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- Friday 26 April 11  

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If referring to this event on Twitter, please tag  
@BSSHand  
@BAHTHandtherapy
Presidents’ Welcome

Welcome to Swansea!
Croeso i Abertawe!

I am delighted to be hosting the Spring BSSH scientific meeting in my home town and workplace. I feel privileged to share this conference with Christy and the members of BAHT for our triennial get-together, and we’ve tried to accommodate a wide range of topics to suit all tastes.

Our international guest speakers are former presidents of their national societies with a vast knowledge and expertise of Hand Surgery and are sure to educate and entertain. Professor Neil Jones worked in Swansea at the start of his illustrious career and I am thrilled to be inviting him ‘home’. Karsten Kroner has a more tenuous link to Swansea through a Danish King, Sweyn Forkbeard who gave the town its name in the 10th century – ‘Sweyns ey’!

Professor Joe Dias needs no introduction and will deliver the Douglas Lamb Lecture, applying his wisdom and vast experience to ‘The Distal Radius Fracture Story’ – can’t wait. I have also tried to showcase some of our local talent, and I’m grateful for their contributions on their specialist topics as they relate to the hand. I’m sure you’ll find their lectures on ultrasound imaging, regional anaesthesia and hand burns stimulating and instructive.

I’m particularly looking forward to the sports injury rehabilitation session which features many of the leading therapists allied to a variety of sports and I’m grateful to Mike Hayton for organising it. Equally, the debate panel on CMCJ OA treatment dilemmas will no doubt stimulate and divide opinion, and I’m sure Nick Downing will skilfully orchestrate discussion.
It is very encouraging that we continue to receive a wealth of submissions for presentations and posters; I’m sure you’ll support our trainees in the ‘free paper’ sessions and provide constructive appraisal and questions. Please also show your support and thanks to the industry representatives who support these meetings – visit the stands, and make them feel welcome.

Finally, I hope you enjoy your stay in my ‘ugly lovely town’ and use the opportunity to visit the stunning Gower peninsula and its beaches, meet old friends and make new ones. The dinner will facilitate, and is being held in the beautiful Brangwyn hall. A Welsh male voice choir will welcome you all and after dinner there is dancing to the ‘Arrhythmics’.

**Dai Newington**  
**BSSH President**

I am honoured to welcome you all to the joint BSSH and BAHT triennial conference here in Swansea. I am proud of the very close and cohesive working relationship that BAHT and BSSH continue to have. The conference looks to showcase some fantastic collaborative working that has been occurring in the UK and give all delegates an opportunity to network and learn from each other.

I would like to take this opportunity to thank Mr Ian McNab who has been our honorary president for the past 3 years. He has been of tremendous support to BAHT and is a role model to all.

I hope you all enjoy the conference

**Christy Fowler**  
**Chair, BAHT**
Council & Executive Board

BSSH Council

Mr D P Newington, FRCS- President
Professor D Warwick, FRCS- Vice President
Mr D J Shewring, FRCS(Orth)- Immediate Past President
Mr J L Hobby, FRCS (Tr&Orth)- Honorary Secretary
Miss S Fullilove, FRCS- Honorary Treasurer

Miss M Birks, FRCS(Tr&Orth)- Council Member
Miss G Bourke, FRCS(Plast)- Council Member
Mr D E Boyce, FRCSI(Plast)- Council Member
Mr N Downing, FRCS(Orth)- Council Member
Mr W L Lam, FRCS- Council Member
Mr C Little, FRCS(Tr&Orth)- Council Member
Mr I S H McNab, FRCS(Orth)- Council Member
Mr Z Naqui, FRCS- Council Member
Mr C Y Ng, FRCS(Tr&Orth)- Council Member
Mr A Platt, FRCS(Plast)- Council Member
BAHT Executive Board

Ms C Fowler- Chair
Ms H Smith- Vice Chair
Ms N Hern- Director of Advertising
Ms E Ibrahim- Treasurer
Ms L Topcuoglu- Director of Journal
Mr S Sterry- Secretary
Ms S Tompkins- Director of Social Media
## Overview

**Wednesday 24 April - Trainee Day**

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<tr>
<th>Time</th>
<th>Great Hall Galleries</th>
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<tr>
<td>11:30</td>
<td>Registration &amp; Refreshments</td>
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<td>12:00</td>
<td>Introduction to Trainee Day</td>
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<td>12:05</td>
<td>Free Papers</td>
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<td>12:47</td>
<td>Guest Lecture - Time = Money = Stress</td>
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<td>Mentoring scheme for surgeons</td>
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<td>13:30</td>
<td>Lunch</td>
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<td>Guest Lectures - Optimising Yourself</td>
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<td>15:30</td>
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<td>15:51</td>
<td>Refreshments</td>
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<td>16:15</td>
<td>Guest Lectures - Crucial Interactions</td>
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<td>Comfort Break</td>
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<td>17:55</td>
<td>Announcement of winner of best paper</td>
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<td>Drinks Reception</td>
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<td>Presidents’ Welcome</td>
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<td>Guest Lectures - Regional anaesthesia in hand surgery</td>
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<td>Update - GIRFT</td>
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<td>Lunch, exhibitions &amp; poster presentations</td>
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<td>14:00</td>
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<td>Symposium - Getting game ready: what my sport demands of the hand</td>
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<td>Refreshments &amp; Exhibition</td>
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# Thursday 25 April

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<th>Great Hall Galleries</th>
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<td>16:10</td>
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<td>Guest Lecture - On the shoulders of giants: Advances in flexor tendon repair &amp; healing</td>
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<td>17:10</td>
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<td>BSSH Business Meeting (open to all BSSH members)</td>
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<td>Winner - best free paper from trainee session</td>
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<td>Advances in imaging of the hand and wrist - practical demonstration</td>
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<td>BAHT census results</td>
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<td>Guest Lecture - The history of hand surgery in Wales</td>
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<td>BAHT Awards</td>
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<td>Lunch, exhibitions &amp; poster presentations</td>
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<td>SOBI - sponsored Symposium</td>
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<td>Guest Lecture - Hand burns: Optimising outcomes</td>
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<td>Guest Lecture - Major hand trauma in children: Emergency treatment and secondary reconstruction</td>
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✓ Enable Therapy Services is an independent, client focused company delivering the highest standard of Rehabilitation and Vocational Case Management services.

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Programme
Wednesday 24 April

11:30  Registration & Refreshments (Great Hall Galleries)

Trainee Day - “What they don’t tell you in the books”
Great Hall 014

Chairs - Mr J Rodrigues, Ms L Newington

12:00  Introduction
Mr D Newington

Free Papers

12:05  Prophylactic antibiotic use in surgery for Dupuytren’s disease (PAiD survey)
Mr P Sinclair¹ (Presenter), Mr M Kadhum², Miss C Middleton¹ (Senior), (¹Reading, ²Oxford)

12:12  The difference in pulp to palm contact and finger angulation between simultaneous and delayed little and ring finger flexion
Miss L Taylor (Presenter), Miss A Sharaf, Miss S Jivan, Mr S Southern (Senior), (Wakefield)

12:19  Classical test theory and item response theory validity of the PEM in hand trauma differs from its validity in Dupuytren’s disease
Mr J Wormald¹ (Presenter), Mr J N Rodrigues¹, Mr N Gape², Dr C Gibbons³, Mr R Trickett² (Senior), (Oxford¹, Cardiff², Boston, USA³)
12:26 Scratch collapse test shows low accuracy after subjects mental conditioning
Ms E Ozyurekoglu (Presenter), Mr E D Smock (Senior), (Louisville, USA)

12:33 Do variations in local policies affect our understanding of epidemiology trends in hand surgery: comparing carpal tunnel decompression and basal thumb OA surgery
Miss K Smith¹ (Presenter), Miss J Lane², Professor D Furniss², Mr J Haeney¹ (Senior), (Hull¹, Oxford²)

12:40 Podium to paper: can full text publication be predicted by analysing meeting abstracts?
Mr J S Logan¹ (Presenter), Mr M Ricks¹, Dr R Ram², Mr A Mumith¹, Professor D Warwick¹, (Senior), (¹Southampton, ²Brisbane, Australia)

12:47 Guest Lecture: Time = Money = Stress
Professor D Warwick

13:15 Mentoring Scheme for Surgeons
BSSH Training & Education Committee, Mr A Kocheta

13:30 Lunch (Great Hall Galleries)

Guest Lectures

Optimising Yourself
Great Hall 014

14:15 Maintaining work-life balance
Ms L Ingham
14:30  Life Coaching
       Ms R Shirley

14:45  Keeping “fit” to treat patients
       Mr A MacLean

15:00  Fitting research into the 25th hour
       Mr M Gardiner

15:10  Allied health professional research
       Ms A M Hutchison

15:20  Discussion

Free Papers

15:30  Comparison of radiation exposure using mini C-arm and large C-arm fluoroscopy for distal radius fixation
       Dr S Sharkey (Presenter) (Senior), Mr T Nunn, Mr I McGraw,
       Mr O Bailey (Paisley)

15:37  The optimal method of repair of foveal triangular fibrocartilage complex (TFCC) tears: a systematic review
       Miss N Hope (Presenter), Mr D Gamble, Mr R Tahmassebi
       (Senior) (London)

15:44  Index finger PIPJ arthroplasty- a viable alternative to arthrodesis?
       Miss C Thomson (Presenter), Mr A Chojnowski, (Senior)
       (Norwich)
Guest Lectures

Crucial Interactions

Great Hall 014

16:15  Learning new techniques and introducing them to your unit
       Mr M Sood

16:30  Negotiating a job contract
       Mr J Oni

16:45  Team Leadership
       Ms A Kyle

17:00  Discussion

17:10  Comfort Break

17:15  Quiz
       Mr Z Naqui (Chair)

17:55  Announcement of winner of best paper

18:00  Drinks reception (Great Hall Galleries)
Thursday 25 April

08:00  Registration & Refreshments (Great Hall Galleries)

Sir Stanley Clarke Auditorium

09:00  Presidents’ Welcome
Mr David Newington, Ms Christy Fowler

Free Papers
Chairs: Ms Hayley Smith, Mr CY Ng

09:05  Evidence for a mandatory national registry for hand and wrist arthroplasty
Miss N Morrissey (Presenter), Miss R Owens, Miss V Nunez (Senior) (Camberley)

09:12  The Patient Evaluation Measure – what’s the score?
Mr N Gape¹ (Presenter) (Senior), Mr R Trickett¹, Mr G Charles² (¹Cardiff, ²Shrewsbury)

09:19  A bifactor model with pain, other hand symptoms, and general hand function resolves key validity issues with the PEM in Dupuytren’s disease: a UK Hand Registry data study
Mr J N Rodrigues¹ (Presenter), Professor C Jerosch-Herold², Ms E Gibbons¹, Professor A Price¹, Mr R Poulter³, Dr C Gibbons⁴ (Senior) (¹Oxford, ²Norwich, ³Truro, ⁴Boston, USA)

09:26  Dupuytren’s disease above the wrist
Ms J Hughes (Presenter), Mr A Bebbington, Mr D Newington (Senior) (Swansea)
09:33  Cost of illness and predictors of costs in carpal tunnel syndrome: results from a prospective longitudinal cohort study (the PALMS study)
Professor C Jerosch-Herold¹ (Presenter) (Senior), Dr E Wilson¹, Ms A Shaikh², Ms J Houghton¹, Dr J Blake¹, Professor L Shepstone¹ (¹Norwich, ²Cambridge)

09:40  Genetic evidence for a causal role of body mass index in the aetiology of carpal tunnel syndrome
Mr R Smillie (Presenter), Mr M Ng, Professor A Schmid, Professor D Bennett, Professor M Holmes, Professor D Furniss, Mr A Wiberg (Senior) (Oxford)

09:47  Outcome reporting in traumatic brachial plexus injury: an in-depth analysis to inform the development of a core outcome set, the COMBINE study
Mrs C Miller¹ (Presenter), Mr J O’Sullivan², Mr D Power², Dr J Cross¹, Professor C Jerosch-Herold¹ (Senior) (¹Norwich, ²Birmingham)

09:54  Work and function after carpal tunnel release: a qualitative study
Ms L Newington (Presenter), Dr C Brooks, Professor J Adams, Professor D Warwick, Professor K Walker-Bone (Senior) (Southampton)

10:01  The effect of social deprivation on the rate of carpal and cubital tunnel syndrome
Mr N Johnson (Presenter), Mr D Chasiouras, Miss J Greenwood, Professor C Bainbridge (Senior) (Derby)
10:08  The results of CMC joint arthrodesis of the osteoarthritic thumb using memory staples in middle aged men
Mr T Richards (Presenter), Ms A King, Mr D Newington (Senior), (Swansea)

10:15  Clinical and radiological outcomes of the pyrocardan interposition arthroplasty for trapeziometacarpal joint arthritis
Mr J S Logan (Presenter), Dr G Couzens, Professor M Ross (Senior), (Brisbane, Australia)

10:22  Hand injuries in elite Australian cricketers
Mr A J Nicholls¹ (Presenter), Dr J Orchard¹, Dr K Brooks², Dr A Saw², Dr A Kountouris², Dr D Wheen¹(Senior), (¹Sydney, Australia, ²Victoria, Australia)

10:30  Refreshments & Exhibitions (Great Hall Galleries)

Parallel Session
Great Hall 043

09:30  Getting involved with BAHT/BSSH overseas work
Mr Steve Hodgson (Speaker), Ms Meryl Glover (Speaker)

10:30  Refreshments & Exhibitions (Great Hall Galleries)

Sir Stanley Clarke Auditorium

11:00  Debate- Treatment dilemmas in patients with CMC joint OA
Chair: Mr Nicholas Downing
Panel: Professor Tim Davis, Professor Neil Jones, Mr Dougie Russell, Dr Karsten Kroener
Regional Anaesthesia in hand surgery

Chair: Mr Andrew Bebbington

12:00  How I do it - avoiding complications
       Dr S Ford

12:10  Therapeutic applications
       Dr C Egeler

12:20  WALANT
       Ms I Langdon

12:30  Clinical impact on hand surgery provision
       Dr T White

12:40  Questions and Discussion

12:50  Update - GIRFT
       Mr Jonathan Hobby

13:00  Lunch, Exhibitions & Poster Presentations (Great Hall Galleries)

Parallel Session

Great Hall 043

11:00  Guest Lecture- Strengthening in hand therapy
       Mr Darren Roberts

13:00  Lunch, Exhibitions & Poster Presentations (Great Hall Galleries)
Symposium

Getting game ready: what my sport demands of the hand

Sir Stanley Clarke Auditorium

**Chair:** Mr M Hayton

14:00 **Introduction**
   Mr M Hayton

14:10 **Climbing**
   Mr P Houghhoughi

14:25 **Tennis: A five stage model to return to competition**
   Mr R Hill

14:40 **Boxing**
   Mr I Gatt

14:55 **Gymnastics**
   Mr J Bucke

15:10 **Golf**
   Mr D Jones

15:25 **Extreme Sports**
   Mr D Roberts

10:30 **Refreshments & Exhibitions (Great Hall Galleries)**
Guest Lectures
Sir Stanley Clarke Auditorium

16:10  On the shoulders of giants- advances in flexor tendon repair and healing
   Chair: Mr D Boyce
   Speaker: Mr R Savage

16:50  The Viking hand
   Chair: Mr C Little
   Speaker: Dr K Kroener

17:10  BSSH Business Meeting

18:00  Close
Friday 26 April

08:00  Registration & Refreshments [Great Hall Galleries]

Free Papers
Sir Stanley Clarke Auditorium
Chairs: Ms D Kennedy, Mr I McNab

08:30  Acute management of thermal hand burns in adults: a review of the literature over the last ten years
Miss D Kazzazi (Presenter), Mr D Dargan, Ms D Limnatitou,
Ms Y Stubbington, Mr D Ralston (Senior) (Sheffield)

08:37  Botulinum toxin A in the treatment of Raynaud’s phenomenon secondary to systemic sclerosis- results of an open cohort study
Miss M Griffin (Presenter), Miss A Allan, Miss K Dhaliwal,
Mr K Howell, Professor C Denton, Professor P Butler (Senior) (London)

08:44  A cohort study of 209 patients with three-ligament tenodesis for chronic scapho-lunate interosseous ligament injury
Miss J Blackburn¹ (Presenter), Mr M van der Oest²,
Mr R Poelstra², Dr R Selles², Dr N Chen¹, Dr R Feitz³(Senior)
(¹Boston, USA, ²Rotterdam, Netherlands, ³Amsterdam,
The Netherlands)

08:51  The long-term results of silastic proximal interphalangeal joint arthroplasty for severe osteoarthritis of the index finger
Mrs L Ingham (Presenter), Mr T Richards, Mr D Russell,
Mr D Newington (Senior) (Swansea)
08:59 The small finger abduction test to evaluate the FCU tendon
Mr E D Smock (Presenter), Dr J Banda, Dr S Thirkannad (Senior) (Louisville, USA)

09:06 Trends in patient reported outcomes following primary flexor tendon repair
Dr J Totty (Presenter), Mr K Wilson, Mrs D Gilchrist, Mr R Pinder (Senior) (Kingston upon Hull)

09:13 Percutaneous corrective osteotomy for malunited metacarpal and phalangeal fractures
Mr C Jenkins (Presenter), Mr A Smith, Mr M Howard, Professor G Giddins (Senior) (Bath)

09:20 A review of a conservative management treatment pathway of hyperextension injuries of the PIPJ
Mrs R Capp (Presenter) (Senior) (Cardiff)

09:27 Teno-arthrolysis is more effective than splinting in the management of the stiff proximal interphalangeal joint- a systematic review
Dr P Sorooshian¹ (Presenter), Ms C Stewart¹, Mr T Smith², Ms C Hing¹, Ms S Cerovac¹, London (Senior) (¹London, ²Oxford)

09:34 Zone II flexor tendon repairs – a change in practice
Ms I Davies (Presenter) (Senior) (Swansea)

09:41 The use of ultrasound in diagnosing stener lesions of the thumb
Miss K Shah (Presenter), Dr Z Qamhawi, Dr G Kiernan, Dr C Azzopardi (Senior) (Oxford)
The adoption of an early rehabilitation pathway for fractured distal radius treated with open reduction internal fixation is beneficial for the patient and service. A Pilot
Miss S Thomson¹ (Presenter) (Senior), Mr A Bebbington¹, Mr P Hak², Miss V Evans¹, Ms L Ingham¹ (¹Swansea, ²Newport)

Clinical and cost implications of utilising immediate magnetic resonance imaging in the management of patients with suspected scaphoid fracture and negative radiographs
Mr S Gidwani (Presenter) (Senior), Mr T Rua, Ms B Malhotra, Dr S Vijayanathan, Dr L Hunter, Professor J Peacock, Dr J Shearer, Professor V Goh, Professor P McCrone (London)

Treatment of scaphoid non-union using a novel technique of free coracoid vascularised bone graft- one year review of results
Miss E Duggan (Presenter), Miss E Rothenfluh, Miss A Nascimento, Professor H Giele (Senior) (Oxford)

Prospective investigation of the relationship between dorsal tilt and carpal malalignment in acute distal radius fractures
Miss R Dias (Presenter), Mr N Johnson, Professor J Dias (Senior) (Leicester)

Assessment of outcome following partial wrist denervation for inflammatory arthritis
Miss T Peltz (Presenter), Mr L Yapp, Mr F Elherik, Mr S Breusch (Senior) (Edinburgh)

Distal radius fractures: is rotation an important factor in fixation?
Mr A Smith (Presenter), Mr J Filer, Professor G Giddins (Senior) (Bath)
Parallel Session
Great Hall 043

08:30  DISC PI Meeting
       Professor J Dias

10:30  Refreshments & Exhibitions (Great Hall Galleries)

Sir Stanley Clarke Auditorium

11:00  Trauma App Update
       Mrs S Tucker

11:08  Winner of best free paper from trainee session

11:15  Advances in imaging of the hand and wrist- practical demonstration
       Chair - Mrs S Tucker
       Speaker - Professor Rhodri Evans (Speaker)

Douglas Lamb Lecture

12:00  Back to the future: the distal radius fracture story
       Chair: Mr David Newington
       Speaker: Professor Joe Dias

13:00  Lunch, Exhibitions & Poster Presentations (Great Hall Galleries & Foyer)
**Guest Lecture**

12:45  *The history of hand surgery in Wales*

**Chair:** Mr D Newington  
**Speaker:** Mr D Shewring

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**Parallel Session**

Great Hall 043

11:00  **Panel Discussion- How can hand societies maximise the benefits of their overseas work?**  
**Chair:** Mr M Waldram  
**Panel:** Professor N Jones, Mr S Hodgson, Ms Z Clift

11:50  **Welcome to the UK Hand Registry**  
**Panel:** Mr R Poulter, Ms C Fowler, Mr M Horwitz

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**Guest Lecture**

12:10  *Manual Muscle testing in upper brachial plexus injury*

Ms C Miller

12:30  **BAHT census results**

12:50  **BAHT awards**

13:00  **Lunch, Exhibitions & Poster Presentations [Great Hall Galleries]**

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**SOBI Sponsored Symposium**

Great Hall 043 - **13:00** (see page 57)
Guest Lectures
Sir Stanley Clarke Auditorium

14:00  Hand burns- optimising outcomes
   Chair: Mr H Dafydd
   Speakers: Mr T Potokar, Ms J Evans

15:00  Major hand trauma in children- emergency treatment and secondary reconstruction
   Chair: Miss G Bourke
   Speaker: Professor N Jones

15:30  Refreshments & Exhibitions (Great Hall Galleries)

Guest Lectures
How I do it
Sir Stanley Clarke Auditorium

Chair: Mr D Warwick

16:00  Flexor tendon rehabilitation
   Ms A Roe (Presenter)

16:20  Wrist replacement
   Dr K Kroener

16:40  From TUPPER to NPP interposition arthroplasty
   Mr J Oni

17:00  Close
Posters

By Number

1. The use of augmented reality in hand and plastic surgery: a systematic review - 13:00 - 13:10 - Thursday 25 April
   Mr Y Al Omran¹ (Presenter), Miss T M Borg², Miss C Sohrabi², Mr A Abdall-Razak²,
   Miss H Nadama³, Mr A Ghanem² [Senior] (¹Stoke-on-Trent, ²London, ³Nottingham)

   Mr Y Al Omran¹ (Presenter), Mr V Quan², Mr M Kostosiak², Mr O Musbahia³,
   Mr A Ghanem², Mr S Myers² [Senior] (¹Stoke-on-Trent, ²London, ³Oxford)

3. Online patient information on hand transplantation: how reliable is it for facilitating shared decision making?
   13:20 - 13:30 - Thursday 25 April
   Mr S Ali¹ (Presenter), Dr M Quinn², Dr I Kyriazidis², Mr S Norton¹ [Senior]
   (¹Norwich, ²Bristol)

4. Using the Cast Index (Clx) as a predictor of displacement of paediatric forearm fractures after manipulation under anaesthesia - 13:20 - 13:30 - Thursday 25 April
   Mr J Allen (Presenter) [Senior], Mr Z Saeed, Mr S Woods (Leeds)

   Miss M Beattie (Presenter), Miss N Fine, Mr R Poulter [Senior] (Truro)
6  Hemi-hamate arthroplasty for middle phalanx volar lip and pilon fractures- a single centre experience
13:50 - 14:00 - Thursday 25 April
Miss R Bennett (Presenter), Mr D Dargan, Mr P Storey (Senior) [Sheffield]

7  “Getting it right first time”: a management protocol for acute and subacute fractures of the scaphoid
13:00 - 13:10 - Thursday 25 April
Mr O Berber¹ [Presenter], Mr J Stanton², Mr C Heras-Palou³, Mr S Gidwani⁴ (Senior) [¹Chelmsford, ²Kent, ³Derby, ⁴London]

8  Management of trigger finger disease according to BEST guidelines - 13:10 - 13:20 - Thursday 25 April
Miss M Griffin (Presenter), Mr E GeroKopoulos, Mr J Sinha (Senior) [London]

9  Closing the loop: are we managing adult trigger fingers in accordance with BEST guidance?
13:30 - 13:40 - Thursday 25th April
Dr T Howe (Presenter), Dr K Peters [Senior], Miss K Forbes [Frimley]

10  Posterior interosseous nerve palsy secondary to displaced silastic radial head spacer - case report
13:40 - 13:50 - Thursday 25 April
Miss H Jones (Presenter), Mr D Clark [Senior], Miss R Kampa, Mr T Volar [Worthing]

11  The use of the RegJoint implant in CMC joint arthritis: results with a minimum follow-up of two years
13:50 - 14:00 - Thursday 25 April
Ms A M Kennedy¹ [Presenter], Ms J Barker², Mr G Packer² (Senior) [¹Chelmsford, ²Southend]
12 Clinical and radiological results of total joint arthroplasties with MOOVIS® implant in the treatment of trapeziometacarpal osteoarthritis - 13:00 - 13:10 - Thursday 25 April
Dr A Martins (Presenter), Dr S Charbonnel (Senior) (Clermont-Ferrand, France)

13 A comparison of new referral to surgical intervention rates following the introduction of a Single Point of Referral pathway - 13:10 - 13:20 - Thursday 25 April
Mr W Matthews (Presenter), Mr M Wood (Senior) (Bury St Edmunds)

14 The novel deltopectoral flap for revascularisation of the brachial plexus - 13:20 - 13:30 - Thursday 25 April
Mr A Moosa (Presenter), Ms R Dolan, Mr H Giele (Senior) (Oxford)

15 An audit of time to surgery for distal radius fractures requiring surgery at two district general hospitals near Sheffield - is compliance with the NICE, BOA and BSSH guidelines feasible? - 13:30 - 13:40 - Thursday 25 April
Dr H O’Brien¹ (Presenter) (Senior), Mr J Wright², Mr A Azha², Mr A Odumala³, Dr L Majkowski³ (¹Rotherham, ²Chesterfield, ³Barnsley)

16 The use of web-based programmes and applications for adults in hand therapy in the United Kingdom - 13:40 - 13:50 - Thursday 25 April
Ms S Padmanabhan (Presenter) (Senior) (Southampton and Salisbury)

17 Efficacy of superficial heat therapy as an adjunct to exercises in rehabilitation of patients with distal end radius fractures - 13:40 - 13:50 - Thursday 25 April
Ms T Patwardhan¹ (Presenter), Mrs B Mhatre² (Senior) (¹Derby, ²Mumbai, India)
18 Factors predisposing to osteomyelitis of the hand: a one-year retrospective review - 13:00 - 13:10 - Friday 26 April
Miss S Poyntz [Presenter], Mr D Dargan, Miss J Caddick [Senior] [Sheffield]

19 A retrospective review of the compliance with therapy following distal biceps tendon reattachment surgery and the impact that has on the outcome - 13:10 - 13:20 - Friday 26 April
Mrs J Randall [Presenter] [Senior], Mr N Gape, Mr A Logan [Cardiff]

20 Role of the ligaments in restraining translation of the first carpometacarpal joint in the primary and secondary axes
13:20 - 13:30 - Friday 26 April
Mr W M Radzi Rusli [Presenter], Mr E Mirza, Dr S Tolerton, Dr S Yong, Dr R Johnson, Dr M Horwitz, Dr A Kedgley [Senior] [London]

21 Case report: ulnar nerve injury during contraceptive implant insertion - 13:00 - 13:10 - Friday 26 April
Miss A Sharaf [Presenter], Mr D Mather [Senior] [Wakefield]

22 How well do you know your power tools?
13:10 - 13:20 - Friday 26 April
Miss A Sharaf [Presenter], Miss S Jivan [Senior] [Wakefield]

23 Case Report: acute calcific periarthritis of metacarpophalangeal joint presented with acute pain and swelling
13:20 - 13:30 - Friday 26 April
Miss A Sharaf [Presenter], Miss S Jivan [Senior] [Wakefield]

24 Paediatric hypermobile small joints of the hand- a difficult problem to manage - 13:30 - 13:40 - Friday 26 April
Miss A Sharaf [Presenter], Miss E George, Mr S Southern [Senior] [Wakefield]
25 Isolated unilateral pterygium of the hand: case report of a complex congenital abnormality
13:30 - 13:40 - Friday 26 April
Miss C Sin-Hidge [Presenter], Mr R Slade, Mr I Josty [Senior] (Swansea)

26 A two-year evaluation of an occupational therapy-led injection clinic - 13:40 - 13:50 - Friday 26 April
Mrs L Small [Presenter], Mrs H Petherick, Mr N Gape [Senior] (Cardiff)

27 Patient-reported functional outcomes after fasciectomy for recurrent Dupuytren’s disease
13:50 - 14:00 - Friday 26 April
Mr P Stirling¹ [Presenter], Mr N Ng², Mr A Duckworth², Mr N Clement², Mr T Yeoman², Miss J McEachan¹ [Senior] (¹Dunfermline, ²Edinburgh)

28 Hand and forearm flaps: maximising utility of cadaveric specimens - 13:40 - 13:50 - Friday 26th April
Mr Mehul Thakkar [Presenter], Mr James Henderson [Senior] (Bristol)

29 A case series highlighting a new technique for stabilising a subluxing ulna nerve identified during cubital tunnel release
13:50 - 14:00 - Friday 26 April
Mr T Tickunas [Presenter], Mr H Dafydd, Mr D Russell, Mr David Newington [Senior] (Swansea)

30 Adverse outcomes of pulley venting during flexor tendon repair - a systematic review - 13:00 - 13:10 - Friday 26 April
Dr J Totty [Presenter], Mr A Allouni, Mr R Pinder [Senior] (Kingston upon Hull)
31 Outcomes following revision cubital tunnel decompression with an adjunctive porcine submucosal extracellular matrix nerve wrap - 13:10 - 13:20 - Friday 26 April
Mr O Uhiara (Presenter), Mr P Jordan, Mr T Chaudhry, Mr D Power (Senior)
(Birmingham)

32 The role of early MRI in the diagnosis of scaphoid and other wrist injuries in the presence of normal radiographs
13:20 - 13:30 - Friday 26 April
Mr O Uhiara (Presenter), Mr N Kain, Mr P Jordan, Mr V Dewan, Mr R Mallina,
Mr M Brewster (Senior) (Birmingham)

33 Hand salvage following near-fatal mucormycosis infection: case report of novel use of pool cleaner biocidal agent and irrigating V.A.C.® - 13:30 - 13:40 - Friday 26 April
Mr J Warbrick-Smith (Presenter), Mr H Dafydd (Senior) (Swansea)
## Poster Presentation Times

### Thursday 25 April

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### Friday 26 April

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**Foyer**  
Sage Publishing
Acumed is a global leader in developing innovative orthopaedic and medical solutions to improve patient care. Acumed has more than two decades of experience in the orthopaedic industry, staying true to the Acumed mission of aiding the afflicted through the ingenuity of our minds, the labour of our hands and the compassion of our hearts. Founded in 1988, Acumed is headquartered in Hillsboro, Oregon, with international offices and a global distribution network. The company delivers industry leading medical implants alongside an extensive medical professional education programme dedicated to improving patient outcome in surgery. Acumed has an extensive range of trauma fracture solutions for hand & wrist surgery, lead by Aclustrak 2 headless compression screw, the Hand Fracture System and Aculoc 2, the complete distal radius fracture solution. These fracture solutions are coupled with an international and UK based educational programme, training all levels of medical professional in a highly tailored fashion. For more information please visit www.acumed.net or download our free educational app available via iTunes.

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Stand: 7

Allard Support UK Ltd is a subsidiary company of Camp Scandinavia offering the distribution of Orthotic products from their range to the United Kingdom and Ireland. Allard UK also distributes the X-Lite range of low temperature thermoplastic material products to these same markets. Our aim is to provide technical support, superior products and service excellence to you, ensuring a positive difference to the lives of your patients, giving them Support For Better Life!. Because our team understands the importance of efficient lead times on order processing and manufacturing we are committed to making what seems impossible, possible when you need us to. We are continuously working with our partners and using feedback from you to improve on our product range and develop new innovative products for your patients.

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With over 40 year’s involvement in orthopaedics, our long & successful pedigree is unusual in this constantly changing market. We present:-

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Stand: 1

Enable Therapy Services is a leading provider of Rehabilitation and Vocational Case management providing quality assured assessments, reports and case management services to individuals who have experienced moderate to severe personal injuries, to solicitors, insurers and case management companies. We offer a tailored approach to assessment and treatment delivered by an exceptional nationwide network of 120 HCPC registered Occupational Therapists, including some of the country’s leading clinicians with specialist skills in Hand Therapy, Complex Orthopaedics, Amputations and Acquired Brain and Spinal Injury. Enable Therapy Services provide a ‘whole-person approach’ to psychological and physical health, enabling individuals to achieve their full potential by encouraging the use of rehabilitation and early intervention. With excellent relationship management, ETS promotes successful partnerships to achieve the best outcomes. Contact us to find out more about our services or to discuss a referral:

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Stand: 9
Integra Life Sciences, a world leader in medical technology, is dedicated to limiting uncertainty for surgeons. By using innovative materials, such as wear resistant PyroCarbon, for MCP, PIP, CMC joint and radial head replacement, and state of the art designs such as the Freedom wrist, developed from the Uni 2, Integra offers the orthopaedic extremity surgeon a wide range of solutions to upper limb problems. Please visit us during the meeting and learn more about our exciting products and to enquire about the next upcoming surgical training course.

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Email: csuk.ortho@integralife.ocm  
Website: www.integralife.eu  
Stand: 15

General Medical will be exhibiting the Mectron Piezosurgery Flex ultrasonic bone cutting unit. Ultrasonic bone surgery was invented and developed by Professor Tomaso Vercellotti and other experts over more than fifteen years and has become the method of choice in a wide range of surgical procedures involving osteotomies. Fine surgical inserts offer micrometric cuts with maximum surgical precision and intra-operative sensitivity. The selective cutting mode ensures minimal damage to soft tissues and great benefits in terms of postoperative pain and oedema, bone healing and union is greatly enhanced. Cavitation effect produces a blood free surgical site and enhances operative visibility. Visit the General Medical exhibit and try for yourself.

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Email: jane@generalmedical.co.uk  
Website: www.generalmedical.co.uk  
Stand: 6
Joint Operations a UK distributor with a mission statement to offer world leading options to UK clinicians in specialist joint preservation technologies across the main joints in the body. Working with our partners we offer proven solutions and niche products that within the surgical and non surgical areas. We have one of the widest ranges of Allograft options in the UK which includes Axogen's unique peripherals nerve allograft which revolutionises nerve repair.

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Lavender Medical specialise in supplying innovative osteosynthesis products to the orthopaedic community with a particular emphasis on extremities market. The company represents a number of leading research-focused manufacturers from Europe and the rest of the world to bring the latest technology and techniques available in the field of fracture fixation to the United Kingdom. Lavender Medical has a full range of innovative hand fusion devices for PIPJ, MCP and Carpal Fusions.

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- The original Acland Micro Vessel Clamps
- Our Digiband finger tourniquets
- Our Hand Surgery Instrument Set
- S&T Micro Sutures
- A complete range of S&T Micro Surgery Instrumentation

We will also be showing our popular Hand Surgery Instrument set.

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Email: info@merciansurgical.com
Website: www.merciansurgical.co.uk
Stand: 18

OSTEOTEC

Phone: 01202 487 885
Email: jackie.toms@osteotec.co.uk
Website:
Stand: 16
The BTE PrimusRS is widely used to offer a customised, objective, evidence based rehabilitation service. It is also being used to aid decision making and outcome measures on surgery. Using the BTE Primus RS you can objectively test and functionally rehabilitate in a simple, controlled, evidence based format. You can customise your testing and treatment to replicate different real-life scenarios to support the patient’s journey back to activities of daily living (ADLs). One hospital generates over £7,000 per month using the BTE PrimusRS. We also have solutions for scar and oedema management.

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Email: info@physiquipe.com
Website: www.physiquipe.com
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Email: sales@randdsurgical.com
Website: www.randdsurgical.com/index.html
Stand: 4

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Email: jess.wilson@sagepub.co.uk
Stand: Foyer
Sobi is an international rare disease company dedicated to providing access to innovative treatments that make a significant difference for people with rare diseases. We have two business areas: Haemophilia and Specialty Care. Our research and product portfolio is primarily focused on haemophilia, inflammation, and genetic and metabolic diseases. The United Kingdom and Republic of Ireland team is based in Cambridge and have been rated as the best company in Haemophilia in the UK through an annual independent survey in 2016, 2017 and 2018 (1st, 1st & 2nd), a centre of excellence for well-being in 2018 and one of the UK’s great places to work in 2017 and 2018.

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Email: mail.uk@sobi.com
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Phone: 01279 816 167
Website: www.sovereignmedical.co.uk
Stand: 11

Phone: 01702 602 050
Email: danielcoole@surgicalholdings.co.uk
Website: www.surgicalholdings.co.uk
Stand: 14
UK National Hand Registry

BSSH has developed a web-based hand surgery audit tool and employs a full-time Database Administrator to undertake most of the data collection and entry.

The audit tool will allow surgeons to audit their outcomes with minimal effort and compare their own results with the aggregated results from all BSSH members. Surgeons are encouraged to use their outcome data to inform their own appraisal and continuing professional development. This resource is available, free of charge, to all BSSH Full and Associate members.

Phone: 0207 831 5162
Email: Sharon.ross@bssh.ac.uk
Website: www.bssh.ac.uk
Stand: 20

Vertec

Vertec Scientific is a leading distributor of world class imaging, including the UK’s leading x-ray mini C-arm intraoperative system, the Hologic Fluoroscan InSight FD Flex. Designed from the outset for the surgeon, InSight’s flat detector system features superb, distortion-free, image quality via a 75 micron array and 2k x 1.5k resolution, ideal for small anatomy. To facilitate ease of use, InSight has easy positioning and distortion-free imaging with automatic motion and metal detection supported by touch screen operation. Importantly, no radiographer is necessary, since Vertec include comprehensive IR(ME)R training for surgeons along with full applications training for all staff as standard.

Phone: 01189 702 100
Email: sales@vertec.co.uk
Website: www.vertec.co.uk
Stand: 2
Information for Delegates

Venue
Swansea University, Bay Campus
Fabian Way, Cymlyn Burrows, Swansea, SA1 8EN

Conference Rooms
Main conference room- the Sir Stanley Clarke Hall
Parallel sessions- GH 043
Trainee day- GH 014
Exhibitions and refreshments- Great Hall Galleries
Poster area- Foyer

Registration and Information Desk
The registration and information desk in the Foyer will be open at the following times:

Wednesday- 11:30-18:00
Thursday 08:00-17:00
Friday 08:00–14:00

Cloakroom
A cloakroom is available in room GH018

Breast Feeding
We have provided a private space for breast feeding in room GH022

Trade Exhibition
The trade exhibition will be available to view throughout the conference in the Great Hall Galleries which are located along the outside of the main conference hall, the Sir Stanley Clarke Theatre.

Lunch and Refreshments
Catering points can be found in the Great Hall Galleries
**Bus service**

We will be running a bus service from a number of local hotels to and from the Bay Campus (for the conference) and Brangwyn Hall (for the society dinner). If you’d like to use these services, please be at the front of the relevant hotel at the below time.

**Thursday 25 April**

(Coaches will be departing from the following)

- The Marriott- 08:00
- Morgans Hotel- 08:10
- Village Hotel- 08:30

Returning to all three hotels, departing Swansea University Bay Campus, 17:30

We will also be providing the following coaches from four local hotels to take delegates to the Society Dinner at Brangwyn Hall

- Towers- 19:00
- Village Hotel- 19:10
- Morgans- 19:15
- The Marriott- 19:15

(coaches depart Brangwyn Hall for the return journey at 00:15)

**Friday 26 April**

- Village Hotel- 08:00
- Morgans- 08:00
- The Marriott- 08:10

Coaches will depart from Swansea University Bay Campus, taking delegates to Swansea Railway Station at 17:00 and 17:15

If you are staying at these additional hotels, they are a short walk from the following:

- The Dragon Inn- Morgans Hotel (0.5 miles)
- Swansea Central Travelodge- Morgans Hotel (0.3 miles)
Taping of Sessions
Any videoing, photography and sound recording of the conference sessions is strictly forbidden, without prior written permission from the organising committee.

Conference App
Download the conference app via your device’s app store – search for BSSH. The app provides the full programme, abstracts and speaker biographies in an easily accessible format that, once downloaded, can be used without a connection to the internet.

Wi-Fi
Connect to the network ‘SwanseaUni-Visitors SSID’
Once you are connected, you should be prompted to sign in- follow the log in instructions. If you are not prompted, open a web browser and type in the URL https://socialwifi.swansea.ac.uk

Poster Viewing
Poster viewing stations are available in the Great Hall Galleries

Future Meetings
BSSH/IHSS Autumn Scientific Meeting, 31 October-1 November, Dublin, Ireland

CPD Points
The following CPD points have been awarded for this meeting:
Wednesday- 4.5
Thursday- 7
Friday- 6.5
**Photographer**
We will be taking photographs during the event. If you would not like to be included in these, please contact the registration desk.

Certificates with confirmation of CPD points will be sent to all delegates in the week after the event by email.

**Registration**
Online registration is available throughout the conference- go to [http://bssh.meeting.org.uk/registration](http://bssh.meeting.org.uk/registration)

**Registration rates are:**

Thursday 25 April

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<td>£50</td>
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25 & 26 April (Main Scientific Meeting)

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Tickets for social events are not available to those registering while the meeting is in progress

**Social and Networking**

Wednesday 24 April- Drinks Reception

Attendees of the trainee day are invited to join Council for drinks in the Great Hall Bar from 18:00-19:00

Thursday 25 April- Society Dinner

The Society Dinner will be held on Thursday 25 April at Brangwyn Hall.

**Bus service**

We will be providing coaches from four local hotels to take delegates to the Society Dinner, departing at the following times from the front of the hotels:

- Towers- 19:00
- Village Hotel- 19:10
- Morgans- 19:15
- The Marriott- 19:15

(Coaches depart Brangwyn Hall for the return journey at 00:15)

Address: Brangwyn Hall, Guildhall, Swansea, SA1 4PE

Dress code: Lounge suits

**Schedule:**

- 19:30- Drinks reception
- 20:15- Dinner
- 22:30- Speeches and dancing
- 00:15- Carriages

If you registered in advance and are a BSSH or BAHT member and attending both days of the main scientific meeting, a ticket for the dinner is included in your registration fee. Additional tickets may be purchased, depending on availability, at £75 per ticket – please visit the registration desk for further information.
SOBI SYMPOSIUM

TREATING DUPUYREN’S CONTRACTURE - REAL WORLD EXPERIENCE

Friday 26th April 2019, 13:00
Great Hall 043, Swansea University Bay Campus

CHAIR:
Professor David Warwick
Hand Surgeon, University Hospital Southampton

SPEAKERS:
Our experience of treating Dupuytren’s with Xiapex
Mr Mark Brewster
Consultant Hand Surgeon, Royal Orthopaedic Hospital, Birmingham

The Xiapex experience in South Wales
Mr Dean Boyce
Consultant Plastic and Hand Surgeon, Morriston Hospital, Swansea

Lunch will be available at the symposium
Prompt start at 13:00

This symposium has been sponsored by

sobi
A number of you will know of me but for the benefit of those who don’t, I would like to tell you a bit about myself. I qualified in Birmingham and joined the Royal Navy gaining invaluable experience during the Falklands conflict. On leaving the Navy, I completed specialty training in Plastic and Reconstructive Surgery and have been a Consultant at the Nottingham University Hospitals since 1994.

Over the last 9 years I have led the development of PRASIS, a specialty-specific mutual indemnity scheme for plastic surgeons, which is now the largest provider of indemnity for plastic surgeons undertaking private practice in the UK. Working alongside colleagues, I played a major role in the development of the Code of Practice, something I firmly believe has been an important part in making PRASIS the success it has become.

As Founding Chair of the JCST Training Interface Group in Reconstructive Cosmetic Surgery, I led the development of Interface Fellowships in Reconstructive Cosmetic Surgery. Following this, I spent 6 years as Educational Adviser for all of the JCST Training Interface Groups, with additional responsibilities in Hand, Head and Neck, Breast and Cleft Lip and Palate Surgery. In 2017 I was awarded a Lifetime Achievement Award by Health Education England (HEE) for excellence in Postgraduate Medical Education. It has been a privilege to work with like-minded colleagues in other specialties and contribute to significant developments in postgraduate training. I was particularly honoured by the recognition of my role in improving relationships and developing effective collaboration between our different specialties.

I have extensive experience both as an examiner and as an assessor of examiners for the Intercollegiate Specialty Examination in Plastic Surgery and as the external examiner for the University of Manchester MSc course on Ageing skin and Aesthetic Medicine.

I am a member of a Nuffield Council on Bioethics Working Party dealing with Cosmetic Surgery which published a report *Cosmetic procedures: Ethical Issues* in June 2017 and was also an expert adviser to the GMC in developing *Good Practice in Cosmetic Surgery*.

I am the current President of BAPRAS, a Council member of the BAAPS and a member of BSSH. I am also working with the FSSA to improve practice across all UK surgical specialties.

Building on these experiences, I have spent the last 2 years establishing and developing INDIGO in collaboration with trusted expert insurance professionals as an indemnity scheme to assist surgeons and clinicians in all specialties. This scheme is underwritten by Lloyds of London, an A rated insurance market providing equivalent cover to the Medical Defence Organisations and more but on a non discretionary contractual basis. My aim is to foster the development of best practice and to offer membership of a supportive clinical community while also providing the opportunity to obtain comprehensive indemnity cover at a competitive cost. Indigo will support its members and the medical profession as a whole by working with individuals and specialty associations to cultivate professional values and specialty-specific skills.

Whether you are in Private practice, NHS only or are a trainee, please consider joining our community by contacting Peter Spencer on 07971 214781 or another member of our team on 0333 241 3025.

Alternatively please register your interest at [www.indigoindeemnity.com](http://www.indigoindeemnity.com)

Mark Henley
MB, ChB, FRCS (Ed), FRCS (Plast)
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