



2025 AUTUMN SCIENTIFIC MEETING

27-28 NOVEMBER | BIRMINGHAM, UK



with Guest Society:
The Hong Kong Society for Surgery of the Hand



NanoScopic™

Carpal Tunnel Release System

The NanoScopic carpal tunnel release system is a **streamlined, disposable** tool designed for precision and efficiency in ECTR procedures. Its single-handed pull-blade mechanism **enables quick, accurate releases**, while the **ergonomic design** enhances comfort, control, and tactile feedback throughout the procedure.



Load



Latch



Release



Learn more about the
NanoScopic carpal tunnel
release system



© 2025 Arthrex, Inc. All rights reserved. AD1-000538-en-US_F



TABLE OF CONTENTS

WELCOME	01
INFORMATION FOR DELEGATES	02
PROGRAMME - THURSDAY 27 NOVEMBER	03
PROGRAMME - FRIDAY 28 NOVEMBER	07
BSSH FREE PAPERS	14
BAHT FREE PAPERS	17
BSSH INFOGRAPHICS	18
BSSH AND BAHT ORAL POSTERS	20
BAHT DIGITAL POSTERS	22
EXHIBITION	24

WELCOME

Welcome to Birmingham and the joint congress of the British Society for Surgery of the Hand (BSSH) and The British Association of Hand Therapists (BAHT). There's a long standing synergy between our specialties and with a history of joint meetings stretching back 38 years, we're proud to be able to continue this collaboration. We'd also like to extend a warm welcome to our guest society and delegation from the Hong Kong Society for Surgery of the Hand (HKSSH). We hope this meeting will provide networking opportunities to develop lasting partnerships between our Societies.

The integrated programme contains symposia on pain management, paediatric treatments and microsurgery as well as updates on the wrist and joint replacements. Workshops include the examination of the hand and wrist and managing the stiff hand. Join us on Friday afternoon for an interactive and combined case based discussion session on operative vs non operative treatment for hand fractures.

Don't miss the two key note speakers! Professor PC Ho will deliver the BSSH Pioneer lecture on "Innovation Makes Fun: My Journey in Wrist Arthroscopy" reflecting on his own experience during his illustrious career. The lecture will honour our own hand surgery Pioneer and former BAHT Patron Professor Frank Burke.

Physiotherapist, researcher and university lecturer Mr Mike Stewart has over 25 years' experience of helping people to overcome pain. His talk will provide practical ideas to help avoid potholes when considering "The Road from Acute to Chronic Pain Management."

Thank you to everyone involved in the production of this meeting. From the scientific programme and abstract scoring committees, the session organisers, chairs and speakers, to the BSSH secretariat. It is your tireless work that enables these meetings to happen and ensures their success. Thank you!



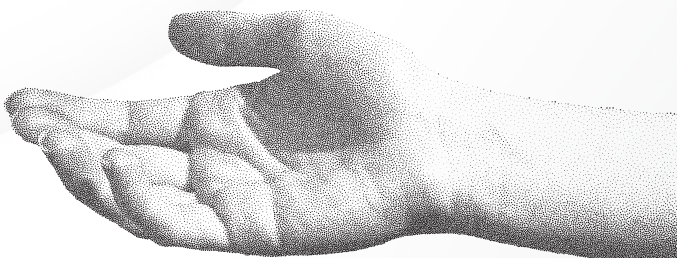
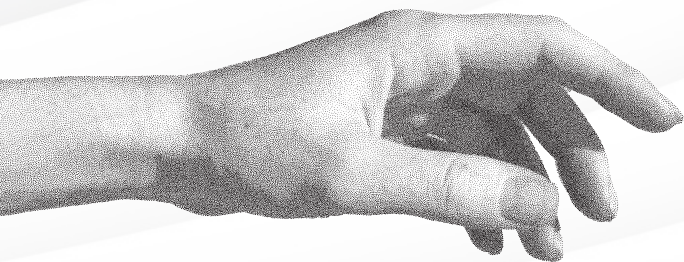
Mr Carlos Heras-Palou
BSSH President 2025



Ms Leanne Topcuoglu
BAHT President 2025



Mrs Linda Cornish
BAHT President Elect 2025



Where can I find:

Item	Floor	Room
The registration & information desk	Ground floor	Foyer
The cloakroom	Ground floor	Foyer
The exhibition and catering	Ground floor	Affinity 2, outside Belmont Suite and foyer area
The speaker loading area	Ground floor	Belmont 4
The parent/carer room	First floor	Meeting room 1
The main conference room (BSSH)	Ground floor	Affinity 1
The main conference room (BAHT)	First floor	The Ashstead Suite
The parallel conference room	Ground floor	Belmont 1, 2 & 3
Poster screens	Ground floor First floor	Foyer area outside Ashstead Suite

Conference app

Our conference app provides the full programme, abstracts and speaker biographies and once downloaded can be used without a connection to the internet.

Search for 'The Event App by Events Air' in the app store. When prompted enter the app code: **BSSHBAHT25**

You can then log in with your email address and pin number that was sent to you in the final information for the meeting.

WiFi

Free WiFi is available throughout the building. Simply connect to the "Eastside Rooms" network. No password is required.

CME points and certificates:

One day – 6.5 CME points

Whole meeting – 13 CME points

Certificates of attendance with confirmation of CME points will be sent by email to all delegates in the week after the event.

Photographs, videos and recordings

Photographs and videos may be taken during sessions, break times, exhibition and social events which may be shared on our websites, social media and BSSH or BAHT Member Bulletins. If you wish to be excluded from photographs and/or videos, please inform the team on the registration desk on arrival.

Any other videoing, photography or sound recording is strictly forbidden, without prior written permission from the organising committee.

07:45	Registration					
08:30	AFFINITY 1		BELMONT (parallel lecture room)		ASHSTEAD SUITE (BAHT parallel lecture room)	
	Welcome and Introduction Carlos Heras-Palou - BSSH President				Welcome and Introduction Mrs Leanne Topcuoglu - BAHT President	
08:35	Free papers Chairs: Mr Sandeep Deshmukh and Miss Alexia Karantana		Scaphoid session			
	08:35	Surgical strategies for managing Kienböck's Disease: A systematic review of approaches for non-negative ulnar variance Mr Duncan Coffey	08:35	Assessment of acute scaphoid proximal pole fractures and early non-unions using digital removal techniques in association with 3D CT reconstruction Mr Jon Compson		
08:45	08:43	Forequarter amputation and reconstruction – a tertiary unit evolution Miss Lotte Hardman	08:43	Coracoid vascularised graft Professor Henk Giele	Pain Symposium Chair: Ms Miriam Parkinson	
	08:51	Exploring experiences of patients with spasticity undergoing upper limb surgery: A qualitative study Ms Sameera Abas			08:45	"Are you saying it's all in my head?" The art and science of validating a pain experience Mr Mike Stewart
	08:59	Selecting the optimal test: Non-invasive assessment of upper limb perfusion to guide future clinical trials Dr Lylas Aljohmani	08:58	Arthroscopic bonegrafting in scaphoid non-union Professor PC Ho	09:10	ENACT-CRPS Dr Alison Llewellyn
	09:07	Dart thrower's motion of the wrist varies with age, sex, and hand dominance Miss Joy Koay				
	09:15	Outcome of trainee-led replantation and revascularization service in Sri Lanka: Analysis of data from year 2022 to year 2024 Dr Oshan Basnayake	09:13	Zaidenberg Mr Ian McNab		
	09:30	Lacertus compression of the median nerve: Is it a clinically important site of median nerve compression? Chair: Mr Dominic Power Miss Kate Brown and Mr CY Ng		09:28	Proximal pole fixation tips Mr Carlos Heras-Palou	09:30
					09:50	Questions
09:43				Discussion		
10:00	Refreshment break and Exhibition - Affinity 2 and Foyer					
10:30	Travelling Fellows session Chairs: Mr Wee Lam and Mr Carlos Heras-Palou		Free papers Chairs: Mr Sameer Gidwani and Mr Sandeep Deshmukh		Paediatric Symposium Chair: Mrs Hayley Smith	
	10:35	BSSH visiting fellow - Home and away Dr Syn Yuk Michelle Lee	10:30	Long-term outcomes of TOUCH dual mobility thumb CMCJ arthroplasty: A single-surgeon case series Mr Michal Grela	10:30	Normal development in children: The hand and upper limb Ms Megan Robson
			10:38	First 100 TOUCH replacements Ms Kim Tabelião		

	AFFINITY 1		BELMONT (parallel lecture room)		ASHSTEAD SUITE (BAHT parallel lecture room)	
	10:45	BSSH visiting fellow - Home and away Dr Amanda Mun Yee Slocum	10:46	Comparison of outcomes of trapeziectomy with ligament reconstruction and tendon interposition (LRTI) versus partial trapeziectomy with implant for trapeziometacarpal joint osteoarthritis: A systematic review and meta-analysis Miss Kyleen Kiew		Managing children's hand injuries Miss Jill Arrowsmith
			10:54	Comparing the initial fixation of spherical versus conical cups in CMC1 arthroplasty: An initial biomechanical investigation Dr Mackenzie Smeeton	10:50	
	10:55	Hand Surgery in Hong Kong Mr Siu Cheong Jeffrey Justin Koo	11:02	Novel incisionless ultrasound-guided carpal tunnel and A1 pulley release: prospective multicentre audit following introduction to the United Kingdom Mr Patrick Garfjeld Roberts	11:10	
	11:15	Pioneer Lecture Chair: Mr Carlos Heras-Palou		BAHT Keynote Speaker Chair: Mrs Leanne Topcuoglu The road from acute to chronic pain management: Practical ideas to help us avoid the potholes Mr Mike Stewart		
11:20	Pioneer Lecture in honour of Professor Frank Burke Introduced by Professor Tim Davis					
11:30	Innovation makes fun: My journey in wrist arthroscopy Professor PC Ho					
11:45	12:00 Professor Frank Burke - via video link					
12:15	FESSH Certificate: Mr Peter Burge Mr Carlos Heras-Palou					
12:35	Lunch and exhibition - Affinity 2 and Foyer					
13:10	Lunch Symposium - Polynovo NovoSorb BTM for hand and upper extremity reconstruction Dr Kyle J Chepla					
13:35			BSSH Committee Updates Chair: Mr Mark Brewster			
13:40	Tips on conditions Chair: Miss Jill Arrowsmith		13:35	Education and training update Mr Rob Poulter	Free papers Mrs Anne Alexander and Mrs Charlotte Critchley	
13:50	13:45	Recurrent carpal tunnel release Professor Tim Davis	13:40	Stack Fellowship recipient update Professor Holly Morris	13:40	Developing consensus-based competencies for Advanced Clinical Practice (ACP) hand therapists providing first line assessment and management of closed hand fractures in the United Kingdom (UK); mixed-methods study protocol Mrs Katia Fournier
			13:50	Beyond the scalpel: The BSSH Masters in Hand Surgery and what it really builds. Discussion of the Masters in Hand Surgery including outcomes and conclusions of Masters Dissertation - Intrinsic Midcarpal Instability: A systematic review of the therapeutic options Mr Philip Mathew	13:48	What information is available online for adults with distal radius fracture? Online literature search and synthesis using generative AI Mr Daniel Ceh

	AFFINITY 1		BELMONT (parallel lecture room)		ASHSTEAD SUITE (BAHT parallel lecture room)	
14:00	13:55	Needle aponeurotomy Miss Mary O'Brien			13:56	Ethnicity and race reporting in rehabilitation trials involving osteoarthritis or rheumatoid arthritis affecting the hands: A rapid review Dr Cynthia Srikesavan
			14:00	BSSH and BAHT Global Partnership update Chairs: Mr Chrisan Mariathas and Miss Meryl Glover		
			14:00	Introduction Mr Chrisan Mariathas		
	14:05	Outcome of failed thumb CMCJ arthrodesis Dr Edmund Yau	14:05	More than a surgeon: the professional and personal growth from overseas volunteering Mr Vinay Itte	14:04	Epidemiology of upper limb fracture in midlife: A dual methods approach using self-reported and hospital episode statistics data from the UK Biobank Mrs Catherine Rolls
	14:15	Endoscopic cubital tunnel Dr Margaret Fok			14:12	Thumb osteoarthritis prognosis for supported self-management Mrs Victoria Jansen
	14:25	PIPJ contracture release Mr Donald Sammut	14:20	Global Hand Therapy in Action Mrs Pascale Smith	14:20	Osteoarthritis CMCJ Education Group—Transforming patient-centred care - A service evaluation Mrs Laura Adamson
	14:35	PIPJ arthroplasty - experience on using the self locking type surface replacement implant Dr Rachel Lam	14:35	Experience of running a surgical training course in a LMIC Miss Kate Owers	14:36	Physical assessment and rehabilitation for Neurogenic Thoracic Outlet Syndrome (NTOS): A scoping review Mr Joel O'Sullivan
	14:45	Discussion			14:44	Are we consistent in therapy provision for post-operative Dupuytren's? A regional study. Mrs Laura Robinson
	14:50			BSSH Diversity and Inclusion survey results Mr Jay Paniker	14:52	Development and validation of a remote workflow for 3D-printed orthoses using mobile scanning and open-source design tools Dr Maryam Farzad
	15:00	Refreshment break and Exhibition - Affinity 2 and Foyer				
15:30		Wrist update Chairs: Dr Syn Yuk Michelle Lee and Mr Peter Russell	The future of hand surgery? Collaboration and care closer to home Chair: Mr Greg Pickering Mr Alistair Phillips		Therapist Workshops: Managing the stiff hand 30 mins x 4 (5mins change over)	
	15:35	Relationship between radius deformity and DRUJ instability Dr Michael Mak			WORKSHOP 1: Functional tips and tricks Miss Rachael Bamford supported by Mrs Laura Cooper	
	15:45	CIND after distal radius fracture Dr Margaret Fok	15:45	Discussion		
	15:55	Use of wrist arthroscopy in optimising outcomes of intra-articular distal radius fracture Mr Siu Cheong Jeffrey Justin Koo				

16:00	AFFINITY 1		BELMONT (parallel lecture room)	ASHSTEAD SUITE (BAHT parallel lecture room)
	16:05	Arthroscopy to differentiate "pseudo" from "true" scaphoid non-union Dr Esther Chow	BOA update Mr Fergal Monsell	WORKSHOP 2: Casting movement to mobilise stiffness (CMMS) Mrs Lezanne Skinner and Mrs Tamlyn Curry
	16:15	Discussion		
16:20			Interesting patches of clinical anatomy of the hand Mr Donald Sammut	
16:30	(END OF SESSIONS)			WORKSHOP 3: Joint mobilisations Mrs Linda Cornish supported by Mrs Anne Alexander
17:10			BSSH Annual General Meeting	WORKSHOP 4: Exercise for stiffness Mr Connor Moran supported by Mrs Sophie Lalor
17:50				(END OF SESSIONS)
18:30			(END OF SESSIONS)	

BSSH and BAHT Congress Dinner | THURSDAY 27 NOVEMBER

Please note this event is SOLD OUT. Only delegates who have paid for tickets will gain entry. If you have not purchased a ticket but would like to attend, please visit registration desk to add your name to the waiting list. If you are unsure whether you have purchased a dinner ticket, please ask at the registration desk.

Dinner venue:

Eastside Rooms
Woodcock St
Birmingham
B7 4BL

Evening schedule:

19:00 - Arrival and drinks reception
20:00 - Dinner to be served
22:30 - Entertainment

Dress code:

Formal Black Tie - dress to impress

BSSH & BAHT Combined Autumn Scientific Meeting

NovoSorb® BTM for Hand and Upper Extremity Reconstruction

Virtual Talk with Live Q&A

with Dr Kyle J. Chepla

Plastic and Reconstructive Surgeon and Hand Surgery Specialist at MetroHealth Medical Center, Cleveland, U.S.



Thursday Lunch Symposium
27 November 2025

08:00	Registration					
08:30	AFFINITY 1		BELMONT (parallel lecture room)		ASHSTEAD SUITE (parallel lecture room)	
	Joint replacements in hand and wrist: Pearls Chairs: Mr Sumedh Talwalkar and Mr Dan Armstrong		Free papers Chairs: Professor Gus McGrouther and Ms Suzanne Thompson		Infographic presentation session Chairs: Miss Emma Reay and Dr Rowa Taha	
	08:30	Thumb CMCJ replacement Mr Rahul Kakkar	08:30	Reviewing the use of a dynamic external fixator in a two stage approach for management of complex PIPJ deformity in Dupytrens contracture Miss Beatrice Ho	08:30	A review of upper limb distal phalanx osteomyelitis from a single centre Mr William Wright
					08:34	Latissimus Dorsi functional reconstruction in the elderly Miss Lotte Hardman
	08:40	Delphi recommendations for good practice following CMCJR Mrs Victoria Jansen	08:38	Ulnarly-deviated motor branch of the median nerve: a rare anatomical variant Ms Eleanor Houghton	08:38	Anchor vs suture repair for acute ulnar collateral ligament injury of the thumb: A comparative case series Mr James Brock
					08:42	Learning points and simple techniques to improve outcome in customised 3D-guided corrective osteotomy for distal radius mal-union using patient-specific implants: A tertiary hand unit experience Mr Duncan Coffey
	08:50	The dark side of dual mobility: What can go wrong? Dr Mackenzie Smeeton	08:46	Comparative outcomes of targeted and traditional surgery for traumatic peripheral neuroma pain: systematic review of thirty indexed studies Mr Amirmohammad Heidari	08:46	Assessment of imaging in volar plate fixation of distal radius fractures: A long term retrospective audit Miss Elizabeth Headon
					08:50	Managing vascular malformations in a resource poor setting – the experience of BSSH at the LION Malawi Miss Mary Gibby
					08:54	Carbon footprint of local anaesthetic hand trauma surgery – A case control study examining carbon emissions, cost and safety Miss Katherine MacDonald
					08:58	Questions
09:00	09:00	PIP replacement Ms Lauren Uppal	FIRST Flexors trial update BSSH Chairs: Miss Alexia Karantana and Mr Nick Johnson BAHT Chairs: Miss Emma Bamford and Mr Ian Shelton		09:02	Microscopic fasciectomy in Dupuytren's disease: Technical advantages and early clinical outcomes from a district general hospital experience Mr Arfaz Shaik
	09:10	MCP replacement: Silicone Mr Mike Hayton	09:00	FIRST primary results Miss Emma Bamford and Mr Nick Johnson	09:06	Clinical and radiological outcomes of current surgical techniques for chronic scapholunate ligament instability: A meta-synthesis Mr Omar Mostafa
					09:10	Outcomes of MAIA thumb carpometacarpal joint arthroplasty: A single-surgeon case series of 42 procedures Mr Michal Grela

AFFINITY 1			BELMONT (parallel lecture room)		ASHSTEAD SUITE (parallel lecture room)	
09:20	DRUJ: Ulnar head replacement Mr Carlos Heras-Palou		09:15	iFIRST Mr Ian Shelton	09:14	Digit-al diagnosis: A systematic review of artificial intelligence performance in detecting hand fractures Dr Mohamed El-Nemr
					09:18	Reconsidering biceps brachii: Using computational modelling to predict optimisation of forearm function in patients with spasticity Ms Sameera Abas
					09:22	Efficacy of orthotic management versus corticosteroid injections for trigger finger: A systematic review Miss Rula Adnan
09:30	DRUJ: Scheker Professor David Warwick	09:40	09:25	Panel discussion and Q&A Miss Emma Bamford, Mr Nick Johnson, Mr Ian Shelton, Dr Anna Selby, Professor Avril Drummond and Dr Ines Rombach	09:26	Questions
	09:30				The first web switch, distal release and coaptation of the first dorsal interosseous and adductor policis to treat muscular contracture of the first web. Mr William Beswick	
	09:34				Eighteen months on: Evaluating our pathway using limited sequence wrist MRI for suspected scaphoid fractures Miss Melissa Mahoney	
	09:38				Trends and management of Brachial Plexus Birth Injury (BPBI) over four years in a tertiary paediatric hand and upper limb service Ms Xinting Liu	
	09:42				Freestyle deliberate practice cadaveric hand surgery simulation training for resident doctors Dr Hannah James	
09:45	09:45	National Joint Registry : Hand and Wrist Mr Tim Wilton	HandsFirst update Mrs Sarah Tucker		09:46	Value based hand surgery: A model for the future? Mrs Natalie Blessley-Redgrave
					09:50	Interpretation of lucency around total wrist replacements Ms Xenia Tonge
					09:54	Questions
10:00 Refreshment break and Exhibition – Affinity 2 and Foyer						
10:30	Free papers Chairs: Professor Gus McGrouther and Ms Suzanne Thompson		The management of nerve pain Chairs: Mr James Bedford and Mrs Leanne Topcuoglu		Poster presentations Chair: Mrs Victoria Jansen and Mr Sameer Gidwani	
	10:30	A 10 year epidemiological study of paediatric hand injuries referred to a UK burns centre Miss Lucy Hoade	10:30	The surgical management of nerve pain Mr Samuel George	10:30	Presence of the ‘ulnar slope sign’ predicts absence of sufficient neurovascular supply for successful toe transfer in paediatric patients with symbrachydactyly Dr Prasant Gurung

AFFINITY 1		BELMONT (parallel lecture room)		ASHSTEAD SUITE (parallel lecture room)	
				10:34	Effectiveness of relative motion flexion splint in improving proximal interphalangeal joint extension after proximal phalangeal fractures: An expanded cohort study Ms Ngan Chung Leung
10:38	Hand and wrist trauma: Antimicrobials and infection – Audit of clinical practice (HAWAII – ACP) Dr Shiraz Shafi			10:38	Optimising postoperative care – Improving efficiency and reducing costs in carpal tunnel decompression through patient initiated follow up Dr Abhijit Bajracharya
				10:42	Back to basics: Charnley's closed management of distal radius fractures Miss Lucy Lee-Smith
10:46	Integrating AI into the peer review pipeline for hand surgery Dr Ellen Davis	10:45	The medical management of nerve pain Dr Mario Cibelli	10:46	Audit of the treatment of distal radius fractures at East Kent Hospitals University NHS Foundation Trust (EKHUFT) Mr Michael Keane
				10:50	Optimising clinical assessment following hand trauma: A tertiary referral centre's experience Mr Alaa Elzagah
10:54	Bunnell test – A forgotten history Dr Nazia Habiba			10:54	Are two screws better than one? A systematic review of the literature of two-screw fixation of acute scaphoid fractures Miss Vandana Venkateswaran
				10:58	Mirror visual feedback for early sensory re-education after peripheral nerve repairs: A critical review of the evidence Mrs Gemma Willis
11:02	Consensus on the criteria for performance and assessment of technical quality of supercharging end to side nerve transfers: A Delphi study Mr Michael Weekes	11:00	The therapists management of nerve pain Ms Nicole Glassey	11:02	Osseo-articular tuberculosis related to wrist – A description of cases from Sri Lanka Dr Oshan Basnayake
				11:06	Redesigning carpal tunnel syndrome care through stakeholder-led quality improvement Miss Nina Phillips
11:10	Systematic review on the effectiveness of distal nerve transfers in forearm and hand for peripheral nerve injuries Ms Bhaviya Bhargavan Nair Sarala			11:10	Management of carpal tunnel syndrome: A network meta-analysis Dr Nathan Edgar
		11:15	Discussion	11:14	Retrospective cohort study of functional outcome of trapeziometacarpal joint arthroplasty Mr Nawaz Vahora

AFFINITY 1		BELMONT (parallel lecture room)	ASHSTEAD SUITE (parallel lecture room)	
11:18	Multidisciplinary management of digital ulcers in systemic sclerosis: A surgical audit to inform MDT guidelines Mr Jack Hammond		11:18	Functional recovery after finger trauma: Use of novel dynamic traction splinting program for rehabilitation of proximal interphalangeal (PIP) joint injuries – A case series Ms Chi Yan Miko Lam
			11:22	Pus is not enough to diagnose infection: A case series of neutrophilic dermatoses in the hand Mr Thomas Goldsmith
11:26	The 'Ten Test' for assessment of traumatic digital nerve injury Mr Connor John Barker		11:26	Zone 1 flexor tendon injuries in children <16 in immediate and delayed presentations: A review of the literature and guideline for management Mr Karl Romain
11:30		BAHT Presidential Address Introduced by Mrs Leanne Topcuoglu Multidisciplinary brachial plexus nerve team approach - Managing patients holistic needs Mr James Bedford, BAHT Honorary President	11:30	Evaluation of a local hand therapy programme for people with post-burn contractures in India Dr Cynthia Srikesavan
	11:34 Outcomes of operative management for displaced long oblique and spiral fractures of the proximal phalanx (P1) managed with closed manipulation plus kirschner wiring at a single centre in South Wales Miss Kathryn Dayananda		11:34	Optimising the paediatric hand therapy trauma clinic: A quality improvement initiative Mrs Kristabel Ramoleko
			11:38	The driving conundrum: A review of driving advice given to patients undergoing hand trauma surgery by surgeons, insurers and the DVLA Mr William Wright
			11:42	Review of a newly established paediatric hand trauma service: A comparison of the Plastic Surgery Consultant Clinic (PSCC) and therapy-led Advanced Clinical Practice (ACP) clinic jointly managing this patient cohort Miss Elise Van der Veen
			11:46	Dismantling dogma in amputation and avulsion hand injuries: A case study Miss Olivia Smith
			11:50	Corrective osteotomy using 3D planning and custom-printed plates for multiple metacarpal malunions: A technical note Mr David Yeoh
			11:54	The impact of therapy-led hand clinics for adults with acute hand injury: A multi-site non-randomised controlled trial Mrs Margo Sheerin
		(NO SESSIONS)	11:58	Using social media to disseminate hand surgery research boosts long-term citations Mr Ryo Yoshimura

	AFFINITY 1	BELMONT (parallel lecture room)	ASHSTEAD SUITE (parallel lecture room)
12:00	BSSH Presidential handover Mr Sumedh Talwalkar, Mr Carlos Heras-Palou and Mr Wee Lam	(No sessions)	12:02 Patterns of participation in recreational and leisure activities amongst children and young people with brachial plexus birth palsy Mrs Joanna Burdon
			12:06 Rise of the machete: A 10-year retrospective cohort study of machete injuries to the upper limb at a UK major trauma centre Mr Mahir Bhoora
12:10	BAHT Presidential handover Mrs Leanne Topcuoglu and Mrs Linda Cornish		12:10 Evaluating hand therapy outcomes after Percutaneous Cannulated Compression Screw (PCCS) fixation for proximal phalanx fractures at Imperial College Healthcare Trust (ICHT) Miss Alexandra Baylis
			12:14 From Pitch to Palsy: A rare case of acute brachial plexopathy following medial clavicle fracture in women's rugby Ms Shu Ying Chee
12:20	BAHT Surgical Patron handover Mr James Bedford to Mr Max Horwitz		12:18 Improving documentation in hand trauma clinics: A human factors approach Mr Shivam Kolhe
12:25	BAHT Hand Therapist of the Year and Accredited Hand Therapist Certificate presentations Mrs Leanne Topcuoglu, Mrs Linda Cornish and Mrs Anne Alexander		
12:35	Lunch and exhibition - Affinity 2 and Foyer		
12:35 - 13:05	Lunchtime symposium - Joint Operations - Optimising Peripheral nerve repair Miss Kate Brown		
13:35		Research trials update Miss Emma Reay and Mr Nick Johnson	Children's Hand and Upper Limb Interest Group (CHAULIG) Chair: Dr Andrea Jester
13:40	Case discussion: Hand fractures operative vs non operative treatment Chair: Mr Alex Bolt Non operative panel members: Mrs Katia Fournier, Mr Nick Gape and Mr Peter Russell Operative panel members: Miss Gemma Smith, Mr Nick Riley and Mr Kalpesh Vaghela		13:35 CHAULIG as a special interest group Dr Andrea Jester

	AFFINITY 1		BELMONT (parallel lecture room)		ASHSTEAD SUITE (parallel lecture room)	
					13:50	Radial polydactyly - Classification, anatomy and surgical considerations Miss Brid Crowley
					14:05	Neurovascular Island Flap for Pulp & Nail Augmentation in Duplicated Thumb Reconstruction: Indications & Long-term Outcome Professor PC Ho
					14:20	Case discussions
14:45	Functional recovery after finger trauma Ms Chi Yan Miko Lam		Free Paper and Poster Prize presentation Mr Carlos Heras-Palou. Mrs Leanne Topcuoglu and Mrs Linda Cornish			
15:00	Refreshment break and Exhibition - Affinity 2 and Foyer					
15:30	Microsurgery Chair: Miss Grainne Bourke		Examination workshop Chair: Mr Donald Sammut		Spasticity update Chair: Mr Dean Boyce	
	15:31	Hand and upper limb transplant UK- Update, indications process and referral Mr David Leonard	15:35	Hand examination Professor Henk Giele	15:35	Update on BSSH Spasticity SIG Mr Dean Boyce
	15:50	Salvage for traumatic thumb amputation: Toe hand transfer Miss Pui Pui Kwok			15:40	Surgical strategies for post stroke spasticity in the upper limb Dr Marvin Chung
	16:05	Microsurgical reconstruction for upper limb (MTC) - out of hours cover: Ideal and current- Leeds Mr Waseem Bhat	16:05	Wrist examination Mr Alex Bolt and Mr Carlos Heras- Palou	15:55	The health economics and assessment techniques for the upper limb in spasticity surgery The Birmingham Upper & Lower Limb Spasticity Service
	16:20	Microsurgical reconstruction for upper limb (MTC) - out of hours cover: Ideal and current- Birmingham Mr Samuel George			16:10	Upper limb spasticity case discussions Panel: Mr Dean Boyce, Dr Marvin Chung, Mrs Helen Neal, Mr Wee Lam, Dr Andrea Jester, Mr Petros Mikalef and Ms Sara Dorman
	16:35	Discussion	16:35	Nerve examination Miss Kate Brown		
17:00	Closing remarks Mr Carlos Heras-Palou and Mrs Leanne Topcuoglu					
17:10	End of scientific programme					

OPTIMISING PERIPHERAL NERVE REPAIR

CLINICAL OUTCOMES USING THE AXOGEN® PORTFOLIO

DATE: 28TH NOVEMBER 2025

TIME: 12:35 - 13:05

MISS KATE BROWN

- Graduated from Oxford Medical School in 2002 and completed orthopaedic training in the North East Thames region, gaining her FRCS (Trauma & Orthopaedics) in 2014.
- Completed a post-CCT Hand Fellowship in Derby and earned the British Diploma of Hand Surgery in 2017 before becoming a Hand Consultant in 2018.
- Holds a sub-specialist interest in Brachial Plexus and Peripheral Nerve Injuries, having spent a year at the PNI Unit, Royal National Orthopaedic Hospital, Stanmore.
- Serves as a Lieutenant Colonel in the Armed Forces, with tours in Northern Ireland, Iraq, and Afghanistan, and is a Major Trauma Consultant at Queens Medical Centre, Nottingham.
- Completed an MSc in Trauma (Swansea) and an MPhil (Newcastle), with published work in military and hand trauma.



PRODUCT FOCUS:
Axogen®

TOPIC:
Case studies looking at patient outcomes using the Axogen® portfolio.



Thursday 27 November 08:35 – 09:30 – Affinity 1

08:35	Surgical strategies for managing Kienböck's disease: a systematic review of approaches for non-negative ulnar variance Dr Paniz Motaghi ¹ , <u>Mr Duncan Coffey</u> ² , Mr Michael Elvey ³ ¹ St Georges Hospital, ² Chelsea and Westminster Hospital, ³ University College Hospital
08:43	Forequarter amputation and reconstruction – a tertiary unit evolution. <u>Miss Lotte Hardman</u> ¹ , Miss Samantha Leong ¹ , Miss Christie Brennan ¹ , Miss Olivia Smith ¹ , Mr Tom Chapman ¹ , Mr Tom Wright ¹ , Miss Giulia Colavitti ¹ , Miss Rachel Clancy ¹ ¹ North Bristol Trust
08:51	Exploring experiences of patients with spasticity undergoing upper limb surgery: a qualitative study <u>Ms Sameera Abas</u> ¹ , Ms Elle Lewis-Smedley ² , Mr Simon Pickard ¹ ¹ The Robert Jones and Agnes Hunt Orthopaedic Hospital, ² University of Cambridge
08:59	Selecting the optimal test: non-invasive assessment of upper limb perfusion to guide future clinical trials <u>Dr Lylas Aljohmani</u> ^{1,2,3} , Dr Simone Kneafsey ¹ , Prof Kevin Cronin ^{4,5} , Prof Oran Kennedy ² , Prof Christopher Torrens ³ , Prof Roisin Dolan ^{1,5} ¹ Department of Plastic & Reconstructive Surgery, St. Vincent's University Hospital, ² Tissue Engineering Research Group, Department of Anatomy & Regenerative Medicine, RCSI, ³ Department of Physiology & Medical Physics, RCSI, ⁴ Department of Plastic & Reconstructive Surgery, Mater University Hospital, ⁵ UCD School of Medicine & Medical Sciences, University College Dublin
09:07	Dart thrower's motion of the wrist varies with age, sex and hand dominance <u>Miss Joy Koay</u> ² , Miss Michaela Vladykova ² , Miss Philippa Rust ¹ ¹ The Hooper Hand Unit, St John's Hospital, ² University of Edinburgh
09:15	Outcome of trainee-led replantation and revascularization service in Sri Lanka: analysis of data from year 2022 to year 2024 <u>Dr Oshan Basnayake</u> ^{1,2} , Dr Dishan Samarathunga ^{2,3} , Dr Paheerathan Nadesan ² , Dr Pathum Abeysekara ² , Dr Gayan Ekanayake ² , Dr Thushan Beneragama ² , Dr Dammika Dissanayake ² ¹ Oxford University Hospitals Foundation Trust, ² National Hospital of Sri Lanka, ³ Manchester University NHS Foundation Trust

Thursday 27 November 08:35 – 08:43 – Belmont

08:35	Assessment of acute scaphoid proximal pole fractures and early non-unions using digital removal techniques in association with 3D CT reconstruction Miss Fiona Bintcliffe ¹ , Miss Ines Reichert ¹ , <u>Mr Jonathan Compson</u> ¹ ¹ Kings College Hospital
-------	---

Thursday 27 November 10:30 – 11:15 – Belmont

10:30	Long-term outcomes of TOUCH dual mobility thumb CMCJ arthroplasty: a single-surgeon case series <u>Mr Michal Grela</u> ¹ , Mr Eshan Oderuth ¹ , Mr Alistair Jepson ¹ ¹ Northampton General Hospital
10:38	First 100 TOUCH replacements <u>Ms Kim Tabelião</u> ¹ , Ms Shruti Raut ¹ , Mr Chris Jump ¹ , Mr Mike Hayton ¹ , Mr Sumedh Talwalkar ¹ ¹ Wrightington Hospital
10:46	Comparison of outcomes of trapeziectomy with Ligament Reconstruction and Tendon Interposition (LRTI) versus partial trapeziectomy with implant for trapeziometacarpal joint osteoarthritis: a systematic review and meta-analysis <u>Miss Kyleen Kiew</u> ¹ , Mr Gareth Goh ² , Miss Marya Abuarqoub ¹ , Mr Toh Pungpapong ¹ , Mr Zulfiqar Chaudhry ³ , Mr Raj Ragoowansi ³ ¹ Imperial College, ² Bart's and The London Medical School, ³ The Royal London Hospital

Thursday 27 November 10:30 – 11:15 – Belmont (continued)

10:54	Comparing the initial fixation of spherical versus conical cups in CMC1 arthroplasty: an initial biomechanical investigation <u>Dr Mackenzie Smeeton</u> ¹ , Ms Emma Lowey ¹ , Professor Sophie Williams ¹ , Professor Joris Duerinckx ² , Mr Sumedh Talwalkar ³ ¹ University Of Leeds, ² Ziekenhuis Oost-Limburg, ³ Wrightington Hospital
11:02	Novel incisionless ultrasound-guided carpal tunnel and A1 pulley release: prospective multicentre audit following introduction to the United Kingdom Mr Patrick Goon ¹ , Mr Michael Kurer ² , Dr Josh Lauder ³ , Mr Chris Little ⁴ , Ms Sally-Anne Phillips ⁵ , Mr Amit Putti ⁶ , Mr Nick Riley ⁴ , Mr Suddhajit Sen ⁷ , <u>Mr Patrick Garfjeld Roberts</u> ⁸ ¹ Lister Hospital, ² North Middlesex University Hospital NHS Trust, ³ Skin and Bones Clinic, ⁴ The Manor, ⁵ La Belle Forme Clinic, ⁶ Forth Valley, ⁷ Raigmore Hospital, ⁸ Nuffield Orthopaedic Centre

Friday 28 November 08:30 – 09:00 – Belmont

08:30	Reviewing the use of a dynamic external fixator in a two-stage approach for management of complex PIPJ deformity in Dupuytren's contracture <u>Miss Beatrice Ho</u> ¹ , Mr Matthew Chan ¹ , Mr Oliver Stone ¹ ¹ Royal Devon & Exeter Hospital
08:38	Ulnarly-deviated motor branch of the median nerve: a rare anatomical variant <u>Ms Eleanor Houghton</u> ¹ , Mr Jeff Ecker ¹ ¹ Queen Elizabeth Hospital Birmingham
08:46	Comparative outcomes of targeted and traditional surgery for traumatic peripheral neuroma pain: systematic review of thirty indexed studies <u>Mr Amirmohammad Heidari</u> ¹ ¹ Liverpool University Hospital Foundation Trust

Friday 28 November 10:30 – 12:00 – Affinity 1

10:30	A 10-year epidemiological study of paediatric hand injuries referred to a UK burns centre <u>Miss Lucy Hoade</u> ¹ , Mr Tom Jovic ¹ ¹ Morrison Hospital, Swansea
10:38	Hand and Wrist Trauma: Antimicrobials and Infection – Audit of Clinical Practice (HAWAII – ACP) <u>Dr Shiraz Shafi</u> ^{1,2} , Dr Ryo Yoshimura ³ , Mr Conrad Harrison ^{2,4} , Mr Ryckie Wade ⁵ , Ms Abigail Shaw ^{1,2} , Mr Joshua Totty ⁶ , Professor Jeremy Rodrigues ^{7,8} , Professor Matthew Gardiner ^{2,9} , Mr Justin Wormald ^{1,2,4} ¹ Oxford Trauma and Emergency Care, Kadoorie Centre, Nuffield Department of Orthopaedics, Rheumatology and Musculoskeletal Sciences, University of Oxford, ² Surgical Intervention Trials Unit, Botnar Research Centre, Nuffield Department of Orthopaedics, Rheumatology and Musculoskeletal Sciences, University of Oxford, ³ York and Scarborough Teaching Hospitals NHS Foundation Trust, ⁴ Department of Plastic Surgery, John Radcliffe Hospital, Oxford University Hospitals NHS Foundation Trust, ⁵ Leeds Institute for Medical Research, University of Leeds, ⁶ Centre for Clinical Sciences, Hull York Medical School, ⁷ Clinical Trials Unit, University of Warwick Medical School, ⁸ Department of Plastic Surgery, Stoke Mandeville Hospital, ⁹ Department of Plastic and Reconstructive Surgery, Wexham Park Hospital, Frimley Health NHS Foundation Trust
10:46	Integrating AI into the peer review pipeline for hand surgery <u>Dr Ellen Davis</u> ¹ , Dr Roisin Pollock ¹ , Mr Andrew Diver ¹ , Professor Roisin Dolan ¹ ¹ St Vincent's University Hospital
10:54	Bunnell test – a forgotten history <u>Dr Nazia Habiba</u> ¹ ¹ Queen Elizabeth Hospital, Birmingham

Friday 28 November 10:30 - 12:00 - Affinity 1 (continued)

11:02	Consensus on the criteria for performance and assessment of technical quality of supercharging end to side nerve transfers: a delphi study <u>Mr Michael Weekes</u> ¹ , Mr Abdus Burahee ¹ , Mr Christopher McGhee ¹ , Mr Paul Malone ¹ , Mr Stephen McConoughey ¹ , Mr Dominic Power ¹ ¹ University Hospitals Birmingham NHS Foundation Trust, ² The Brachial Plexus and Peripheral Nerve Injury Service, University Hospitals Birmingham NHS Foundation Trust
11:10	Systematic review on the effectiveness of distal nerve transfers in forearm and hand for peripheral nerve injuries <u>Ms Bhaviya Bhargavan Nair Sarala</u> ¹ , Mr Jamal Khudr ¹ , Mr Bryant Chong ¹ , Mr Wee Sim Khor ² ¹ Wythenshawe Hospital, ² Royal Preston Hospital
11:18	Multidisciplinary management of digital ulcers in systemic sclerosis: a surgical audit to inform MDT guidelines <u>Mr Jack Hammond</u> ¹ , Mr Raul Bama ¹ ¹ Salford Royal Hospital
11:26	The 'Ten Test' for assessment of traumatic digital nerve injury <u>Mr Connor John Barker</u> ¹ , Mr Steven Labib ² , Miss Alexandra Norman ³ , Mr Marcus Brookes ³ ¹ James Cook University Hospital, ² University Hospital North Durham, ³ Royal Victoria Infirmary
11:34	Outcomes of operative management for displaced long oblique and spiral fractures of the proximal phalanx (P1) managed with closed manipulation plus kirschner wiring at a single centre in South Wales. <u>Miss Kathryn Dayananda</u> ¹ , Mr James Brock ¹ , Mr David Shewring ¹ , Mr Ryan Trickett ¹ ¹ Department of Trauma & Orthopaedic Surgery, University Hospital Wales, Cardiff and Vale University Health Board

Special Interest Groups (SIGs)



The BSSH is proud to incorporate the following 5 Special Interest Groups (SIGs) under its umbrella. Any BSSH member or allied health professional who has an interest in the subject matter can join a SIG. Scan the QR codes below to join the mailing list for the SIG that interests you and be kept up to date with their latest news and activities.



Children's Hand (CHAULIG)



Spasticity



Tetrahand



Technology & Innovation



Arthroplasty

Thursday 27 November 13:40 – 15:00 – Ashtead Suite

13:40	Developing consensus-based competencies for Advanced Clinical Practice (ACP) hand therapists providing first line assessment and management of closed hand fractures in the United Kingdom (UK); mixed-methods study protocol <u>Mrs Katia Fournier</u>¹, Miss Lily Li¹, Dr Donna Kennedy¹ ¹Imperial College Healthcare NHS Trust
13:48	What information is available online for adults with distal radius fracture? Online literature search and synthesis using generative AI <u>Mr Daniel Ceh</u>^{1,2}, Dr Kalpesh Vaghela², Dr Lisa Newington^{1,2} ¹Centre for Bone & Joint Health, Queen Mary University of London, ²Barts Health NHS Trust
13:56	Ethnicity and race reporting in rehabilitation trials involving osteoarthritis or rheumatoid arthritis affecting the hands: a rapid review <u>Dr Cynthia Srikesavan</u>¹, Mrs Mercy Joy Devadhas², Miss Vinitha Arasu², Mrs Aruna Velammal³, Mr Gobinath Kannan³, Mr Veeragoudhaman TS², Miss Megumi Nakamura⁵, Miss Pratha Mehta⁶, Dr Haribabu KV⁶ ¹University of Oxford, ²SRM College of Physiotherapy, Faculty of Medical and Health Sciences, SRM Institute of Science and Technology, ³Ganga Medical Centre and Hospital, ⁴Osaka Metropolitan University, ⁵Hand Therapy Unit, Mumbai, ⁶PP Savani School of Physiotherapy
14:04	Epidemiology of upper limb fracture in midlife: a dual methods approach using self-reported and hospital episode statistics data from the UK Biobank Professor Helen Dawes¹, Professor Marcus Munafo¹, Dr Ben Faber¹, Professor Emma Clark¹, <u>Mrs Catherine Rolls</u>¹ ¹University Of Bristol
14:12	Thumb osteoarthritis prognosis for supported self-management <u>Mrs Victoria Jansen</u>¹, Dr Michelle Marshall², Dr Elaine Nicholls², Dr Charlotte Woodcock², Dr Danielle Van der Windt², Mrs Helen McKenna¹, Mr Paul Hendrick³, Mrs Debbie Larson⁴ ¹Pulvertaft Hand Centre, Royal Derby Hospital, ²School of Medicine, Keele University, ³Faculty of Medicine & Health Sciences, University of Nottingham, ⁴Norfolk & Norwich University Hospitals NHS Foundation Trust
14:20	Osteoarthritis CMCJ education group – transforming patient-centred care – a service evaluation Mrs Navdeep Johal¹, Mrs Caroline Swift¹, <u>Mrs Laura Adamson</u>¹ ¹Pulvertaft Hand Centre, Royal Derby Hospital
14:28	Exploring current rehabilitation for adults with peripheral nerve injuries in the UK: an online survey <u>Dr Caroline Miller</u>¹, Dr Beth Fordham², Professor David Keene², Miss Suzanne Beale¹, Dr Ken Valyear³ ¹Queen Elizabeth Hospital Birmingham, ²University of Oxford, ³Bangor University
14:36	Physical assessment and rehabilitation for Neurogenic Thoracic Outlet Syndrome (NTOS): a scoping review <u>Mr Joel O'Sullivan</u>¹, Dr Marcus Bateman², Dr Caroline Miller³, Dr Claire Stapleton⁴, Prof Jonathan Hill⁴ ¹University Hospitals Birmingham NHS Foundation Trust & Keele University, ²University Hospitals of Derby & Burton NHS Foundation Trust, ³University Hospitals Birmingham NHS Foundation Trust, ⁴Keele University
14:44	Are we consistent in therapy provision for post-operative Dupuytren's? A regional study <u>Miss Laura Robinson</u>¹, Laura Cooper¹, Professor Beverly Snaith² ¹Mid Yorkshire Teaching NHS Trust, ²University of Bradford
14:52	Development and validation of a remote workflow for 3D-printed orthoses using mobile scanning and open-source design tools <u>Dr Maryam Farzad</u>¹, Dr Joy MacDermid¹, Dr Louis Ferreira¹, Mr. Steven Cuyper¹ ¹Western University

Friday 28 November 08:30 – 10:00 – Ashtead Suite

08:30	A review of upper limb distal phalanx osteomyelitis from a single centre <u>Mr William Wright</u> ¹ , Dr Louise Teare ¹ , Ms Sonya Gardiner ¹ ¹ St Andrews Centre for Plastic Surgery and Burns
08:34	Latissimus dorsi functional reconstruction in the elderly <u>Miss Lotte Hardman</u> ¹ , Miss Samantha Leong ¹ , Miss Olivia Smith ¹ , Mr Tom Wright ¹ , Mr Tom Chapman ¹ , Miss Rachel Clancy ¹ , Miss Giulia Colavitti ¹ ¹ North Bristol Trust
08:38	Anchor vs suture repair for acute ulnar collateral ligament injury of the thumb: a comparative case series <u>Mr James Brock</u> ¹ , Mr Nick Gape ¹ , Mr Ryan Trickett ¹ , Mr David Shewring ¹ ¹ University Hospital of Wales
08:42	Learning points and simple techniques to improve outcome in customised 3D-guided corrective osteotomy for distal radius mal-union using patient-specific implants: a tertiary hand unit experience <u>Mr Duncan Coffey</u> ¹ , Mr Kapil Sugand ¹ , Mr William Lumsdaine ¹ , Mr Rupert Eckersley ¹ , Mr Maxim Horwitz ¹ , Mr Philip Mathew ¹ ¹ Chelsea And Westminster Hospital
08:46	Assessment of imaging in volar plate fixation of distal radius fractures: a long-term retrospective audit <u>Miss Elizabeth Headon</u> ¹ , Miss Amy Haddock ² , Mr Parkash Lohana ¹ , Mr Amit Putti ¹ , Mr Richard A Preiss ¹ ¹ Forth Valley Royal Hospital, ² Glasgow Royal Infirmary
08:50	Managing vascular malformations in a resource poor setting – the experience of BSSH at the LION Malawi <u>Miss Mary Gibby</u> ¹ , Mr Kelvin Tse ¹ , Dr Mzati D Chikalipo ¹ , Mr Mohamed Ahmed Ramy ¹ , Dr Andrea Jester ¹ ¹ North Bristol NHS Trust
08:54	Carbon footprint of local anaesthetic hand trauma surgery – a case control study examining carbon emissions, cost and safety <u>Miss Katherine Macdonald</u> ¹ , Miss Ailbhe Kiely ¹ , Professor Vivien Lees ^{1,2} ¹ Department of Plastic Surgery, Wythenshawe Hospital, Manchester Foundation Trust, ² Division of Cell Matrix Biology and Regenerative Medicine, University of Manchester
09:02	Microscopic fasciectomy in Dupuytren's disease: technical advantages and early clinical outcomes from a district general hospital experience <u>Mr Arfaz Shaik</u> ¹ , Mr Umar Hayat ¹ , Dr Mustafa Al-Saadi ¹ , Dr Chukwuemeka Amamilo ¹ , Dr Islam Hamarsheh ¹ , Mr Arvind Mohan ¹ ¹ Croydon University Hospital
09:06	Clinical and radiological outcomes of current surgical techniques for chronic scapholunate ligament instability: a meta-synthesis Mr Nayeem Hali ² , <u>Mr Omar Mostafa</u> ¹ , Miss Safina Begum ² , Mr Shahbaz Malik ² , Mr Simon MacLean ³ ¹ Birmingham Orthopaedic Training Programme, ² Worcestershire Acute Hospitals NHS Trust, ³ Tauranga Hospital
09:10	Outcomes of MAIA thumb carpometacarpal joint arthroplasty: a single-surgeon case series of 42 procedures <u>Mr Michal Grela</u> ¹ , Mr Eshan Oderuth ¹ , Mr Alistair Jepson ¹ ¹ Northampton General Hospital
09:14	Digit-al diagnosis: a systematic review of artificial intelligence performance in detecting hand fractures <u>Dr Mohamed El-Nemr</u> ^{1,2} , Ms Martha De La Cruz-Monroy ¹ , Dr Kirsten Riches-Suman ² , Professor Krzysztof Poterlowicz ² , Professor Ajay Mahajan ^{1,2} ¹ Bradford Royal Infirmary, ² Bradford University
09:18	Reconsidering biceps brachii: using computational modelling to predict optimisation of forearm function in patients with spasticity <u>Ms Sameera Abas</u> ¹ , Professor Ed Chadwick ² , Mr Suresh Kondi ³ , Mr Thivagar Murugesan ³ , Mr Simon Pickard ¹ ¹ The Robert Jones and Agnes Hunt Orthopaedic Hospital, ² University of Aberdeen, ³ The Shrewsbury and Telford Hospitals NHS Foundation Trust

Friday 28 November 08:30 – 10:00 – Ashtead Suite (continued)

09:22	Efficacy of orthotic management versus corticosteroid injections for trigger finger: a systematic review <u>Miss Rula Adnan</u> ¹ , Dr Victor Lim ² , Mr Owen Lawrence ² , Mr George Hourston ² , Miss Rumina Begum ³ , Miss Suan Khor ⁴ ¹ University College London, ² Cambridge University Hospitals, ³ Mid and South Essex NHS Foundation Trust, ⁴ Whittington Health NHS Trust
09:30	The first web switch, distal release and coaptation of the first dorsal interosseous and adductor pollicis to treat muscular contracture of the first web <u>Mr William Beswick</u> ¹ , Sister Maria Kelly ¹ , Mr Pundrique Sharma ¹ , Miss Shetha Naji ¹ , Prof Paul McAurthur ¹ ¹ Alderhey
09:34	Eighteen months on: evaluating our pathway using limited sequence wrist MRI for suspected scaphoid fractures <u>Miss Melissa Mahoney</u> ¹ , Dr Olivia Dunseath ¹ , Dr Ruqayyah Beg ¹ , Dr Kannan Rajesparan ¹ , Mr Alistair Hunter ¹ ¹ University College London Hospitals NHS Foundation Trust
09:38	Trends and management of Brachial Plexus Birth Injury (BPBI) over four years in a tertiary paediatric hand and upper limb service <u>Ms Xinting Liu</u> ¹ , Mrs Andrea Jester ¹ , Ms Christina Lipede ¹ ¹ Birmingham Children's Hospital
09:42	Freestyle deliberate practice cadaveric hand surgery simulation training for resident doctors <u>Dr Hannah James</u> ¹ , Mr Ross Fawdington ¹ ¹ University Of Warwick
09:46	Value Based Hand Surgery: a model for the future? <u>Mrs Natalie Blessley-Redgrave</u> ¹ , Mr Hamish Laing ² , Mr Dean Boyce ¹ ¹ Welsh Centre for Burns and Plastic Surgery, ² Value-Based Health and Care Academy, School of Management, Swansea University
09:50	Interpretation of lucency around total wrist replacements Ms Grace Airey ¹ , <u>Ms Xenia Tonge</u> ¹ , Mr Alastair Faulkner ¹ , Ms Fariyah Khaliq ¹ , Mr Ashley Newton ¹ , Mr Daniel Brown ¹ ¹ Liverpool University Hospitals

BSSH and BAHT ORAL POSTERS

1	Are two screws better than one? A systematic review of the literature of two-screw fixation of acute scaphoid fractures. <u>Miss Vandana Venkateswaran</u> ¹ , Miss Kate Quinn ² , Miss Julia Chan ² , Mr George Hourston ¹ , Mr Owen Lawrence ¹ , Miss Rumina Begum ³ ¹ Cambridge University Hospitals, Cambridge, United Kingdom, ² Leicester Medical School, Leicester, United Kingdom, ³ Mid and South Essex NHS Foundation Trust, Chelmsford, United Kingdom
2	Audit of the treatment of distal radius fractures at East Kent Hospitals University NHS Foundation Trust (EKHUFT) <u>Mr Michael Keane</u> ¹ ¹ East Kent Hospital University Foundation Trust, Margate, United Kingdom
3	Back to basics: Charnley's closed management of distal radius fractures <u>Miss Lucy Lee-Smith</u> ¹ , Mr Arturas Kaminskas ¹ , Mr Shahbaz Ahmed ¹ ¹ Ysbyty Gwynedd, Bangor, United Kingdom
4	Corrective osteotomy using 3D planning and custom-printed plates for multiple metacarpal malunions: a technical note <u>Mr David Yeoh</u> ¹ ¹ Norfolk And Norwich University Hospital, Norwich, United Kingdom

5	Dismantling dogma in amputation and avulsion hand injuries – a case study <u>Miss Olivia Smith</u>¹, Miss Sam Leong¹, Mr Alex Davies¹, Miss Rachel Clancy¹, Miss Emily West¹ ¹Southmead Hospital, Bristol, United Kingdom
6	Effectiveness of relative motion flexion splint in improving proximal interphalangeal joint extension after proximal phalangeal fractures: an expanded cohort study <u>Ms Ngan Chung Leung</u>¹, Dr Charles Cheuk Sang Lam², Dr Siu Cheong Jeffrey Justin Koo¹, Dr Adrian Kam Yiu Leung¹, Dr Jack Wai Wang Chau³, Dr Pak Cheong Ho⁴ ¹Alice Ho Miu Ling Nethersole Hospital, Hong Kong, ²Pamela Youde Nethersole Eastern Hospital, Hong Kong, ³The Chinese University of Hong Kong, Hong Kong, ⁴Prince of Wales Hospital, Hong Kong
7	Evaluating hand therapy outcomes after Percutaneous Cannulated Compression Screw (PCCS) fixation for proximal phalanx fractures at Imperial College Healthcare Trust (ICHT) <u>Miss Alexandra Baylis</u>¹, Mr Theodore Ross¹, Mr Jonathan Simmons¹, Mr Matt Ives¹, Mr David Zargaran¹, Ms Fatimah Braimah¹, Ms Donna Kennedy¹, Ms Katia Fournier¹ ¹Imperial College Healthcare Trust, Paddington, London, United Kingdom
8	Evaluation of a local hand therapy programme for people with post-burn contractures in India. <u>Dr Cynthia Srikesavan</u>², Mrs Aruna Velammal¹, Mr Gobinath Kannan¹, Mrs Nancy Samidas¹, Dr (Prof) Raja Sabapathy S¹ ¹Ganga Medical Centre and Hospital, Coimbatore, India, ²University of Oxford, Oxford, United Kingdom
9	From pitch to palsy: a rare case of acute brachial plexopathy following medial clavicle fracture in women's rugby. <u>Ms Shu Ying Chee</u>¹, Dr Nicholas Stratford¹, Mr P.J Donoghue¹, Dr Imad Mirza², Mr Kieran O'Shea², Prof Roisin Dolan^{1,3} ¹Department of Plastic Surgery, St Vincents University Hospital, Dublin, Ireland, ²Department of Orthopaedic Surgery, St Vincent's University Hospital, Dublin, Ireland, ³UCD School of Medicine & Medical Sciences, University College Dublin, Dublin, Ireland
10	Functional recovery after finger trauma: use of novel dynamic traction splinting program for rehabilitation of proximal interphalangeal (PIP) joint injuries – a case series <u>Ms Chi Yan Miko Lam</u>¹, Dr Amanda Mun Yee Slocum² ¹Occupational Therapy Department, North District Hospital, Hong Kong, ²Department of Orthopedic & Traumatology, North District Hospital, Hong Kong
11	Improving documentation in hand trauma clinics: a human factors approach <u>Mr Shivam Kolhe</u>¹, Dr Mustafa Qasem¹, Miss Jade Zhao¹, Miss Anna Barnard¹ ¹James Cook University Hospital, South Tees Hospitals NHS Foundation Trust, Middlesbrough, United Kingdom
12	Management of carpal tunnel syndrome: a network meta-analysis <u>Dr Nathan Edgar</u>¹, Mr Dimitris Challoumas¹, Dr Brendan Barrett¹, Dr Emily Ihlbrock¹, Dr Nachika Ibekwe¹, Dr Ali Ahmad¹, Dr David Munn¹, Dr Stella Polzer¹, Dr Rob Sinnerton¹, Professor Neal Millar¹ ¹School Of Infection and Immunity, College of Medical, Veterinary and Life Sciences, University of Glasgow, GLASGOW, United Kingdom
13	Mirror visual feedback for early sensory re-education after peripheral nerve repairs: a critical review of the evidence <u>Mrs Gemma Willis</u>¹ ¹Portsmouth Hospital University NHS Trust, Portsmouth, United Kingdom, ²University of Derby, Derby, United Kingdom
14	Optimising clinical assessment following hand trauma: a tertiary referral centre's experience <u>Mr Alaa Elzaghi</u>¹, Miss Madhumitha Rangaraju¹, Mr Kavita Amin¹, Mr Kaushik Chakrabarty¹ ¹Wythenshawe Hospital, Manchester University NHS Foundation Trust, Manchester, United Kingdom
15	Optimising postoperative care - improving efficiency and reducing costs in carpal tunnel decompression through patient initiated follow up <u>Dr Abhijit Bajracharya</u>¹, Dr Omar Elkelani¹, Dr Dana Low¹, Dr Ramya Thanikasalam¹, Dr Chak Lam Ip², Mr Timothy Hardwick¹ ¹St Richard's Hospital, University Hospitals Sussex NHS Foundation Trust, Chichester, United Kingdom, ²University College London Hospitals NHS Foundation Trust, London, United Kingdom

16	Optimising the paediatric hand therapy trauma clinic: a quality improvement initiative <u>Mrs Kristabel Ramoleko</u> ¹ , Miss Emma Rogers ¹ , Mrs Ann Garewal ¹ , Miss Hayley Fay ¹ ¹ Chelsea & Westminster Hospital, London, United Kingdom
17	Osseo-articular tuberculosis related to wrist - a description of cases from Sri Lanka. <u>Dr Oshan Basnayake</u> ^{1,2} , Dr Deshan Gomez ² , Dr Nathasha Luke ² ¹ Oxford University Hospitals Foundation Trust, OXFORD, United Kingdom, ² National Hospital of Sri Lanka, Colombo, Sri Lanka
18	Patterns of participation in recreational and leisure activities amongst children and young people with brachial plexus birth palsy. <u>Mrs Joanna Burdon</u> ¹ , Ms Grace Alvis ² , Mrs Suzanne Oxley ¹ , Dr David Lunn ³ , Miss Grainne Bourke ¹ , Professor Sarah Astill ² ¹ Leeds Teaching Hospitals NHS Trust, Leeds, United Kingdom, ² University of Leeds, Leeds, United Kingdom, ³ Leeds Beckett University, Leeds, United Kingdom
19	Presence of the 'ulnar slope sign' predicts absence of sufficient neurovascular supply for successful toe transfer in paediatric patients with symbrachydactyly <u>Dr Prasant Gurung</u> ¹ , Professor Simon Kay, Mr David Leonard ¹ Whiston Hospital, Liverpool, United Kingdom
20	Pus is not enough to diagnose infection; a case series of neutrophilic dermatoses in the hand <u>Mr Thomas Goldsmith</u> ¹ , Mr Jonathan Cubitt ¹ ¹ Welsh Centre for Burns and Plastic Surgery, Swansea, United Kingdom
21	Redesigning carpal tunnel syndrome care through stakeholder-led quality improvement. <u>Miss Nina Phillips</u> ¹ , Ms Fiona Sandford ¹ St Thomas Hospital Site - GSTT NHS Foundation Trust, London, United Kingdom
22	Retrospective cohort study of functional outcome of trapeziometacarpal joint arthroplasty <u>Mr Nawaz Vahora</u> ¹ , Mr Rahul Kakkar ¹ ¹ University Hospitals of Morecambe Bay Trust (UHMBT), Barrow-in-Furness, United Kingdom
23	Review of a newly established paediatric hand trauma service: a comparison of the Plastic Surgery Consultant Clinic (PSCC) and therapy-led Advanced Clinical Practice (ACP) clinic jointly managing this patient cohort <u>Miss Elise Van Der Veen</u> ¹ , Miss Christy Fowler ¹ ¹ Guy's and St Thomas' NHS Foundation Trust, London, United Kingdom
24	Rise of the machete: a 10-year retrospective cohort study of machete injuries to the upper limb at a UK major trauma centre <u>Mr Mahir Bhoora</u> ¹ , Mr Rajive Jose ¹ ¹ University Hospitals Birmingham NHS Foundation Trust, Birmingham, United Kingdom
25	The driving conundrum: a review of driving advice given to patients undergoing hand trauma surgery by surgeons, insurers and the DVLA <u>Mr William Wright</u> ¹ , Ms Sonya Gardiner ¹ ¹ St Andrews Centre for Plastic Surgery and Burns, Chelmsford, United Kingdom
26	The impact of therapy-led hand clinics for adults with acute hand injury: a multi-site non-randomised controlled trial <u>Mrs Margo Sheerin</u> ¹ ¹ HSE, Mid-West Acute Services, Co. Limerick, Ireland, ² University of Limerick, School of Allied Health, Ireland
27	Using social media to disseminate hand surgery research boosts long-term citations <u>Mr Ryo Yoshimura</u> ¹ , Mr Michael Grant ² , Mr Ryckie Wade ³ ¹ York And Scarborough Teaching Hospitals NHS Foundation Trust, York, United Kingdom, ² Guy's and St. Thomas' NHS Foundation Trust, London, United Kingdom, ³ Leeds Teaching Hospitals NHS Foundation Trust, Leeds, United Kingdom
28	Zone 1 flexor tendon injuries in children <16 in immediate and delayed presentations: a review of the literature and guideline for management <u>Mr Karl Romain</u> ¹ , Mr Ted Welman ¹ , Mr Maxim Horwitz ¹ ¹ Chelsea and Westminster Hospital NHS Foundation Trust, London, United Kingdom

31	A Quality Improvement initiative: Development of a Therapy-Led Carpal Tunnel Pathway using Digital Technology - optimising patient self-management <u>Ms Hayley Fay</u>¹, Mrs Raelene Marx, Ms Sarah Mee ¹Chelsea And Westminster Hospital, London, United Kingdom Carpal tunnel decompression (CTD) is the UK's most common elective hand operation, rising healthcare demands requires innovative pathway redesign.
32	A service review of the patient pathway for adults who have sustained a distal radius fracture requiring surgical fixation. Focusing on patient reported outcomes and implications for quality improvement. <u>Mrs Sarah Rodgers</u>¹, Mrs Rebecca Lewis¹ ¹Sheffield Teaching Hospital, Sheffield, United Kingdom
33	A two-cycle audit of service compliance with British Association of Hand Therapist's Standards for Flexor Tendon Rehabilitation. Mr David Hodson¹, <u>Mrs Catherine McCoy</u>¹ ¹Northern Care Alliance (Salford Care Organisation), Salford, United Kingdom
34	Amputation Stump Management: An alternative use of Kinesiotape to create re-usable custom digital caps for stump shaping <u>Ms Maram Ferrer Klute</u>¹ ¹University Hospitals of Derby and Burton NHS Foundation Trust, The Pulvertaft Hand Centre, Derby, United Kingdom
35	An epidemiological study of patients with an ulnar collateral ligament injury of the thumb with review of their hand therapy treatment and outcomes Dr Catherine Purcell², Mr Ryan Trickett¹, <u>Nick Gape</u>¹ ¹Cardiff & Vale University Health Board, Cardiff, United Kingdom, ²Cardiff University, Cardiff, United Kingdom
36	Comparison of Pain Reduction and Functional Improvement in Bilateral Ulnar Impaction Syndrome: Sauvé-Kapandji Surgery Versus Conservative Myofascial Release Therapy – A Case Report <u>Ms Farnaz Farshchi</u>¹ ¹Farshchi Clinic, Tehran, Iran
37	Effectiveness of occupational therapy interventions in the conservative management of adults with conditions of the hand, wrist, and forearm: a systematic review and meta-analysis <u>Mrs Margo Sheerin</u>^{1,2} ¹HSE, Mid-West Acute Services, Rep of Ireland, Ireland, ²University of Limerick, School of Allied Health, Ireland
38	Evaluating The Semmes-Weinstein Monofilament Test: Benefits and Limitations in Acute Paediatric Practice <u>Ms Aimee Dymond</u>¹ ¹Children's Health Ireland at Crumlin, Dublin, Republic of Ireland
39	Implementation of an evidence-based advice and exercise programme for rotator cuff-related shoulder pain in Nigeria. <u>Dr Cynthia Srikesavan</u>² Mr Olowe Olajide O¹, Mr Abdulrafiq Salisu¹, ¹Department of Physiotherapy, National Orthopaedic Hospital, Dala-Kano, Nigeria, ²Public Health and Sport Sciences, University of Exeter, Exeter, United Kingdom
40	Improving the efficiency and effectiveness of hand therapy for Imperial College Healthcare NHS Trust (ICHT) patients with acquired musculoskeletal (MSK) conditions: a pilot telephone screening service quality improvement (QI) project <u>Miss Tamsin Lees</u>¹, Miss Natasha Allan¹, Mrs Katia Fournier¹, Miss Donna Kennedy¹ ¹Imperial College Healthcare NHS Trust, London, United Kingdom
41	Lend a Hand - Hand Therapy Provision with the Northwest Region <u>Miss Hannah Wilkinson</u>¹, Miss Maria Choi¹, Mr Edward Cornish¹, Miss Sarah Fendius¹, Miss Antonia Hoyle¹, Mr James Kennedy¹, Miss Hannah Sevenoaks¹, Mr Sanil Ajwani¹ ¹Mersey And West Lancashire Teaching Hospitals NHS Trust, Manchester, United Kingdom

42	Patient perception of a thumb osteoarthritis group's impact on self-managing their condition: a service evaluation Dr Rob Goodwin¹, <u>Miss Rachael Bamford</u>² ¹School of Medicine, University of Nottingham, NOTTINGHAM, United Kingdom, ²MOSAIC service, Nottingham CityCare Partnership CIC, NOTTINGHAM, United Kingdom
43	Precipitating Factors of Carpal Tunnel Syndrome in Menopausal Women: A Literature Review and Independent Scholarship. <u>Ms Melanie Albrecht</u>¹, Ms Nicole Glassey² ¹Oxleas NHS Trust, Frognal Avenue, Sidcup, United Kingdom, ²University of Derby, Derby, United Kingdom
44	Recovery and management of post-operative syndactyly release in a patient affected by Epidermolysis bullosa (a case presentation) <u>Miss Christy Fowler</u>¹, Mr Andrea Cudazzo¹ ¹Guy's And St Thomas' NHS Foundation Trust, London, United Kingdom
45	The evolution of hand therapy-led clinics for patients on outpatient plastic surgery waiting lists in the West of Ireland <u>Mr Brian O'Ceallaigh</u>¹, Ms Edel Siney¹, Ms Aisling Coen¹, Mr Alan J Hussey¹, Mr Niall M McInerney¹, Prof Jack L Kelly¹, Mr Kenneth M Joyce¹ ¹HSE West & Northwest / Galway University Hospital, Galway, Ireland
46	The Nottingham palmar plate arthroplasty (NPPA) for primary and post traumatic osteoarthritis of the metacarpophalangeal joint: A long-term review. <u>Mrs Justine Bullock</u>¹, Mr Avishek Das¹, Mr John Oni¹, Mr Ryan Trickett² ¹Nottingham University Hospitals NHS Trust, Nottingham, United Kingdom, ²Cardiff and Vale University Health Board, Cardiff, Wales

Hong Kong Society for Hand Therapy Annual Symposium: 27th- 28th February 2026

Opportunity for 2 BAHT members to attend and present
Bursary applications close this Sunday, scan the QR code to find out more



The 38th HKSSH Annual Congress

Reconstruction Without Boundaries

Call for Abstracts

Deadline for Submission: 10 December 2025

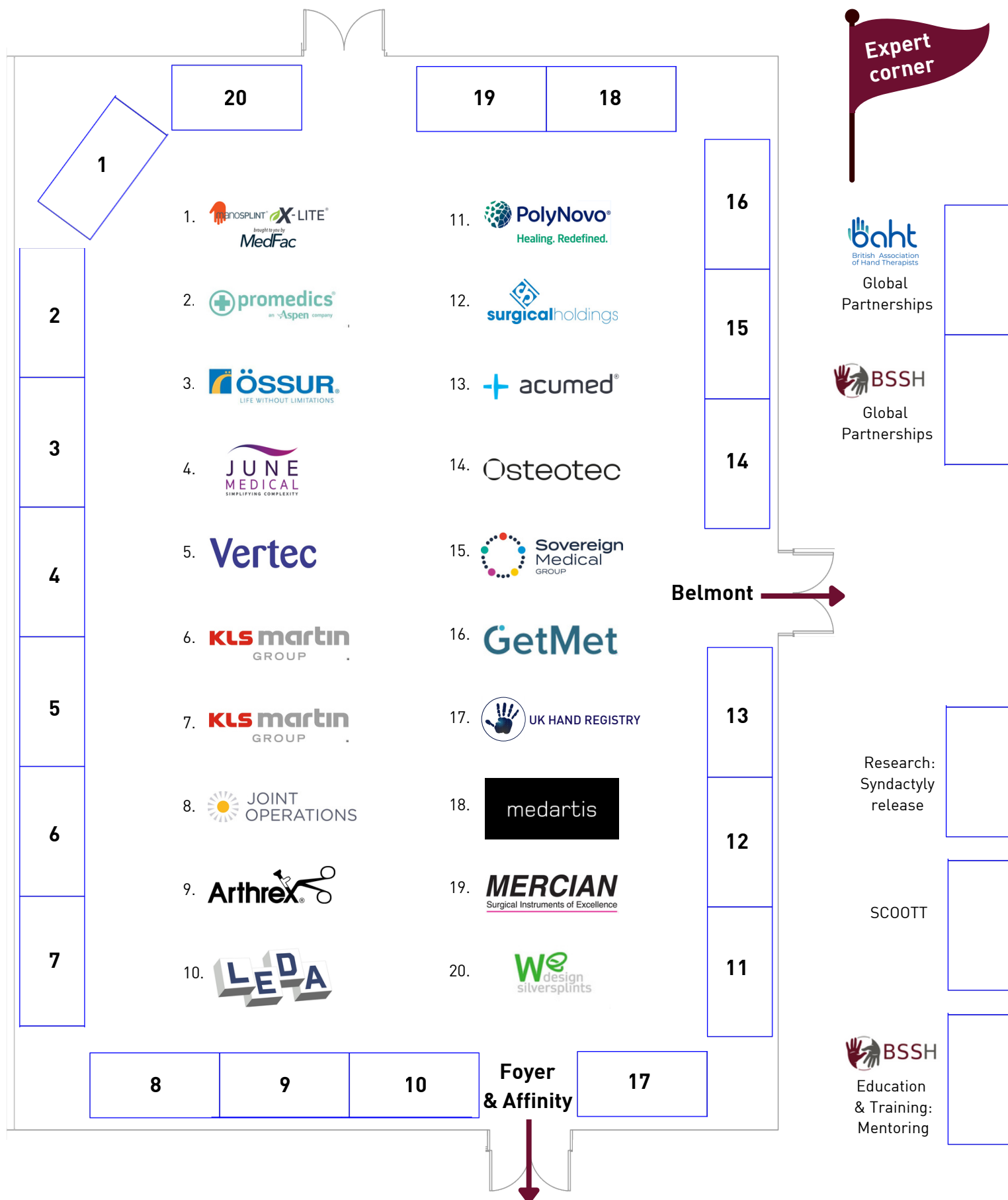


7th-8th March 2026



Eaton Hotel Hong Kong

380 Nathan Road, Jordan, Hong Kong





Acumed Ltd
Heubner House
The Fairground
Weyhill
Andover
SP11 0QN

Email: marketing@acumed.uk.com
Telephone: 01264 774450
Website: www.acumed.net

STAND 13

A Company Built on Ingenuity, Hard Work and Compassion. What started as a small family business in 1988 has since evolved into a global market leader, providing orthopaedic and medical solutions that improve patient care around the world.



Allard Support UK Ltd.
Coes Road
Dundalk
Co. Louth
A91 E868
Ireland

Email: customerservice@allarduk.co.uk
Telephone: 0800 055 4847
Website: www.allarduk.co.uk

STAND - FOYER

Allard UK designs, manufactures, and supplies specialist upper limb splints to the UK and Ireland. Our range includes Selection Hand and Wrist Splints, Thumb supports, S.O.T Upper Limb Resting Splints, and Elements Body Lycra Garments. We are dedicated to providing high-quality products, technical support, and service excellence delivering Support for Better Life!



Arthrex Ltd
Medical Education Centre
Innovation Point
Blythe Valley Business Park
Solihull
B90 8AG

Email: orders@arthrex.co.uk
Telephone: 01142 329180
Website: www.arthrex.co.uk

STAND 9

As a major player in the field of orthopaedic surgery for over 40 years, Arthrex produces and distributes medical devices in over one hundred countries around the world. Pursuing the mission of Helping Surgeons Treat Their Patients Better, Arthrex has pioneered the field of arthroscopy and has thus created more than 20,000 surgical products and procedures offering real advances in the practice of minimally invasive orthopaedic surgery. The medical significance of our contributions serves as our primary benchmark of success and will continue into the future as the legacy of Arthrex.



BAP Medical UK
11D Old Bridge Way
Sheffield
S610 5HQ

Email: info@esperehealth.co.uk
Telephone: 01462 346100
Website: www.esperehealth.co.uk

STAND - FOYER

Established over 20 years ago by a group of Medical Marketing Professionals, BAP Medical UK has built a fantastic reputation for supplying innovative and cutting-edge Medical Devices to Medical and Allied Professionals in the UK. We're small enough to treat our customers as individuals, taking time to explain how our products will benefit your patients but big enough to recognise the need for a sound evidence base. Come and spend a few minutes with us. Whether you are a podiatrist looking for an innovation in verruca treatment or a Physio wondering how to support C-Section clients - we're worth a few minutes

GetMet

GetMet by Ortotec Finland
Peurantie 14
40400, Jyväskylä
Finland

Email: nikke@getmet.co
Telephone: 07722 144697
Website: www.getmet.co

STAND 16

Ortotec Finland manufacture and distribute GetMet, a unique handheld metal detector designed for surgeons working with metal implants, pins and wires. The GetMet uses inductive sensing technology designed for titanium, stainless steel and cobalt to detect and hyper locate metallic objects by a localised electromagnetic field on the skin.

GetMet is reusable nor does it create ionising radiation. As a battery operated device with internally stabilised voltage, GetMet provides a long and problem-free operational time. There are three detection sensitivity ranges to choose from for precision detection of tiny metal fragments for easy removal. When powered on, the GetMet is ready to use within a few seconds with little to no training required.

GetMet are represented by Mr Nikke Osterback and Mr Nick Adair at the BSSH to further explore the use of GetMet in the field of surgery of the hand.



Joint Operations Ltd
Unit 11
Interface Business Park
Bincknoll Lane
Royal Wootton Bassett
Wiltshire
SN4 8SY

Email: service@jointoperations.co.uk
Telephone: 01793 575050
Website: www.jointoperations.co.uk

STAND 8

Founded in January 2015, Joint Operations provides a bridge between suppliers of innovative healthcare technologies and clinical teams working within joint & nerve preservation in the UK & Ireland.

Joint Operations partnered with Axogen, are the UK provider of sterilised human nerve graft in a range of lengths and diameters for nerve gap management.



June Medical Ltd
9 York Way
High Wycombe
Buckinghamshire
HP12 3PY

Email: verity@junemedical.com
Telephone: 01628 330 010
Website: www.junemedical.com

STAND 4

Galaxy II Surgical Retractors & HandMe® — Precision Redefined for Hand Surgery.

Building on the success of the Queen's Award-winning Galaxy II Surgical Retractors, the newest design — HandMe® — marks our breakthrough into the hand surgery space. HandMe® is engineered specifically to enhance precision, visibility, and control in delicate hand procedures. Developed in collaboration with leading surgeons, it delivers exceptional stability and access through a lightweight yet robust design — supporting greater efficiency and confidence in the operating room.

The JUNE Medical team will be delighted to meet you and demonstrate the product in action at Stand 4 during the BSSH event.



KLS Martin
Unit 1 Pincents Kiln Industrial Park,
Pincents Lane
Reading
RG31 7SD

Email: info.uk@klsmartin.com
Telephone: 0118 467 1500
Website: www.klsmartin.com

STAND 6 & 7

Surgical Innovation is our Passion.

This is a promise we have pursued in surgery since 1896. With this claim in mind, we develop and market medical technology solutions such as implant systems, electrosurgery units, surgical laser systems, OR lights, surgical instruments, trays and storage. And in many cases, we have set new benchmarks. The KLS Martin Group is the umbrella brand for the companies KLS Martin in Germany and in the USA, as well as numerous subsidiaries and representative offices throughout the entire world. Our products are used in more than 140 countries all over the world. We are proud of this achievement and will continue advancing patient treatment worldwide.

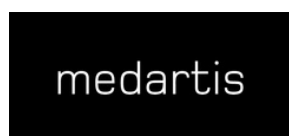


Leda Orthopaedics
Unit 4 Hinchbrook Business Park
Falcon Court
Falcon Road
Huntingdon
Cambs
PE29 6AH

Email: sales@ledaortho.com
Telephone: 01480 457222
Website: www.ledaortho.com

STAND 10

Independent, British distributors focusing on hand, wrist and upper extremity. Partners of skeletal dynamics, lepine, BRM extremities and owners of L3D osteotomy planning and custom implants.



Medartis Ltd
3 Pinnacle Way
Pride Park
Derby
DE24 8ZS

Email: customerserviceUK@medartis.com
Telephone: 01924 476699
Website: www.medartis.com

STAND 18

Medartis is the global innovation leader in implants for osteosynthesis in the fields of cranio-maxillofacial surgery as well as upper and lower extremities. Our products contribute significantly to the optimal restoration of bone fractures. This shortens the rehabilitation period for the patients and noticeably improves their quality of life.

“Restoring quality of life” is our purpose.



Kinetec Medical Products UK Ltd
7 Redan Hill Industrial Estate
Redan Road
Aldershot
GU12 4SJ

Email: enquiries@kinetecuk.com
Telephone: 03330 347400
Website: www.kinetecuk.com

STAND 1

MedFac are the market leaders in rehabilitation products, providing therapy devices, including hot and cold, hand therapy, orthopaedic traction devices, as well as footwear and insole solutions. We supply high quality products for professional and clinical customers, including consumers. Our Kinetec brand is synonymous worldwide with continuous passive motion (CPM) devices, representing reliability, longevity and user satisfaction. We are the exclusive distributors of leading brands Dr Active, supplying cold therapy devices and hand therapy brand Manosplint. Our Halo brand is well-established among medical professionals – particularly orthotists and podiatrists – due to the high quality design and manufacture, offering long-term value for patients. Being experts in our various product fields, MedFac can provide outstanding information and solutions to our customers, ensuring long-lasting confidence in our products and our brands.

At MedFac, we value the SET beliefs of service, environment and technology; driving our focus on the best possible customer service, caring for the environment and utilising the latest technology. MedFac UK Ltd head office is based in Aldershot, with offices in France and the US.

MERCIAN

Surgical Instruments of Excellence

Mercian Surgical Supply Co Ltd
10 Topaz Business Park
Topaz Way
Bromsgrove
Worcester
B61 0GD

Email: info@merciansurgical.com
Telephone: 0844 879 1133
Website: www.merciansurgical.com

STAND 19

Mercian are the UK's leading supplier of quality Hand Surgery Instruments including a comprehensive programme of microsurgery Instruments. Quality, precision, specialisation and service are the cornerstones of our company philosophy. Mercian Hand Surgery Instruments are the preferred choice of Surgeons and used in leading centres throughout the UK. We will be showing at the meeting; The original Acland Micro Vessel Clamps. Digiband finger tourniquets and S&T Micro Surgery Instrumentation.



NES Hand Therapy
Brookleigh
Milley Road
Waltham St Lawrence
Berkshire
RG10 0JR

Email: nes@neshands.co.uk
Telephone: 0203 488 3848
Website: www.neshands.co.uk

PRIZE SPONSOR

NES Hand Therapy training teaches specialist knowledge and skills in the field of hand therapy. These include BAHT validated courses at Level I and Level II, bespoke face to face and online courses as well as a range of online modules from core hand therapy modalities and conditions such as OA thumb; to more complex topics such as scapholunate ligament anatomy and injury. Nicola, Elaine and Sarah have a wealth of experience as clinicians and trainers of adult and paediatric hand trauma and acquired conditions of the hand and wrist. Special interests in musicians hands and wrist instabilities.



Össur UK
Unit No 1
S:Park
Hamilton Rd
Stockport
SK1 2AE

Email: ukprosthetics@ossur.com
Telephone: 03450 065 065
Website: www.ossur.com

STAND 3

At Össur, we pride ourselves on continuously pushing the boundaries to create some of the most effective, non-invasive mobility solutions on the market today. True advocates of "Life Without Limitations", our focus is on Prosthetic, Osteoarthritis and Injury Solutions.

For many years Össur has served an extensive range of medical professionals and worked closely with leading research and educational bodies in our field. We maintain a powerful service ethic, listening and responding to the diverse needs of our customers.

Osteotec

Osteotec Ltd
Building 81
Greenham Business Park
Newbury
Berkshire
RG19 6HW

Email: sales@osteotec.co.uk
Telephone: 01202 487885
Website: www.osteotec.com

STAND 19

Osteotec's mission is to provide industry-leading, specialist orthopaedic extremities solutions and superior services to healthcare professionals that improve patient outcomes, developing a comprehensive product portfolio and working with leading global manufacturers as their partner of choice.



PolyNovo UK Limited
10 John Street
London
WC1N 2EB

Email: info@polynovo.com
Telephone: 07961 243404
Website: www.polynovo.com

STAND 11

NovoSorb BTM (Biodegradable Temporising Matrix) is a unique synthetic dermal scaffold that provides an effective reconstructive option for a range of complex wounds. BTM is indicated for use in the management of wounds including partial and full thickness wounds, pressure ulcers, venous and diabetic ulcers, surgical wounds, trauma wounds, burns, and scar reconstruction. This unique matrix is composed of a wound-facing biodegradable open cell foam, bonded to a non-biodegradable transparent sealing membrane. BTM enables the generation of a vascularised neodermis, which provides a more robust foundation for wound reconstruction than grafting alone, limiting wound scarring and contracture.



Promedics Orthopaedics Ltd.
Port Glasgow Industrial Estate
Gareloch Road
Port Glasgow
Scotland
PA14 5XH

Email: enquiries@promedics.co.uk
Telephone: 01475 746400
Website: www.promedics.co.uk

STAND 2

Promedics, an Aspen Medical Products company, is the exclusive provider of Aspen Products in the UK. The company manufactures and distributes a wide range of innovative products and holds exclusive UK distribution agreements with leading international brands. With over 35 years' experience, Promedics has become a trusted supplier to the NHS, dispatching the majority of orders the same day from its 40,000 sq. ft UK facility. The business also delivers training and education programmes nationwide, showcasing its orthopaedic, orthotic and therapy products.

Its UK facility meets MDD, MDR and ISO 13485 requirements, ensuring products adhere to the highest standards. Working closely with the NHS and international partners in over 30 countries, the company ensures its products integrate the latest textiles, designs and benefits.

Promedics exclusively represents Aspen Medical Products, North Coast Medical and Orfit.



Sovereign Medical Limited
Unit 16, M11 Business Link
Parsonage Lane
Stansted
Essex
CM24 8GF

Email: kelly.williams@sovereignmedical.co.uk
Telephone: 01279 816167
Website: www.sovereignmedical.co.uk

STAND 15

Sovereign Medical is an award-winning UK innovator in orthopaedics, recognised by Innovate UK for R&D in ultrasound-guided surgery and clinical outcomes research. The company delivers advanced solutions across hand, wrist and upper-limb surgery, including Spirecut Sono-Instruments®, OsteoFab® PEKK implants, SmartBone®, Inion™ bioresorbables, RegJoint® and Maia™. Working across the UK, Europe, the USA and the Middle East, Sovereign combines surgeon-led product development, evidence generation, regulatory expertise and high-quality education. We partner with NHS and private providers to advance minimally-invasive pathways and improve outcomes.

We look forward to seeing friends and colleagues in Birmingham.



Surgical Holdings
7-10 Parkside Centre
Potters Way
Southend
SS2 5SJ

Email: info@surgicalholdings.co.uk
Telephone: 01702 602050
Website: www.surgicalholdings.co.uk

STAND 12

Manufacturer, repairer and distributor of high quality surgical instruments, sterile kirschner wires and endoscopes. Based in the UK and established for 35+ years, employing 60+ people. Distributor of the Chirobloc immobiliser.

Vertec

Vertec Scientific Ltd
Unit 44 Easter Park
Benyon Road
Silchester
Reading
RG7 2PQ

Email: sales@vertec.co.uk
Telephone: 0118 9702100
Website: www.vertec.co.uk

STAND 5

Established in 1979, Vertec Scientific Ltd is a leading supplier of high-quality medical imaging and radiotherapy equipment to healthcare providers across the UK. With a strong reputation for innovation, reliability, and customer support, Vertec partners with world-class manufacturers to deliver advanced solutions that enhance patient care and clinical performance. The company is proud to announce its appointment as the exclusive UK distributor for the Adaptix Ortho350, a revolutionary 3D orthopaedic imaging system that provides high-quality, low-dose images at the point of care. This new partnership reflects Vertec's ongoing commitment to bringing the latest imaging technology to UK healthcare professionals.



We Design
Brouwerijweg 112
6814 EN Arnhem

Email: we-design@silversplints.com
Telephone: + 31 26 3810166
Website: www.silversplints.com

STAND 20

Custom-made, craftsmanship in silver, comfort in motion.

Since 1999, We Design has been developing and producing medical Silversplints that perfectly combine functionality, aesthetics, and comfort. Light, open structure, and antibacterial – Silversplints offer numerous benefits: they are gentle on the skin, have a breathable structure, and a custom-fit design. Silversplints provide proven pain relief for rheumatoid arthritis, osteoarthritis, hyperextension, and joint laxity due to EDS and HMS. As an ISO 13485 certified company, We Design guarantees the highest quality, ensuring that users can rely on sustainable and effective support.



UK HAND REGISTRY

The British Society for Surgery of the Hand
Royal College of Surgeons of England
38-43 Lincoln's Inn Fields
London
WC2A 3PE

Email: secretariat@bssh.ac.uk
Telephone: 0207 831 5162

STAND 17

Be Part of the Future in Auditing Hand Surgery. Visit the UK Hand Registry Exhibition Stand.

Join Sharon Ross, the UK Hand Registry Database Administrator, and step into the world of the future with the UK Hand Registry! Whether you're a surgeon, trainee, hand therapist or simply curious, our stand offers a look at how auditing procedures can transform patient outcomes and has the potential to shape the future of hand surgery across the UK. Get hands-on, ask questions, make suggestions and find out how you can contribute to advancing care. Don't miss the chance to be part of something that could be game-changing for Hand Surgery!

Submit your manuscript to **Hand Therapy**

British Association of
Hand Therapists

Editor-in-Chief:
Tara Packham



Discover the benefits of
Sage Author Services
bit.ly/SAS_Info

*Source: Journal Citation Reports (Web of Science Group, 2025)

Visit the journal homepage to discover the aims and scope, the manuscript submission guidelines and directions on how to submit. You will also find the latest published papers, our most cited and most read articles, and the full benefits of becoming an author.

journals.sagepub.com/home/ht

Find information on the entire publishing process at Sage: why you should submit, what happens after acceptance, and your open access options.

You will also find resources to help increase citations and maximize the readership and impact of your research

sagepub.com/journals/information-for-authors



Submit your manuscripts online at
mc.manuscriptcentral.com/ht



Submit your manuscript to **Journal of Hand Surgery**

British Society for
Surgery of the Hand

Editor-in-Chief:
Wee Lam



Discover the benefits of
Sage Author Services
bit.ly/SAS_Info

*Source: Journal Citation Reports (Web of Science Group, 2024)

Visit the journal homepage to discover the aims and scope, the manuscript submission guidelines and directions on how to submit. You will also find the latest published papers, our most cited and most read articles, and the full benefits of becoming an author.

journals.sagepub.com/home/jhs

Find information on the entire publishing process at Sage: why you should submit, what happens after acceptance, and your open access options.

You will also find resources to help increase citations and maximize the readership and impact of your research

sagepub.com/journals/information-for-authors



Submit your manuscripts online at
editorialmanager.com/jhse/default.aspx





BSSH THE BRITISH SOCIETY FOR
SURGERY OF THE HAND

SCIENTIFIC MEETING 2026

4-6 NOVEMBER 2026 - EDINBURGH



AAHS
AMERICAN ASSOCIATION
FOR HAND SURGERY

with Guest Society:
American Association for Hand Surgery



BAHT COURSES

Progress your learning through the
completion of BAHT accredited courses in
2026!

Scan the QR code to find out more...



PROGRAMME OVERVIEW

THURSDAY 27 NOVEMBER			
	AFFINITY 1	BELMONT	ASHSTEAD SUITE
08:30	Welcome and Introduction		Welcome and Introduction
08:35	Free papers	Scaphoid session	Pain symposium
08:45			
09:30	Lacertus compression of the median nerve: Is it a clinically important site of median nerve compression?		
10:00	Refreshment break and Exhibition - Affinity 2 and Foyer		
10:30	Travelling Fellows session	Free papers	Paediatric symposium
11:15	Pioneer Lecture		The road from acute to chronic pain management: Practical ideas to help us avoid the potholes
11:45			
12:15	FESSH Certificate: Mr Peter Burge		
12:35	Lunch and exhibition - Affinity 2 and Foyer / Lunch Symposium - Polynovo 13:10-13:40		
13:35		Education and training update	
13:40	Tips on conditions	Stack Fellowship recipient update	Free papers
13:50		Beyond the scalpel: The BSSH Masters in Hand Surgery and what it really builds	
14:00		BSSH Global Partnership update	
14:50		BSSH Diversity and Inclusion survey results	
15:00	Refreshment break and Exhibition - Affinity 2 and Foyer		
15:30	Wrist update	The future of hand surgery? Collaboration and care closer to home	Trainee workshops: Managing the stiff hand
16:00		BOA update	
16:20		Interesting patches of clinical anatomy of the hand	
17:10		BSSH Annual General Meeting	

FRIDAY 28 NOVEMBER				
	AFFINITY 1	BELMONT	ASHSTEAD SUITE	
	Joint replacements in hand and wrist: Pearls	Free papers	Infographic presentation session	
09:00		FIRST Flexors trial update		
09:45		HandsFirst update		
10:00	Refreshment break and Exhibition - Affinity 2 and Foyer			
10:30	Free papers	The management of nerve pain	Poster presentations	
11:30		BAHT Presidential Address		
12:00	BSSH Presidential handover			
12:10	BAHT Presidential handover			
12:20	BAHT Surgical Patron handover			
12:25	BAHT Hand Therapist of the Year and Accredited Hand Therapist Certificate presentations			
12:35	Lunch and exhibition - Affinity 2 and Foyer / Lunchtime symposium - Joint Operations 12:35-13:05			
13:35		Research trials update	Children's Hand and Upper Limb Interest Group (CHAULIG)	
13:40	Case discussion: Hand fractures operative vs non operative treatment			
14:45	Functional recovery after finger trauma	Free Paper and Poster Prize presentation		
15:00	Refreshment break and Exhibition - Affinity 2 and Foyer			
15:30	Microsurgery	Examination workshop	Spasticity update	
17:00	Closing remarks			