



MEDICAL STUDENT AND TRAINEE INTRODUCTION TO HAND SURGERY COURSE



COURSE PROGRAMME



SATURDAY 20TH JANUARY 2024

10:00 Registration

Session 1

10:15	How bones heal	Alex Bolt
10:20	Fracture fixation & Medartis kit	Alex Bolt, Dan Hyde
10:30	Long oblique metacarpal fracture - lag screws	Tim Cresswell
11:00	Short oblique metacarpal fracture - lag screw & neutralisation plate	Tim Cresswell
11:30	Case discussions	Tim Cresswell
11:45	Transverse metacarpal structure - compression plate	Peter Russell
12:15	Soft tissue coverage in the hand	Rebecca Shirley

Lunch: 12:30 – 13:15

Session 2

13:15	Proximal phalanx base fracture - locking plate	Alex Bolt
13:45	Case discussions	Peter Russell
14:00	Distal radius fracture - locking plate fixation	Carlos Heras-Palou
14:30	Case discussions	Rebecca Shirley

Coffee break: 14:45 – 15:00

Session 3

15:00	Clinical examination of the hand & wrist	Alex Bolt, Carlos Heras-Palou
15:30	Case discussions	Alex Bolt
15:45	Case discussions	Carlos Heras-Palou

16:00 Feedback and closing remarks

COURSE FACULTY

Alex Bolt	Locum Consultant Hand & Wrist Surgeon, Pulvertaft Hand Centre, Royal Derby Hospital
Tim Cresswell	Consultant Hand & Upper Limb Surgeon, Pulvertaft Hand Centre, Royal Derby Hospital
Carlos Heras-Palou	Consultant Hand & Wrist Surgeon, Pulvertaft Hand Centre, Royal Derby Hospital
Dan Hyde	Medartis Representative
Peter Russell	Consultant Plastic & Hand Surgeon, Pulvertaft Hand Centre, Royal Derby Hospital
Rebecca Shirley	Consultant Plastic, Reconstructive and Hand Surgeon, Amersham Hospital, Buckinghamshire Healthcare NHS Trust