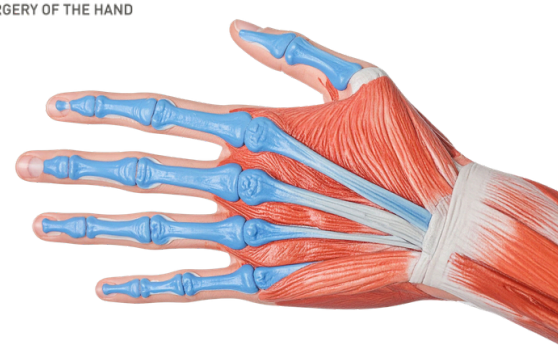
Instructional Course

Nerve and Tendon

5-6 February 2027, Manchester

BSSH THE BRITISH SOCIETY FOR SURGERY OF THE HAND



acumed Arthrex Sovereign Medical GROUP

PROGRAMME

FRIDAY 5 FEBRUARY		
TIME	TITLE	PRESENTER
08:15	Registration	
08:45	Welcome	Mike Lamyman Nick Riley
Session 1: Peripheral Nerve Injury		Chair: Nick Riley
08:50	Initial assessment and investigation of patient with a nerve injury	Akira Wiberg
09:00	Technique of primary nerve repair, nerve graft and conduits	Kate Brown
09:10	Principles of nerve transfers	Elspeth Hill
09:20	Surgical anatomy of the brachial plexus and classification of injury	Chye Yew Ng
09:30	Adult brachial plexus injury	Dominic Power
09:40	OBPI	Henk Giele
09:50	Panel discussion and questions	
Session 2: Peripheral nerve injury and neuropathic pain		Chair: Dan Thornton
10:10	Fracture related nerve injury	Sara Atkins
10:20	Iatrogenic nerve injury	Chye Yew Ng
10:30	Aetiology, assessment and non-operative management of neuropathic pain	Tudor Phillips
10:40	Surgical management of neuropathic pain	Elspeth Hill
10:50	Panel discussion and questions	

FRIDAY 5 FEBRUARY		
TIME	TITLE	PRESENTER
STASH Bootcamp 1 (Parallel session): Tendon basics (For Foundation/Core Trainees/Medical Students)		Hugh Wright George Hourston Jamal Khudr
10:10	Anatomy of flexor and extensor tendons	
10:25	Examination of flexor and extensor tendons	
10:40	Technique of flexor tendon repair	
10:55	Technique of extensor repair	
11:10	Coffee break	
Session 3: Tetraplegia and Upper Limb Spasticity		**Chair: Michael Lamyman**
11:40	Assessment of the upper limb spasticity patient	Elspeth Hill
11:50	Paediatric upper limb spasticity - Decision making and surgery principles	Sara Dorman
12:00	Adult upper limb spasticity - Decision making and surgery principles	Grainne Colgan
12:15	Tetraplegia Part 1: Assessment and classification	Anna Barnard
12:30	Tetraplegia Part 2: Principles of surgery	Simon Pickard
12:45	Panel discussion and questions	
STASH Bootcamp 2 (Parallel session): Nerve basics (For Foundation/Core Trainees/Medical Students)		Hugh Wright Jamal Khudr George Hourston Sarah Atkins
11:40	Anatomy of peripheral nervous system and how to draw the brachial plexus	
12:00	Examination of peripheral nervous system	
12:20	Classification of nerve injury	
12:40	Technique of primary nerve repair	
13:00	Lunch	

FRIDAY 5 FEBRUARY		
TIME	TITLE	PRESENTER
Session 4: Nerve entrapment in upper extremity		**Chair: Jess Steele**
13:45	Why do some nerves get compressed? Bottlenecks, insults and susceptibility	Akira Wiberg
13:55	Open decompressions of nerves in the upper extremity	Nola Lloyd
14:05	Endoscopic decompressions of nerves in the upper extremity	Dan Armstrong
14:15	Thoracic outlet syndrome	Kate Brown
14:25	Managing the failed cubital tunnel or carpal tunnel decompression	Henk Giele
14:35	Panel discussion and questions	
14:45	Coffee break	
Small group tutorials 1		
15:05	Small group 1	
15:50	Small group 2	
16:35	Small group 3	
17:20	Small group 4	
18:00	**Welcome reception**	

SATURDAY 6 FEBRUARY		
TIME	TITLE	PRESENTER
Small group tutorials 2		
08:30	Small group 5	
09:15	Small group 6	
10:00	Small group 7	
10:45	Small group 8	
11:25	Coffee break	
Session 5: Tendon injury and reconstruction		Chair: Russ Jeffers
11:45	Primary flexor tendon injury and repair	Jason Wong
11:55	Primary extensor tendon injury and repair	Anuj Mishra
12:05	Delayed flexor tendon reconstruction and pulley reconstruction	Dan Thornton
12:15	Rehabilitation following tendon repair	Emma Bamford
12:25	Panel discussion and questions	
12:45	Lunch	
13:30	Instructional Course Series 9 - Overview and preview of Series 10	Nick Riley, Michael Lamyman & Duncan Avis
Session 6: The inflamed tendon		Chair: Emma Bamford
13:40	Trigger finger	Russ Jeffers
13:50	De Quervains and intersection syndrome	TBC
14:00	Pulley injuries	Dan Armstrong
14:10	Attritrion ruptures	Jess Steele
14:20	Panel discussion and questions	
Session 7: Tendon transfers		Chair: Elspeth Hill
14:40	Median nerve tendon transfers	Donald Sammut
14:55	Radial nerve tendon transfers	Henk Giele
15:10	Ulnar nerve tendon transfers	Donald Sammut
15:25	Panel discussion and questions	
15:45	Close of meeting	

SMALL GROUP TOPICS		
1	Flexor tendon repair simulation (Arthrex)	Anuj Mishra, Hugh Wright & Russ Jeffers
2	Secondary flexor tendon reconstruction	Dan Thornton, Jason Wong & Jess Steele
3	Nerve transfer cases	Elspeth Hill & Chye Yew Ng
4	Tetraplegia cases	Anna Barnard & Simon Pickard
5	Upper limb spasticty cases	Grainne Colgan & Sara Dorman
6	Adult brachial plexus injury	Dominic Power & Kate Brown
7	Peripheral nerve ultrasound and sonosurgery (Sovereign)	Yaron Berkowitz, Ed Sellon, Preetham Kodumuri, Patrick Garfjeld Roberts & Nick Riley
8	Biomechanics of hand paralysis and the rationale for tendon transfers	Donald Sammut & Nola Lloyd



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