# Module 10.1: Pain pathway and strategies to manage pain Simon

Objectives:

* Define pain, and why it is important
* Know the key nerve fibres involved in pain transmission
* Name 4 different types of pain and describe some of their differences
* Describe the typical features of complex regional pain syndrome
* Describe some different methods of managing pain that form part of "multi-modal" care

Links:

* Pulvertaft Webinar: Unravelling pain (46:40)

<https://www.youtube.com/watch?v=3JYhJeEun5Y&t=10s>

* Hand-e: Multi-modal pain management for Hand Surgery (14:24)

<https://www.assh.org/hande/s/watch?id=aBP5b000000B1shGAC>

Module QR Code:

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