

# AVOID INJURY WHILST IN SELF ISOLATION



Burning  
Rubbish



Chip-pan  
Fires



Kettle Scalds



Iron  
Burns



Hob /  
oven



Cooking  
injuries



Hot food +  
drinks



DIY  
injuries



Steam  
inhalation



Electrical  
injuries



Circular  
Saws



Drink  
Responsibly



Hair  
Straighteners



Hot water  
bottles

## YOUR NHS NEEDS YOU!

### ALLOW YOUR HOSPITAL TO BEAT COVID-19

### BE SAFE AT HOME

### STAY SAFE AT HOME