

Instructional Course Inflammatory and Degenerative Arthritis

6-7 June 2025



In educational partnership
with platinum sponsors:



Supported by: Sovereign Medical GROUP

Friday 6 June

Friday 6 June		
08:10hrs	Registration	
08:40hrs	Welcome - Chairs Instructional Course	Mr Mike Lamyman & Mr Nick Riley
Session 1: The Arthritic Wrist		Chair: Mr Michael Lamyman
08:45hrs	How do I know when to operate?	Mr Carlos Heras-Palou
08:55hrs	Is there a role for denervation?	Mr Dan Armstrong
09:05hrs	Where does arthroscopy fit in?	Mr Matt Brown
09:15hrs	Fusion or replacement in RA	
09:25hrs	Fusion or replacement in OA	Mr Oliver Stone
09:35hrs	Panel discussion/questions	
Session 2: Base of thumb OA		Chair: Mr Jonathan Hobby
09:55hrs	Natural history and non-surgical treatment	Mr Dan Thornton
10:05hrs	Is trapeziectomy still the gold standard?	
10:15hrs	Is trapeziometacarpal replacement the present or the future?	Dr Joris Duerinckx
10:25hrs	When should the CMC joint be fused?	Mr Sumedh Talwalkar
10:35hrs	What are the options for isolated STT joint pain?	Mr Dan Armstrong
10:45 hrs	Panel discussion/questions	
10:55 hrs	Refreshment break - 30 mins	
Session 3: The Rheumatoid Hand		Chair: Mr Sumedh Talwalkar
11:25hrs	Assessment of the rheumatoid patient?	Mr Carlos Heras-Palou
11:35hrs	Management of Swan Neck Posture	Miss Lauren Uppal
11:45hrs	Management of Boutonniere Posture	Mr Hywel Dafydd
11:55hrs	MCPJ Deformities - centralisation	Mr James Bedford
12:05hrs	MCPJ fuse or replace?	Mr Sam Gidwani
12:15hrs	Managing the thumb	Dr Joris Duerinckx
12:25hrs	Which operations are winners?	Mr Jonathan Hobby
12:35hrs	Panel discussion/questions	
12:45hrs	Lunch - 60 mins	
Session 4: Other Inflammatory arthropathies		Chair: Matt Brown
13:45hrs	How to manage the red hot swollen joint	Nicholas Riley
13:55hrs	Gout	Jess Steele
14:05hrs	Other crystal arthropathies	James Bedford
14:15hrs	Psoriatic arthropathy	Dan Thornton
14:25hrs	Panel discussion/questions	
14:35hrs	Refreshment break - 30 mins	
Small group tutorials 1		
14:45 - 15:25hrs	Rotation 1	
15:30 - 16:10hrs	Rotation 2	
16:15 - 16:55hrs	Rotation 3	
17:00- 17:40hrs	Rotation 4	
18:00 - 19:00hrs	Welcome reception	

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Saturday 7 June

08.00 hrs	Registration		
Small group tutorials 2			
08:30 - 09:10hrs	Small group 5		
09:15 - 09:55hrs	Small group 6		
10:00 - 10:40hrs	Small group 7		
10:45 - 11:25hrs	Small group 8		
11:25 hrs	Refreshment break - 20 mins		
Session 5: PIPJ			Chair: Mr Carlos Heras-Palou
11:45hrs	Natural History/nonsurgical treatment	Mr Sumedh Talwalkar	
11:55hrs	Should I fuse or replace?	Miss Lauren Uppal	
12:05hrs	Silastic Replacement	Mr Sam Gidwani	
12:15 hrs	Unconstrained replacement	Mr Jonathan Hobby	
12:25hrs	Fusion of the PIPJ	Mr Oliver Stone	
12:45hrs	Panel discussion/questions		
13:00hrs	Lunch - 50 mins		
Session 6: The Presidential Panel			Chair: Mr Nick Riley
13:50hrs	Case 1:	Mr Jonathan Hobby	
14:10hrs	Case 2:	Mr Carlos Heras-Palou	
14:30hrs	Case 3:	Mr Sumedh Talwalkar	
14:50hrs	Closing remarks and presentations	Mr Nick Riley and Mr Mike Lamyman	
Small group tutorials			
40 mins each with 5 mins turnaround			
1	Practical - osteomed fusion plates - Acumed	Mr Oliver Stone	+1 TBC
2	OA and RA DRUJ		Mr Carlos Heras-Palou
3	Ultrasound for the hand surgeon - a taster - Sovereign Medical	Mr Hywel Dafydd	+1 TBC
4	Managing post-trapeziectomy pain	Dr Joris Duerinckx - Friday	Mr Sam Gidwani
5	Practical - internal brace trapeziectomy - Arthrex	Mr Sumedh Talwalkar	Mr Matt Brown
6	PIPJ cases and surgical tips and tricks	Miss Lauren Uppal	Mr Jonathan Hobby
7	Therapy - self management - OA v RA	Ms Christy Fowler	Mr James Bedford
8	Tendon complications in rheumatoid arthritis	Mr Dan Thornton	Ms Jessica Steele

