | 11.00   | <b>Ultrasound in ERBS</b><br>Prof M Ezaki   | 11.00   | <b>SCOOT</b><br>Dr E Reay  |
| 11.15 | 11.15   | <b>Nerve ultrasound to help diagnose upper extremity nerve entrapment and trauma</b><br>Prof Dr N van Alfen | <b>Free papers session</b><br>Chairs: Mr K Joyce and Mr J Bedford                         |  |
|       |   |   | 11.18   | <b>WAFER trial: a feasibility randomised controlled trial comparing wide-awake local anaesthesia no tourniquet (WALANT) to general and regional anaesthesia with tourniquet for flexor tendon repair - Interim analysis</b><br>Mr R Faderani |
|       |   |   | 11.26   | <b>Comparison of upper limb surgery versus botulinum toxin on quality of life of patients with stroke. Clinical trial</b><br>Dr P Hurtado-Olmo   |
|       | 11.35   | <b>Panel discussion</b>   | 11.34   | <b>Are too many nail beds repaired? Review of the evolution of decision making and it's impact at Oxford over a 10 year period demonstrates a marked reduction in procedures done</b><br>Miss J V Loyala                                     |
|       |   |   | 11.42   | <b>Surgical versus non-surgical treatment for metacarpal shaft fractures in adults: a prospective feasibility study and embedded qualitative assessment of feasibility</b><br>Dr R Taha  |
| 12.00 | <b>BSSH Pioneer Lecture in honour of Mr David Evans</b><br>Chair: Miss G Bourke |   | 11.50   | <b>Close of session</b>  |
|       | 12.00   | <b>Converging heritage</b><br>Prof M Ezaki  |   |  |

|       |   |   |   |
|-------|---|---|---|
|       | 12.30   | <b>Presidential Handover</b><br>Miss G Bourke, Mr C Heras-Palou and Mr W Lam                              |   |
| 12.40 | Lunch and exhibition - Hall 1BC   |   |   |
| 13.30 | <b>Research priorities session</b><br>Chairs: Mr S Deshmukh, Miss A Karantana and Mr R Trickett |   | <b>Children's hand surgery including CHAULIG Congenital challenges session</b><br>Chairs: Mr W Lam, Ms M Dempsey and Mr H Lewis |
|       | 13.30   | <b>Introduction to Research Prioritisation</b><br>Miss A Karantana  | 13.30 <b>PIP reconstruction in children with exostosis</b><br>Dr W Hülsemann  |
|       | 13.35   | <b>Building on the 2017 BSSH James Lind Alliance Top Ten</b><br>Mr Ryan Trickett                          | 13.42 <b>Evo-Devo pathology: what we can learn and apply to patient care</b><br>Mr W Lam  |
|       | 13.45   | <b>BSSH Research Prioritisation Project Consensus Workshop</b><br>Mr S Deshmukh                           | 13.52 <b>Macrodactyly/hemihypertrophy</b><br>Prof M Ezaki   |
|       | 14.05   | <b>Getting to grips with NIHR funded hand surgery trials</b><br>Ms A Scantlebury                          | 14.04 <b>Thumb duplication</b><br>Miss B Crowley  |
|       | 14.25   | <b>Real world clinical data and observational study design in niche hand surgery</b><br>Prof. RW Selles   | 14.16 <b>Cases from panel</b><br>Mr D Boyce and Mr K Cronin   |
|       | 14.37   | <b>Panel discussion</b>   | 14.35 <b>Cases from panel</b><br>Miss G Smith and Mrs A Jester  |
| 15.00 | Refreshment break - Hall 1BC  |   |   |
| 15.30 | <b>How I do it session</b><br>Chairs: Mr P Maginn, Mr R Bains and Prof M Langer                 |   | 15.30 <b>CHAULIG meeting</b><br><b>Business meeting all welcome</b><br>Chair: Mrs A Jester                                      |
|       | 15.30   | <b>Distal nerve transfers</b><br>Prof Dr med S Rein   |   |
|       | 15.42   | <b>Constriction ring syndrome: indication and technique in secondary reconstruction</b><br>Dr W Hülsemann |   |
|       | 15.54   | <b>SL reconstruction</b><br>Prof Dr K Megerle   |   |
|       | 16.06   | <b>DRUJ PQ interposition arthroplasty</b><br>Mr M Eames   |   |
|       | 16.18   | <b>Pulley reconstruction in patients with bow stringing</b><br>Prof M Langer                              |   |
|       | 16.30   | <b>Panel discussion</b>   |   |
|       | 17.00   | Close   |   |

14

**Thursday 14 November**

8.35 – 9.20 – ICC Belfast (Main Lecture Hall – Hall 1A)

Chairs: Mrs S Tucker and Mr B L O'Neill

|      |   |
|------|---|
| 8.38 | <p><b>The role of regional anaesthesia and daycase surgery in the management of upper limb spasticity</b><br/>Mr P Mikalef<sup>1</sup>, <u>Mr P Malone</u><sup>1</sup>, Mr M Craigen (Senior)<sup>1</sup></p> <p><sup>1</sup>Royal Orthopaedic Hospital, Birmingham, East Hanningfield, UK</p>  |
| 8.46 | <p><b>Using Kaplan Meier analysis to estimate progression of Kienböck's Disease and rate of surgical intervention</b><br/><u>Dr G Esworthy</u><sup>1</sup>, <sup>2</sup> Mr N Johnson (Senior)<sup>1</sup></p> <p><sup>1</sup>Pulvertaft Hand Centre, Royal Derby Hospital, Derby, UK, <sup>2</sup>Nottingham University Hospitals NHS Trust, Nottingham, UK</p>  |
| 8.54 | <p><b>Using electrodiagnostic studies to guide surgical intervention in acute closed nerve injury</b><br/><u>Miss R Currie</u><sup>1</sup>, Mr K McGarry<sup>1</sup>, Dr S Mackinnon (Senior)<sup>2</sup></p> <p><sup>1</sup>Ulster Hospital, Dundonald, UK, <sup>2</sup>Washington University School of Medicine, St. Louis, United States of America</p>  |
| 9.02 | <p><b>Using genetics to investigate causality in metabolic associations of carpal tunnel syndrome – a Mendelian randomisation study</b><br/><u>Miss A Wood</u><sup>1</sup>, Miss C Lovegrove<sup>1</sup>, Professor D Furniss<sup>1</sup>, Mr A Wiberg (Senior)<sup>1</sup></p> <p><sup>1</sup>Nuffield Department of Orthopaedics, Rheumatology and Musculoskeletal Sciences, University of Oxford, UK</p> |
| 9.10 | <p><b>Distinct patterns of fracture propagation in distal radial fractures and the relationship to the ulnar head</b><br/>Mr S Sassi<sup>1</sup>, <u>Prof G Giddins</u> (Senior)<sup>1</sup></p> <p><sup>1</sup>Royal United Hospitals, Bath, UK</p>  |



Thursday 14 November

15.35- 17.00 (Parallel Lecture Hall - Hall 1D)

Chairs: Ms R Dolan and Mr E Prashanth Jesudason

|       |   |
|-------|---|
| 15:35 | <p><b>Developing a teaching programme for the multidisciplinary hand team at the LION hospital, Malawi: current updates</b></p> <p>Lt Col Dr G Ngondo<sup>2</sup>, Dr B Munthali<sup>2</sup>, Miss S Meel<sup>1</sup>, Miss J Choong<sup>3</sup>, Mr G Hourston<sup>5</sup>, Mr S Parker<sup>4</sup>, Mr B Wood<sup>3</sup>, Mr C Heras-Palou<sup>7</sup>, Mr W Lam<sup>6</sup>, <u>Miss K Owers (Senior)</u><sup>1</sup></p> <p><sup>1</sup>Chelsea and Westminster Hospital, London, UK, <sup>2</sup>Lilongwe Institute of Orthopaedics and Neurosurgery, Lilongwe, Malawi, <sup>3</sup>NHS Lothian, Edinburgh, Scotland, <sup>4</sup>Freemantle Hospital, Australia, <sup>5</sup>East Suffolk and North Essex NHS Foundation Trust, Colchester, UK, <sup>6</sup>Singapore General Hospital, Singapore, <sup>7</sup>Pulvertaft Hand Centre, Derby, UK</p> |
| 15:39 | <p><b>Natural history of carpal collapse in Grade 3 and 4 Kienböck's disease as a guide for symptom-based treatment</b></p> <p>Miss Y Khan<sup>1</sup>, Dr C Chandrakumar<sup>1</sup>, <u>Mr J Compson (Senior)</u><sup>1</sup></p> <p><sup>1</sup>Kings College Hospital, London, UK</p>   |
| 15:43 | <p><b>Botox relieves cold intolerance after hand injuries</b></p> <p><u>Dr A Riemen</u><sup>1</sup>, Ms J Lynch<sup>1</sup>, Dr S Naji<sup>1</sup>, Professor P McArthur (Senior)<sup>1</sup></p> <p><sup>1</sup>Wrightington Hospital, Aberdeen, UK</p>  |
| 15:47 | <p><b>The use of biodegradable tissue matrix in LMICs: the Malawi experience</b></p> <p><u>Miss A Griffiths</u><sup>1</sup>, Dr G Ngondo<sup>2</sup>, Ms S Fullilove<sup>3</sup>, Mr S Walsh<sup>4</sup>, Mr J Jones<sup>5</sup>, Professor A Tolat (Senior)<sup>6</sup></p> <p><sup>1</sup>Royal Victoria Hospital, Gateshead, UK, <sup>2</sup>Lilongwe Institute of Orthopaedics and Neurosurgery, Lilongwe, Malawi, <sup>3</sup>University Hospitals Plymouth NHS Trust, Plymouth, UK, <sup>4</sup>Dorset County Hospital NHS Foundation Trust, UK, <sup>5</sup>Peterborough and Stamford Hospitals NHS Trust, UK, <sup>6</sup>Medway Maritime NHS Foundation Trust, UK</p>  |
| 15:51 | <p><b>Bioabsorbable Implants for paediatric forearm fracture treatment: a systematic review</b></p> <p>Dr G Al-Dairy<sup>1</sup>, <u>Miss M Loredana Popescu</u><sup>1</sup>, Dr F Eastwood<sup>1</sup>, Ms L Hunwick<sup>1</sup>, Ms C Henney<sup>1</sup>, Mr P Buddhdev (Senior)<sup>1</sup></p> <p><sup>1</sup>Broomfield Hospital, Chelmsford, UK</p>   |

|       |   |
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| 16:10 | <p><b>Developing a core outcome set for hand flexor tendon injuries in adults: a systematic review of treatment outcomes</b></p> <p><u>Mr S Deshmukh</u><sup>1,2</sup>, Professor C Jerosch-Herold<sup>3</sup>, Dr L Miller<sup>4</sup>, Dr A Fuller<sup>2</sup>, Mr A See<sup>2</sup>, Dr P Leighton<sup>5</sup>, Miss A Karantana (Senior)<sup>2</sup></p> <p><sup>1</sup>Pulvertaft Hand Centre, Derby, UK, <sup>2</sup>Centre for Evidence Based Hand Surgery, University of Nottingham, UK, <sup>3</sup>School of Health Sciences, University of East Anglia, Norwich, UK, <sup>4</sup>Occupational Therapy Department, Norfolk &amp; Norwich University Hospitals Foundation NHS Trust, Norwich, UK, <sup>5</sup>Centre of Evidence Based Dermatology, University of Nottingham, UK</p> |
| 16.14 | <p><b>Local ANaEsThEtic with AdReNaline (LANTERN) study: identifying current dogma and national training needs</b></p> <p><u>Mr S S Chung Tam</u><sup>3</sup>, Mr P Tagdiwala<sup>4</sup>, Mr J Wormald<sup>2</sup>, Professor M Gardiner (Senior)<sup>1</sup></p> <p><sup>1</sup>Frimley Health NHS Foundation Trust, Slough, UK, <sup>2</sup>Oxford University Hospitals NHS Foundation Trust, Oxford, UK, <sup>3</sup>University of Cambridge Medical School, Cambridge, UK, <sup>4</sup>University College London, UK</p>   |
| 16.18 | <p><b>Patient outcomes for finger fractures and joint injuries (OFFJI) prospective cohort study</b></p> <p><u>Dr C Mousoulis</u><sup>1</sup>, Mr R Trickett<sup>2</sup>, Professor K Thomas<sup>1</sup>, Dr P Leighton<sup>1</sup>, Dr A Karantana (senior)<sup>1</sup></p> <p><sup>1</sup>The University of Nottingham, UK, <sup>2</sup>Cardiff and Vale University Health Board, Cardiff, UK</p>  |
| 16.22 | <p><b>Surgical management of the hand in Apert Syndrome: a 27-year experience</b></p> <p><u>Ms R Vyas</u><sup>1</sup>, Ms M Jakeman<sup>1</sup>, Ms M Kelly<sup>1</sup>, Mr P McArthur (Senior)<sup>1</sup></p> <p><sup>1</sup>Whiston Hospital, Liverpool, UK, <sup>2</sup>The Hospital for Sick Children, Toronto, Canada, <sup>3</sup>Alder Hey Children's Hospital, Liverpool, UK</p>   |
| 16.26 | <p><b>Atypical presentations with scaphoid nonunion: findings from a national audit</b></p> <p><u>Mr H Akehurst</u><sup>1</sup>, Ms J Cheuk<sup>1</sup>, Mr W Mason (Senior)<sup>1</sup></p> <p><sup>1</sup>Gloucestershire Hospitals NHS Foundation Trust, Cheltenham, UK</p>  |
| 16.30 | <p><b>Outcomes of volar locking plates for scaphoid fractures – a single surgeon case series</b></p> <p><u>Ms L Tiedt</u><sup>1</sup>, Ms A O'Halloran<sup>1</sup>, Ms O Flannery (Senior)<sup>1</sup></p> <p><sup>1</sup>Connolly Hospital Blanchardstown, Blanchardstown, Ireland</p>   |
| 16.34 | <p><b>Total active range of movement after treatment using a traction orthosis for extra-articular phalangeal fractures</b></p> <p><u>Mr D Harte</u> (Senior)<sup>1</sup>, Dr L Ramsey<sup>1</sup>, Miss L Wilson<sup>1</sup>, Professor S Martin<sup>1</sup></p> <p><sup>1</sup>Southern Health and Social Care Trust, Craigavon, UK</p>   |

**Friday 15 November**

8.38 – 9.26 (Main Lecture Hall - Hall 1A)

Chairs: Mr J Bedford and Miss C Chan

|      |   |
|------|---|
| 8.38 | <p><b>Long-term follow-up of dynamic external fixation in the management of complex pilon and interphalangeal joint fractures and dislocations</b></p> <p><u>Mr M Chan</u><sup>1</sup>, Mr B Patil<sup>1</sup>, Professor G Giddins (Senior)<sup>1</sup></p> <p><sup>1</sup>Royal United Hospitals Bath, Bristol, UK</p>  |
| 8.46 | <p><b>One-stop clinic, a cost-effective vision for streamlining elective care in hand surgery</b></p> <p><u>Mr M Elmeligy</u><sup>1</sup>, Mr A Zaheer Pathan<sup>1</sup>, Mr R Chauhan<sup>1</sup>, Miss N Picardo (Senior)<sup>1</sup></p> <p><sup>1</sup>Royal Berkshire Hospital NHS Foundation Trust, Lincoln, UK</p>  |
| 8.54 | <p><b>Predicting the need for primary nerve surgery in brachial plexus birth injury patients with an intermediate test score (3.5-5.5)</b></p> <p><u>Mr I Natalwala</u><sup>1</sup>, Dr H Clarke<sup>2</sup>, Dr K Davidge (Senior)<sup>2</sup></p> <p><sup>1</sup>Leeds Teaching Hospitals, Leeds, UK, <sup>2</sup>The Hospital for Sick Children, Toronto, Canada</p>   |
| 9.02 | <p><b>A multi-centre prospective audit to assess the prevalence of neuropathic pain in a population following surgical digital amputation</b></p> <p><u>Mr C Thomson</u><sup>1</sup>, Mr N Lotfi<sup>2</sup>, Mr H Roocroft<sup>3</sup>, Dr N A M Haniffa<sup>2</sup>, Mr S Nisar<sup>2</sup>, Dr A Selby<sup>2</sup>, Mr C McGhee<sup>1</sup>, Mr J Henderson<sup>3</sup>, Miss K Brown<sup>2</sup>, Mr N Johnson<sup>2</sup>, Mr P Malone<sup>1</sup>, Mr D Power (Senior)<sup>1</sup></p> <p><sup>1</sup>Queen Elizabeth Hospital, Birmingham, UK, <sup>2</sup>Pulvertaft Hand Centre, Derby, UK, <sup>3</sup>Southmead Hospital, North Bristol NHS Trust, Bristol, UK</p> |
| 9.10 | <p><b>Advancing hand surgical training: a 3D printed model for Carpal Tunnel release simulation</b></p> <p>Miss S Chacon-Gonzalez<sup>1</sup>, <u>Miss O E Priestland</u><sup>1</sup>, Mr V Nagappan<sup>1</sup>, Mr J Brown<sup>1</sup>, Mr R Haghighi Osgouei<sup>1</sup>, Mr F Bello<sup>1</sup>, Mr M D Horwitz (Senior)<sup>2</sup></p> <p><sup>1</sup>Imperial College London, UK, <sup>2</sup>Chelsea Westminster Hospital, NHS trust, London, UK</p>  |
| 9.18 | <p><b>A ten-year experience of scaphoid reconstruction using a free coracoid bone flap</b></p> <p><u>Ms L Sayed</u><sup>1</sup>, Mr H Giele (Senior)<sup>1</sup></p> <p><sup>1</sup>Oxford, UK</p>  |

Friday 15 November

Free paper session

11.18 - 11.50 (Parallel Lecture Hall - Hall 1D)

Chairs: Mr K Joyce and Mr J Bedford

|       |   |
|-------|---|
| 11.18 | <p><b>WAFFER trial: A feasibility randomised controlled trial comparing wide-awake local anaesthesia no tourniquet (WALANT) to general and regional anaesthesia with tourniquet for flexor tendon repair – Interim analysis</b></p> <p><u>Mr R Faderani</u><sup>1,2</sup>, Mr M Kanapathy<sup>1,2</sup>, Miss J Bray<sup>1</sup>, Dr H M Dehbi<sup>2</sup>, Prof C Vindrola-Padros<sup>1</sup>, Dr E Beecham<sup>2</sup>, Dr A Prasad<sup>2</sup>, Ms M De La Cruz Monroy<sup>1</sup>, Miss N Burr<sup>3</sup>, Prof N Williams<sup>2</sup>, Mr Y Al-Ajam<sup>1</sup>, Mr W Bhat<sup>3</sup>, Mr J Wong<sup>4</sup>, Prof A Mosahebi<sup>1,2</sup>, Mr D Nikkhah (Senior)<sup>1,2</sup></p> <p><sup>1</sup>Royal Free London NHS Foundation Trust Hospital, London, UK, <sup>2</sup>University College London, UK, <sup>3</sup>Leeds Teaching Hospitals NHS Trust, Leeds UK, <sup>4</sup>Manchester University NHS Foundation Trust, Manchester, UK</p> |
| 11.26 | <p><b>Comparison of upper limb surgery versus botulinum toxin on quality of life of patients with stroke. Clinical trial</b></p> <p><u>Dr P Hurtado-Olmo</u><sup>1</sup>, Dr Á G Santos<sup>1</sup>, Dr L del Olmo-Iruela<sup>1</sup>, Dr B Castro-Ropero<sup>1</sup>, Dr A Isabel Bueno-García<sup>1</sup>, Dr P Hernández-Cortés (Senior)<sup>1</sup></p> <p><sup>1</sup>San Cecilio Clinical University Hospital, Granada, Spain</p>   |
| 11.34 | <p><b>Are too many nail beds repaired?</b></p> <p><b>Review of the evolution of decision making and its impact at Oxford over a 10 year period demonstrates a marked reduction in procedures done</b></p> <p>Miss J V Loyala<sup>1</sup>, Dr Hetty Breed<sup>1</sup>, Mrs S Tucker (Senior)<sup>1</sup></p> <p><sup>1</sup>John Radcliffe Hospital, Oxford University Hospitals NHS Foundation Trust</p>  |
| 11.42 | <p><b>Surgical versus non-surgical treatment for metacarpal shaft fractures in adults: a prospective feasibility study and embedded qualitative assessment of feasibility</b></p> <p><u>Dr R Taha</u><sup>1,2</sup>, Associate Professor P Leighton<sup>3</sup>, Professor T Davis<sup>4</sup>, Professor A Montgomery<sup>3</sup>, Clinical Associate Professor A Karantana (Senior)<sup>3,4</sup></p> <p><sup>1</sup>Centre For Evidence of Evidence Based Hand Surgery, University of Nottingham, UK, <sup>2</sup>Southmead Hospital, Bristol, UK, <sup>3</sup>University of Nottingham, UK, <sup>4</sup>Queen's Medical Centre, Nottingham, UK</p>  |

**Top 100 most-cited articles in Wide Awake Local Anesthesia No Tourniquet (WALANT) hand surgery: a bibliometric and visualised analysis**

Dr Z Yu Wong<sup>1</sup>, Dr O Adegbeye<sup>2, 3</sup>, Professor A Mosahebi<sup>4, 5</sup>, Professor B Miranda (Senior)<sup>2, 3</sup>

<sup>1</sup>Morrison Hospital, Swansea, Wales, UK, <sup>2</sup>St Andrew's Centre for Plastic Surgery and Burns, Broomfield Hospital, UK, <sup>3</sup>St Andrew's Anglia Ruskin (StAAR) Research Group, Faculty of Health, Education, Medicine, and Social Care, Anglia Ruskin University, UK, <sup>4</sup>Department of Plastic and Reconstructive Surgery, Royal Free NHS Foundation Trust Hospital, London, UK, <sup>5</sup>Division of Surgery & Interventional Science, University College London, UK

**Optimising Kirschner Wire Thickness based on metacarpal diameter reduces postoperative reduction loss and enhances clinical outcomes in metacarpal fractures: a retrospective study**

Dr. D Akbaba<sup>1</sup>, Dr. C D Davulcu (Senior)<sup>1</sup>

<sup>1</sup>Istanbul University-Cerrahpasa, Cerrahpasa Medical Faculty, Department of Orthopedics and Traumatology, Istanbul, Turkey

**The relationship between ulnar fixation and sociodemographic diversity in postoperative satisfaction for distal radius fractures accompanied by ulna styloid fracture**

Dr. D Akbaba<sup>1</sup>, Dr C D Davulcu (Senior)<sup>1</sup>

<sup>1</sup>Istanbul University-Cerrahpasa, Cerrahpasa Medical Faculty, Department of Orthopedics and Traumatology, Istanbul, Turkey

**Clinical outcomes of ligamentotaxis in closed phalangeal fractures: a systematic review**

Mr J A Palanca<sup>1</sup>, Mr M Hadjiandreou<sup>2</sup>, Mr F Kazzazi<sup>2</sup>, Mr M Pywell<sup>2</sup>, Mr G S Pahal (Senior)<sup>2</sup>

<sup>1</sup>Barts and The London School of Medicine and Dentistry, Queen Mary University of London, UK, <sup>2</sup>The Royal London Hand Unit (RLHU), The Royal London Hospital, Barts Health NHS Trust, London, UK

## **Two stage wrist arthrodesis with patient specific fusion plate and sculpted femoral head allograft following infected Motec total wrist arthroplasty: case report**

Mr T Cash<sup>1</sup>, Mr S Talwalkar (Senior)<sup>1</sup>

<sup>1</sup>Wrightington, Wigan and Leigh NHS Foundation Trust, Appley Bridge, UK

## **Unique idea: using the KlineTray™ “breast board” for immobilisation of digital amputees during replantation**

Miss R Currie<sup>1</sup>, Mr J Clements<sup>2</sup>, Mr S Dustagheer (Senior)<sup>2</sup>

<sup>1</sup>Ulster Hospital, Dundonald, UK

## **Wide-Awake hand trauma surgery: designing strategies to optimise patient experience**

Mr A Elzaghi<sup>1</sup>, Dr S Shah<sup>1</sup>, Mr H D Berker<sup>1</sup>, Mr J Wong<sup>1</sup>, Mr A Reid<sup>1</sup>, Mr J Bedford<sup>1</sup>, Mr K Amin (Senior)<sup>1</sup>

<sup>1</sup>Department of Burns and Plastic Surgery, Manchester University NHS Foundation Trust, Manchester, UK, <sup>2</sup>Sheffield Teaching Hospitals NHS Foundation Trust, Sheffield, UK

## **Case Report: an international MDT to diagnose a unique presentation of Becker's naevus syndrome**

Miss K Gohil<sup>1</sup>, Mr L Wesley<sup>2</sup>, Ms A Jester (Senior)<sup>1</sup>

<sup>1</sup>British Society for Surgery of the Hand (BSSH), London, UK, <sup>2</sup>Lilongwe Institute of Orthopaedics and Neurosurgery (LION), Lilongwe, Malawi

## **Vascularised Composite Allograft Transplantation: an altmetric analysis**

Dr C Hehir<sup>1,2</sup>, Dr G Dowling<sup>1,2</sup>, Dr C Honeyman<sup>3</sup>, Professor R Dolan (Senior)<sup>1</sup>

<sup>1</sup>Beaumont Hospital, Beaumont, Ireland, <sup>2</sup>Royal College of Surgeons in Ireland, York Street, St. Stephen's Green, Ireland, <sup>3</sup>Queen Victoria Hospital, East Grinstead, UK

## **Dual mobility prosthesis in first carpometacarpal joint arthritis: a retrospective functional study of 31 MAIA™ prosthesis**

Mr R Jain<sup>1</sup>, Mr R Kakkar (Senior)<sup>2</sup>

<sup>1</sup>Luton & Dunstable University Hospital, Luton, UK, <sup>2</sup>Furness General Hospital, Barrow in Furness, UK

## **Is immobilisation and routine follow-up necessary after all distal radius fracture fixations?**

Mr M Jones<sup>1</sup>, Miss O Ambler<sup>1</sup>, Mrs S Tolley<sup>1</sup>, Mr D Russell (Senior)<sup>1</sup>

<sup>1</sup>Swansea Bay University Health Board, Swansea, UK

**Are current PROMs suitable for auditing NICE guidance for the use of artificial metacarpophalangeal (MCP) and interphalangeal (IP) joint replacements for arthritis?**  
Dr J Langley<sup>1</sup>, Mr H E Ahmed<sup>1</sup>, Ms R Morrell (Senior)<sup>1</sup>

<sup>1</sup>Northumbria NHS Foundation Trust, Newcastle upon Tyne, UK

**What is the effect of training level and repair technique on functional outcomes following primary flexor tendon repairs? A retrospective analysis**  
Dr R Manoharaj<sup>1</sup>, Miss S Pradeep<sup>2</sup>, Mr A Watts (Senior)<sup>2</sup>

<sup>1</sup>St Luke's Campus, 79 Heavitree Rd, Exeter, UK, <sup>2</sup>Royal Devon and Exeter Hospital, Exeter, UK

**Seymour fractures in immediate and delayed presentations: a review of the literature and guideline for management**  
Mr K Romair<sup>1</sup>, Mr T Welman<sup>2</sup>, Mr M Horwitz (Senior)<sup>1</sup>

<sup>1</sup>Chelsea and Westminster NHS Foundation Trust, London, UK, <sup>2</sup>Guy's & St Thomas' Hospital NHS Foundation Trust, London, UK

**Metastatic malignancies masquerading as nerve compression syndromes: a case series of 3 patients across 2 centres**  
Dr S Ryan<sup>1</sup>, Miss P Varma<sup>2</sup>, Miss M E Birks<sup>1</sup>, Mr H Wright<sup>2</sup>, Miss H Richards (Senior)<sup>1</sup>

<sup>1</sup>Sheffield Teaching Hospitals NHS Foundation Trust, Sheffield, UK, <sup>2</sup>Nottingham University Hospitals NHS Trust, Nottingham, UK

**Latissimus Dorsi Musculotendinous Transfer: a novel surgical approach to trapezius dysfunction secondary to accessory nerve palsy**  
Ms L Sayed<sup>1</sup>, Mr K Wong<sup>1</sup>, Ms E Hill<sup>1</sup>, Mr H Giele (Senior)<sup>1</sup>

<sup>1</sup>University Hospitals of Oxford, UK

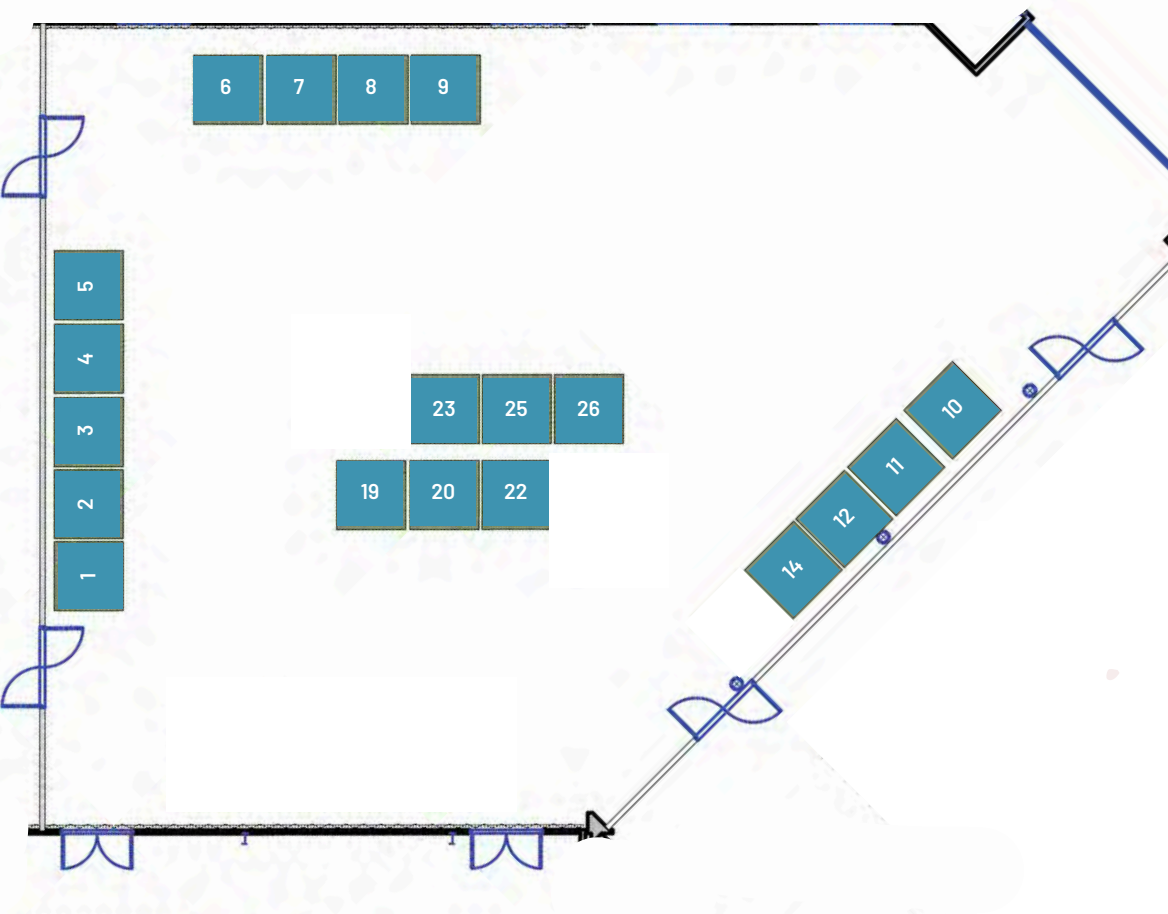
**Point of technique: the 'Universal Approach' for Dupuytren's Disease: a safe and logical sequence for planning fasciectomy incisions**  
Mr A Stoneham<sup>1</sup>, Mr S Fetouh<sup>1</sup>, Mr M Kazzam<sup>1</sup>, Professor D Warwick (Senior)<sup>1</sup>

<sup>1</sup>North Shore Hospital, Auckland, Milford, New Zealand

**Eumycetoma of the hand in the United Kingdom: a case report**  
Miss N Win<sup>1</sup>, Miss S Jivan (Senior)<sup>1</sup>

<sup>1</sup>Mid Yorkshire NHS Teaching Trust, Wakefield, UK

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At Össur, we pride ourselves on continuously pushing the boundaries to create some of the most effective, non-invasive mobility solutions on the market today. True advocates of "Life Without Limitations", our focus is on Prosthetic, Osteoarthritis and Injury Solutions.

For many years Össur has served an extensive range of medical professionals and worked closely with leading research and educational bodies in our field. We maintain a powerful service ethic, listening and responding to the diverse needs of our customers.

Osteotec's mission is to provide industry-leading, specialist orthopaedic extremities solutions and superior services to healthcare professionals that improve patient outcomes, developing a comprehensive product portfolio and working with leading global manufacturers as their partner of choice.

NovoSorb BTM (Biodegradable Temporising Matrix) is a unique synthetic dermal scaffold that provides an effective reconstructive option for a range of complex wounds. BTM is indicated for use in the management of wounds including partial and full thickness wounds, pressure ulcers, venous and diabetic ulcers, surgical wounds, trauma wounds, burns, and scar reconstruction.

This unique matrix is composed of a wound-facing biodegradable open cell foam, bonded to a non-biodegradable transparent sealing membrane. BTM enables the generation of a vascularised neodermis, which provides a more robust foundation for wound reconstruction than grafting alone, limiting wound scarring and contracture.



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TOURISM  
NORTHERN  
IRELAND

Sovereign Medical are proud winners of the Innovate UK grant for sono-surgery, committed to revolutionising patient care using Spirecut's incisionless instruments, designed for carpal tunnel and trigger finger surgeries – ensuring precision without incision.

Beyond incision-less methods we will be presenting a diverse range of inventive solutions both existing and new. In collaboration with Meshworks, we introduce our comprehensive upper limb PSI range, eliminating the need to rely on generic plates and PSI guides to match your patients anatomy. PROMs by an expert team of UK surgeons, we've standardised custom designs for plates, cages, total lunates, and partial/total scaphoids, ensuring robust PMS and measurable PROMs.

As the steadfast UK distributor for Lepine Maia CMC replacement over the last 15 years, we eagerly anticipate your presence at the upcoming meeting in Belfast and look forward to welcoming you to our stand.

Visit Belfast is the official destination marketing company for the Belfast City Region, dedicated to promoting Belfast as a city break, business events and cruise ship destination. It is a public/private sector partnership funded and supported by Belfast City Council, Tourism Northern Ireland and the private sector. It is also responsible for the operation of three gateway visitor information centres. Visit Belfast represents more than 500 tourism businesses and services across the industry including accommodation providers, attractions, conference venues and services, tour operators, transport providers, entertainment venues, restaurants and cafes, pubs, clubs and event organisers. For more information, please visit <https://visitbelfast.com/>



# **IPS Implants Lunch Symposium** **Belfast, UK 2024**

## **3D Planning with Patient-Specific Models, Guides, and Custom-Made Implants in the UK - Indications, Experiences and Results**

**Faculty:**

**Max Haerle, Markgroeningen, Germany**

**Carlos Heras-Palou, Derby, UK**

**Maxim Horwitz, London, UK**

**Akshay Malhotra, Stoke-on-Trent, UK**

**Sumedh Talwalkar, Wrightington, UK**

**Thursday, 14 of November 12.30 p.m. – 1.30 p.m.**  
**Theatre 1, Main Lecture Hall**

### **Introduction and Principles in 3D Planning and Custom-Made Implants – Radius Reconstructions**

**Akshay Malhotra, Stoke-on-Trent, UK**

### **My Experience with 3D Planning and Patient-Specific Implants for Distal Radius, Forearm, and Madelung Reconstructions.**

**Maxim Horwitz, London, UK**

### **Forearm Reconstructions – The Derby Experience**

**Carlos Heras-Palou, Derby, UK**

### **Metacarpal Reconstructions and Complex Wrist Fusion Cases Using 3D Planning and Patient-Specific Implants**

**Sumedh Talwalkar, Wrightington, UK**

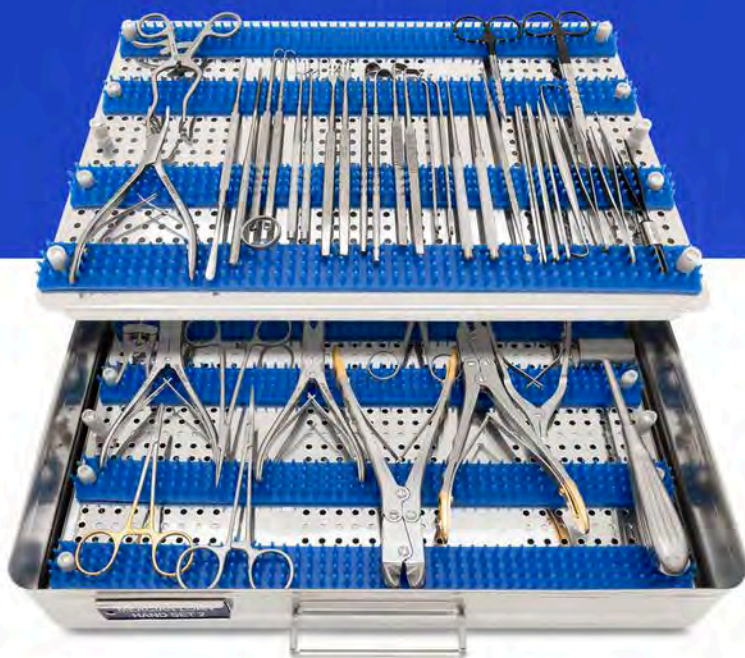
### **Special Cases – 3D-Printed Lunate Prostheses and Fracture Cases**

**Akshay Malhotra, Stoke-on-Trent, UK**





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## Venue

ICC, Belfast  
2 Lanyon Pl  
Belfast  
BT1 3WH

## Conference rooms

Main lecture hall: Hall 1A  
Parallel lecture hall – Hall 1D

## Baby and carer room

Boardroom 3 (first floor)

## Registration and information desk

In the foyer and is open at the following times:

Thursday 14 November – 07.45 – 17.00

Friday 15 November – 08.00 – 15.30

## Cloakroom

A cloakroom is available on the ground floor.

## Posters

Posters can be viewed in Catering and Exhibition area in Hall 1BC.

## Wi-Fi

There is free wifi available.

## Exhibition

The trade and exhibition stands are available to view throughout the conference in Hall 1BC.

## Lunch and refreshments

Catering points can be found in the trade exhibition area in Hall 1BC.

## Taping of sessions

Any videoing, photography and sound recording of the conference is strictly forbidden, without prior written permission from the organising committee.

BSSH may take photos and videos during the conference and social events which may be shared on our website, social media and BSSH Member Bulletin.

Please contact us at the registration desk if you wish to be excluded.

## Speaker loading

Boardroom 2 (second floor)

## Conference app

Download the conference app via your device's app store – search for 'The Event App by Events Air'. Then enter the app code: bsshautumn24, then you will be required to log in, with your email address and the app pin that was sent to you in your joining instructions.

The app provides the full programme, abstracts and speaker biographies in an easily accessible format that, once downloaded, can be used without a connection to the internet. Within the app you can also opt in or out to the delegate list.



# INFORMATION FOR DELEGATES

## Future meetings

- BSSH Instructional Course in Hand Surgery 9.2 Fractures and joint injuries, Friday 7 and Saturday 8 February 2025, Manchester.
- BSSH/SECMA Spring Scientific Meeting 2025 – Wednesday 23 to Friday 25 April 2025, Mallorca.
- BSSH Cadaveric Masterclass 5 June 2025, Manchester.
- BSSH Instructional Course in Hand Surgery 9.3 Inflammatory and Degenerative Arthritis, Friday 6 and Saturday 7 June 2025, Manchester.
- BSSH Autumn Scientific Meeting 2025, Thursday 27 to Friday 28 November 2025, The Eastside Rooms, Birmingham.

## CPD points

The following CPD points have been awarded for this meeting:

Thursday 14 November – 6.5 points

Friday 15 November – 6.5 points

Thursday 14 and Friday 15 November – 13 points

**\*Certificates with confirmation of CPD points will be sent to all delegates in the week after the event by email.**

## Registration

Online registration is available throughout the conference, visit the website to register.

<https://www.bssh.ac.uk>

If you wish to register offline, there will be a 15% surcharge on the standard rates.

## Registration rates:

| Registration categories  | Full Meeting (2 days) | One day (Thursday or Friday) |
|--|-----------------------|------------------------------|
| BSSH Fellow members /International / Consultant associates                                 | £485                  | £293                         |
| BSSH Associate /International (Trainees) / Affiliate members (allied health professionals) | £275                  | £187                         |
| BSSH Hon/senior  | £135                  | £115                         |
| Trainee non member   | £305                  | £202                         |
| Med student/nurse  | £80                   | £60                          |
| Therapist (non-members)  | £280                  | £190                         |
| Consultant / Other non member  | £520                  | £310                         |
| BSSH STASH   | £75                   | £55                          |

## Social and networking

### Thursday 14 November – Society Dinner

The Society dinner will be held at Belfast City Hall, Belfast. Come along and enjoy a three-course meal and local entertainment.

Tickets for social events are not available to those registering while the meeting is in progress, please visit the registration desk.

BSSH members attending the full meeting will receive a discounted dinner ticket at £25.00 + VAT.

All other attendees to pay £75.00 + VAT for dinner ticket.

### Venue

Belfast City Hall  
Donegall Square N  
Belfast  
BT1 5GS

### Dinner schedule

19:30 – 20:00 Arrival and drinks reception  
20:00 – 22:00 Dinner to be served  
22:00 – 00:00 Entertainment – band

### Dress code

Formal black tie

Special thanks to James Henderson for designing the artwork for the BSSH Autumn Scientific Meeting Belfast 2024.

# HANDS ON:

## BSSH Patient and Public Involvement and Engagement Network

HANDS ON is a network for patients, family members, caregivers, and the general public who want to contribute to the work of the BSSH. We're here to make a difference and improve the lives of patients with hand conditions through patient and public involvement and engagement (PPIE).



Please ask your patients to consider joining.



















# LION HAND UNIT

Lilongwe, Malawi



**LION**  
The Lilongwe Institute of  
Orthopaedics & Neurosurgery



**BSSH** THE BRITISH SOCIETY FOR  
SURGERY OF THE HAND



## How we will help

In January 2023, the British Society for Surgery of the Hand (BSSH) and the British Association of Hand Therapists (BAHT) partnered with local staff at LION for a five-year project. Together, they have performed limb- and life-changing surgeries for hand and upper limb injuries, while promoting sustainability through education and training.



**Choose your way to give:**

- Make a donation
- Fundraise for us
- Volunteer

[More info on Lion](#)

Enable,  
Educate  
& Empower

## How you can help

Your generosity means that we are able to transform the lives of those who have been affected by hand trauma and disability in a limited resource setting. Supporting the Lion Hand Unit means helping to restore mobility and independence to patients in Malawi who suffer from life-altering hand conditions.

Your donation, no matter the size, plays a crucial role in sustaining this life-changing work.

Please visit our Just Giving Fundraising Page to register as a fundraiser or just contact the secretariat at [secretariat@bssh.ac.uk](mailto:secretariat@bssh.ac.uk) to give a one off donation (Platinum, £1000, Gold £750, Silver £500 or Bronze £250.)

- £50 for splinting material for 3 children
- £100 covers 6 weeks of health insurance for a volunteer.
- £1,000 covers the monthly stipend for the Malawian Hand Fellow
- £1,200 covers 6 weeks of accommodation and food for a volunteer.

## Donate here



