







With Guest Society, The German Society for Surgery of the Hand



# **2024 AUTUMN**SCIENTIFIC MEETING

14-15 NOVEMBER - ICC, BELFAST NORTHERN IRELAND



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## **WELCOME**

Welcome to the BSSH meeting at The International Conference Centre at the Waterfront Hall in Belfast! We have not hosted our BSSH meeting in Belfast for over 20 years, so it is great to be back and see the merging of old and new in this historic city.

The dome of the Waterfront Hall building is coated in copper so its exterior will eventually mirror that of other historic buildings in Belfast including Belfast City Hall, our venue for the BSSH conference dinner.

The City Hall, opened in 1906, has many interesting features including a selection of stained glass windows. Some of these feature the Belfast coat of arms and the shields of the four provinces of Ireland - see if you can find those!



Have a look around the memorials which include the Titanic memorial, the George Best memorial and most recently the Mary Ann McCracken memorial.

The BSSH Pioneer lecture, in honour of David Evans, will be delivered by Marybeth Ezaki. Marybeth worked with David during her hand surgery fellowship in the UK. We are really delighted to welcome her back to share her inspirational journey in Hand Surgery.

I am delighted to welcome our guest society, The German Society for Surgery of the Hand. I would like to sincerely thank Max Haerle who has guided the collaborative programme with talks covering the history of hand surgery, the management of small joint arthritis and sessions on technical pearls and problem solving. The Global Partnership and Research Symposia along with the congenital hand, investigations update and reconstruction sessions will give you an insight into the cutting edge of hand surgery worldwide. A translational research theme runs throughout the meeting and will deliver opportunities to discuss, collaborate and plan future national and international ventures.

Thank you to the Irish Hand Society, Kevin Cronin (President), Denise Shirley, Claire Rowan and Ciara Fox who have guided the scientific and social programme and been an immense support in delivering this event.

I would like to extend my personal thanks to the BSSH Secretariat who support and guide us in delivering our charitable activities throughout the year. This meeting would not have been possible without the organisational and negotiation skills of Kavita Prashar, Kevin Powell and Head of the BSSH Secretariat, Charlotte Smith.

Thanks once again to the multi-talented James Henderson for the amazing artwork and to Gabby Pelczarska for the creation of all the promotional material and the production of this wonderful programme booklet.

I would also like to thank our industry partners and you, the BSSH members and guests, for travelling and participating in this scientific event.

Finally, I would like to thank my colleagues (current, past and future), the 2024 BSSH Officers and Council, the committee Chairs and members who have all helped to mould the programme and for supporting me during my presidential year. Thanks a million!

Viel Spaß! Céad míle fáilte go Belfast!





President 2024 Miss Grainne Bourke, FRCS(Plast)

Immediate Past President Mr Dean Boyce, FRCS(Plast)

Vice President Mr Carlos Heras-Palou, FRCS(Tr&Orth)

Vice President Elect Mr Wee Lam, FRCS(Plast)

**Honorary Treasurer** Mr Zaf Naqui, FRCS(Tr&Orth)

Honorary Secretary Mr Ian McNab, FRCS(Orth)

Council Member Mr Fortune Iwuagwu, FRCS(Plast)

**Council Member** Mr Jonathan Jones, FRCSEd(Tr&Orth)

Council Member Mr Hywel Dafydd, FRCS(Plast)

Council Member Mr Edwin Prashanth Jesudason, FRCS(Tr&Orth)

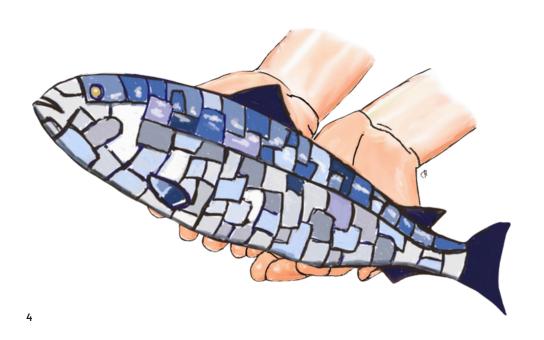
Council Member Mr Ian Dougal Russell, FRCSG(Orth)

Council Member Mrs Sarah Tucker, FRCS(Plast)

Council Member Ms Jane McEachan, FRCS(Orth)

**Council Member** Mr Sumedh Talwalkar, FRCS(Tr&Orth)

Council Member Miss Rebecca Shirley, FRCS(Plast)



# PROGRAMME OVERVIEW

MAIN LECTURE HALL (Hall 1A)		PARALLEL LECTURE HALL (Hall 1D)	
7.45	Registration		
8:30	Welcome		
8:35	Free papers session		
9.20	History in Hand Surgery	9.00	Global Partnership Symposium
10.00	Refreshment break - Hall 1BC	10.00	Refreshment break - Hall 1BC
10.30	BSSH collaborative successes	10.30	Non-operative treatment of Proximal Phalanx Shaft fractures
11.30	Reflections on current practice and evidence		
12.00	Guest lecture		
12.35	Lunch and exhibition - Hall 1BC	12.35	Lunch and exhibition - Hall 1BC
12.35	KLS Martin - Lunchtime symposium - see page 29		
13:30	Carpo/metacarpal joint osteoarthritis session	13.30	Research symposium
15.00	Refreshment break - Hall 1BC	15.00	Refreshment break - Hall 1BC
15.30	Session PIP joint arthroplasty/revision session	15.30	Infographic free papers session
16.25	Pearls to share session		
17.00	Close of scientific meeting programme	17.00	Close of scientific meeting programme
17.00	BSSH Annual General Meeting		
18.00	Close		

# PROGRAMME OVERVIEW

# **FRIDAY 15 NOVEMBER**

MAIN LECTURE HALL (Hall 1A)		P	ARALLEL LECTURE HALL (Hall 1D)
8.00	Registration		
8.35	Free papers session	8.30	Soft tissue and bone reconstruction session
9.30	Algorithms for fracture treatment session		
10.00	Refreshment break - Hall 1BC	10.00	Refreshment break - Hall 1BC
10.30	Investigations update	10.30	NIHR hand surgery trials - before and after
		11.15	Free papers session
12.00	BSSH Pioneer Lecture in honour of Mr David Evans		
12:30	Presidential Handover		
12.40	Lunch and exhibition - Hall 1BC	12.40	Lunch and exhibition - Hall 1BC
13.30	Research priorities session	13.30	Children's hand surgery, Congenital challenges session
15.00	Refreshment break - Hall 1BC	15.00	Refreshment break - Hall 1BC
15.30	How I do it session	15.30	CHAULIG session (45 mins)
17.00	Close of scientific meeting programme	17.00	Close of scientific meeting programme

# THURSDAY 14 NOVEMBER SCIENTIFIC MEETING PROGRAMME

		MAIN LECTURE HALL (Hall 1A)		PARALLEL LECTURE HALL (Hall 1D)
7.45	Registr	ation		
8.30	Welcon	пе		
8.35		<b>pers session</b> Mrs S Tucker and Mr B L O'Neill		
	8.38	The role of regional anaesthesia and daycase surgery in the management of upper limb spasticity Mr P Malone		
	8.46	Using Kaplan Meier analysis to estimate progression of Kienbock Disease and rate of surgical intervention Dr G Esworthy		
9.00	8.54	Using electrodiagnostic studies to guide surgical intervention in acute closed nerve injury Miss R Currie		
9.00	9.02	Using genetics to investigate causality in metabolic associations of carpal tunnel syndrome - a Mendelian randomisation study Miss A Wood	Global Partnership Symposium Chairs: Mr C Mariathas and Ms C Bossut	
		Distinct patterns of fracture propagation in distal radial fractures and the relationship to the ulnar head Prof G Giddins	9.00	Global Partnership Committee update Mr C Mariathas
			9.12	LION project update Mr J Jones
9.20	History Chairs:	r in Hand Surgery Mr D Russell and Mr K Cronin	9.24	LION fellow perspective (recorded talk) Dr G Ngondo
	9.20	History of Hand Surgery in Ireland Mr M Brennen	9.36	Sierra Leone: the development of a collaboration over more than a decade Mr S Hodgson
	9.40	History of the German Hand Society Prof M Langer	9.48	Panel discussion
10.00		Refreshment bre	ak - Ha	all 1BC
10.30	BSSH collaborative successes Chairs: Mr F Iwuagwu and Mr W Lam		Shaft	pperative treatment of Proximal Phalanx fractures s: Miss A Karantana, Mr R Trickett and Ms van

	10.30	Surgical Specialty Leads- 10 year anniversary Mr M Gardiner	10.30	POINT trial discussion Miss A Karantana
	10.42	Surgical Specialty Leads - my path, my role Dr E Reay	10.50	Non operative management - my technique Mr C Heras-Palou
	10.54	BOA Leadership course Ms C Quinlan	10.58	Non operative management - my technique Mr J Oni
	11.06	BSSH visiting fellow - Home and away Dr R K Hackenberg	11.04	Non operative management my - technique Prof G Giddins
	11.12	BSSH visiting fellow - Home and away Dr E C Blessing	11.10	Poole splint MS S Bradley
	11.18	Panel discussion	11.22	Non operative management - cases discussion Mr D Swain
11.30	<b>Refle</b> Chairs	ctions on current practice and evidence :: Ms C Fox and Mr I McNab	11.30	Panel discussion
	11.30	Characteristics of patients with CRPS after occupational injury Prof Dr med A Eisenschenk		
	11.40	The timing of intervention in nerve surgery in Erbs palsy Mr K Cronin		
12.00		lecture: Miss G Bourke		
	12.00	Hand Surgery in Europe, a journey and an out view Prof M Haerle		
	12.20	IFSSH - history, meetings and money Prof D Warwick		
	12.30	FESSH Update Miss G Smith		
12.35	Lunch	and exhibition - Hall 1BC	12.35	Lunch and exhibition - Hall 1BC
	12.35	KLS Martin - Lunchtime symposium 3D Planning with Patient-Specific Models, Guides, and Custom-Made Implants in the UK - Indications, Experiences and Results - see page 29		

13.30	Chairs: Mr Z Naqui and Dr.med. M Muehdorfer-Fodor			arch Symposium :: Miss A Karantana, Mr R Wade and Dr S
	13.30	Clinical approach to CMCJ OA Mr C Heras-Palou	13.30	RSTN studies & novel trial designs Mr M Gardiner
	13.37	Trapeziumectomy - how well does it really work Mr S Gangopadhyay	13.42	Results of the hand examination module of the population based cohort study SHIP  Dr S Kim
	13.44	Denervation for CMCJ Prof M Haerle		BI O KIIII
	13.51	Pyrocardan for CMCJ 0A - The Irish experience Ms 0 Flannery	13.54	Conrad Harrison on behalf of the EMCAT-2 study collaborative Mr C Harrison
	13.58	Indications and limitations of CMC prosthesis Dr H Lamou		
	14.05	Endoprosthetic treatment of carpometacarpal joint Dr med M Muehdorfer-Fodor	14.06	Very-big-data: linking international big data sets Miss J Lane
	14.12	Arthroplasty surgical tricks and tips Mr G Cheung	14.18	Hand surgery core outcome sets Mr S Deshmukh
	14.19	Preventing mishaps and complication Mr S Talwalkar	14.30	Panel discussion
	14.26	Why surgery is not an option for CMCJ OA Ms J McEachan		
	14.33	CMCJ case clinic Mr Z Naqui		
	14.43	Panel discussion		
15.00		Refreshment bre	ak - Ha	III 1BC
15.30		n PIP joint arthroplasty and revision session Miss D Shirley and Mr D Boyce	Chairs Jesud	raphic free papers session :: Ms R Dolan and Mr E Prashanth ason - 3 minute presentation, 1 minute e over
	15.30	When I would do and not do a PIP joint arthroplasty Mr D Shewring	15.35	Developing a teaching programme for the multidisciplinary hand team at the LION hospital, Malawi: current updates Miss K Owers
			15.39	Natural History of carpal collapse in Grade 3 and 4 Kienbocks disease as a guide for symptom based treatment Mr J Compson

	15.42	PIP joint arthroplasty Prof M Haerle	15.43	Botox relieves cold intolerance after hand injuries Dr A Riemen
			15.47	The use of biodegradable tissue matrix in LMIC: the Malawi experience Miss A Griffiths
	15.58	Revision after failed PIP joint arthroplasty Dr med M Lautenbach	15.51	Bioabsorbable implants for paediatric forearm fracture treatment: systematic review Miss M L Popescu
16.10	Panel	discussion	15.55	Panel discussion
			16.10	Developing a core outcome set for hand flexor tendon injuries in adults: a systematic review of treatment outcomes Mr S Deshmukh
			16.14	Local ANaesThEtic with AdReNaline (LANTERN) study: identifying current dogma and national training needs Mr S S Chung Tam
16.25		s to share session :: Miss R Shirley and Mr D Thornton	16.18	Patient outcomes for finger fractures and joint injuries (OFFJI) prospective cohort study  Dr C Mousoulis
	16.25	Corrective osteotomies of the fingers Prof M Langer	16.22	Surgical management of the hand in Apert Syndrome: a 27-year experience Ms R Vyas
			16.26	Atypical presentations with scaphoid nonunion: findings from a national audit Mr H Akehurst
			16.30	Outcomes of volar locking plates for scaphoid fractures – a single surgeon case series Ms L Tiedt
	16.38	Pitfalls and problems in the so called minor hand surgery Dr R Nyszkiewicz	16.34	Total active range of movement after treatment using a traction orthosis for extra-articular phalangeal fractures Mr D Harte
	16.50	Panel discussion	16.38	Panel discussion

17.00 Close of scientific meeting programme 17.00 BSSH Annual General Meeting 17.00 BSSH Annual General Meeting 17.00 Close  Close  Close  Close  Close  Society Dinner Thursday 14 November 19:30 Please go to the registration desk to inquire about tickets.  Venue: Belfast City Hall, Donegall Square N, Belfast, BT15GS  Dress code: Formal black tie				1110	SKSDAT 14 NOVEMBER
18.00 Close  Society Dinner  Thursday 14 November 19:30  Please go to the registration desk to inquire about tickets.  Venue:  Belfast City Hall, Donegall Square N, Belfast, BTI 5GS  Dress code:		17.00	Close of scientific meeting programme	17.00	Close of scientific meeting programme
Society Dinner Thursday 14 November 19:30 Please go to the registration desk to inquire about tickets.  Venue: Belfast City Hall, Donegall Square N, Belfast, BT156S Dress code:		17.00	BSSH Annual General Meeting	17.00	BSSH Annual General Meeting
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	Thurs Pleas Venu Belfa	sday 14 se go to le: ast City s code:	November 19:30 the registration desk to inquire abo Hall, Donegall Square N, Belfast, BT		

# FRIDAY 15 NOVEMBER

	Theatre 1 - Main Lecture hall - Hall 1A		Т	heatre 2 - Parallel Lecture hall - Hall 1D
8.00	Registration			
8.35	Chairs: Mr J Bedford and Miss C Chan		<b>Soft tissue and bone reconstruction session</b> Chairs: Prof Dr M Sauerbier, Mr W Bhat and Mr B L O'Neill	
	8.38	Long-term follow-up of dynamic external fixation in the management of complex pilon and interphalangeal joint fractures and dislocations Mr M Chan	8.30	Management and functional reconstruction of malignant tumour at the forearm and hand Prof Dr M Sauerbier
	8.46	One-stop clinic, a cost effective vision for streamlining elective care in hand surgery  Mr M Elmeligy	8.42	Reconstruction of osteocuteneous defects in hand surgery Prof Dr med S Rein
	8.54	Predicting the need for primary nerve surgery in brachial plexus birth injury patients with an intermediate test score (3.5-5.5) Mr   Natalwala	8.54	MTC hand and forearm replant / trauma reconstruction Mr W Bhat
	9.02	A multi-centre prospective audit to assess the prevalence of neuropathic pain in a population following surgical digital amputation Mr C Thomson	9.06	Upper limb trauma - salvage technique Mr M McBride
	9.10	Advancing hand surgical training: a 3D printed model for Carpal Tunnel release simulation Miss 0 E Priestland		
	9.18	A ten-year experience of scaphoid reconstruction using a free coracoid bone flap Ms L Syed	9.18	Injuries of the upper extremity in professional indoor skydivers Dr med A Tenbrock
9.30		ms for fracture treatment session Mr S Talwalkar and Mr R Hanson	9.30	Panel discussion
	9.30	Carpal dislocations and fracture dislocations - my algorithm Mr J Compson		
	9.45	Distal radial fractures - my algorithm for treatment Prof Dr med M Hakimi		

# FRIDAY 15 NOVEMBER

10.00		Refreshme	nt break -	· Hall 1BC	
10.30	Investigations update Chairs: Ms L Thompson and Ms K Browne			NIHR Hand Surgery trials - before and after Chairs: Mr D Power and Mr D Leonard	
	10.30	Cone beam CT in hand surgery Dr B Gibney	10.30	NEON outcome Mr M Gardiner	
	10.45	MRI/DTI in nerve imaging - current practice and future prospects Mr R Wade	10.50	Discussion	
	11.00	Ultrasound in ERBS Prof M Ezaki	11.00	SC00T Dr E Reay	
11.15	11.15	Nerve ultrasound to help diagnose upper extremity nerve entrapment and trauma		pers session Mr K Joyce and Mr J Bedford	
		Prof Dr N van Alfen	11.18	WAFER trial: a feasibility randomised controlled trial comparing wide-awake local anaesthesia no tourniquet (WALANT) to general and regional anaesthesia with tourniquet for flexor tendon repair – Interim analysis Mr R Faderani	
			11.26	Comparison of upper limb surgery versus botulinum toxin on quality of life of patients with stroke. Clinical trial Dr P Hurtado-Olmo	
	11.35	Panel discussion	11.34	Are too many nail beds repaired? Review of the evolution of decision making and it's impact at Oxford over a 10 year period demonstrates a marked reduction in procedures done Miss J V Loyala	
			11.42	Surgical versus non-surgical treatment for metacarpal shaft fractures in adults: a prospective feasibility study and embedded qualitative assessment of feasibility  Dr R Taha	
12.00	Evans	ioneer Lecture in honour of Mr David	11.50	Close of session	
	12.00	Converging heritage Prof M Ezaki			

	12.30	Presidential Handover Miss G Bourke, Mr C Heras-Palou and Mr W Lam		
12.40		Lunch and exh	ibition -	- Hall 1BC
13.30		rch priorities session :: Mr S Deshmukh, Miss A Karantana and Mr kett	Conge	en's hand surgery including CHAULIG enital challenges session :: Mr W Lam, Ms M Dempsey and Mr H Lewis
	13.30	Introduction to Research Prioritisation Miss A Karantana	13.30	PIP reconstruction in children with exostosis Dr W Hülsemann
	13.35	Building on the 2017 BSSH James Lind Alliance Top Ten Mr Ryan Trickett	13.42	Evo-Devo pathology: what we can learn and apply to patient care Mr W Lam
	13.45	BSSH Research Prioritisation Project Consensus Workshop Mr S Deshmukh	13.52	Macrodactyly/hemihypertrophy Prof M Ezaki
	14.05	Getting to grips with NIHR funded hand surgery trials Ms A Scantlebury	14.04	Thumb duplication Miss B Crowley
	14.25	Real world clinical data and observational study design in niche hand surgery Prof. RW Selles	14.16	Cases from panel Mr D Boyce and Mr K Cronin
	14.37	Panel discussion	14.35	Cases from panel Miss G Smith and Mrs A Jester
15.00		Refreshment	break -	Hall 1BC
15.30		do it session :: Mr P Maginn, Mr R Bains and Prof M r	15.30	CHAULIG meeting Business meeting all welcome Chair: Mrs A Jester
	15.30	Distal nerve transfers Prof Dr med S Rein		
	15.42	Constriction ring syndrome: indication and technique in secondary reconstruction Dr W Hülsemann		
	15.54	SL reconstruction Prof Dr K Megerle		
	16.06	DRUJ PQ interposition arthroplasty Mr M Eames		
	16.18	Pulley reconstruction in patients with bow stringing Prof M Langer		
	16.30	Panel discussion		14
	17.00		Close	

# FREE PAPER PRESENTATIONS

# Thursday 14 November

8.35 – 9.20 – ICC Belfast (Main Lecture Hall - Hall 1A) Chairs: Mrs S Tucker and Mr B L O'Neill

8.38	The role of regional anaesthesia and daycase surgery in the management of upper limb spasticity  Mr P Mikalef 1, Mr P Malone 1, Mr M Craigen (Senior) 1
	<sup>1</sup> Royal Orthopaedic Hospital, Birmingham, East Hanningfield, UK
8.46	Using Kaplan Meier analysis to estimate progression of Kienböck's Disease and rate of surgical intervention <u>Dr G Esworthy</u> <sup>1</sup> , <sup>2</sup> , Mr N Johnson (Senior) <sup>1</sup>
	<sup>1</sup> Pulvertaft Hand Centre, Royal Derby Hospital, Derby, UK, <sup>2</sup> Nottingham University Hospitals NHS Trust, Nottingham, UK
8.54	Using electrodiagnostic studies to guide surgical intervention in acute closed nerve injury  Miss R Currie <sup>1</sup> , Mr K McGarry <sup>1</sup> , Dr S Mackinnon(Senior) <sup>2</sup> <sup>1</sup> Ulster Hospital, Dundonald, UK, <sup>2</sup> Washington University School of Medicine, St. Louis, United States of America
9.02	Using genetics to investigate causality in metabolic associations of carpal tunnel syndrome - a Mendelian randomisation study  Miss A Wood 1, Miss C Lovegrove 1, Professor D Furniss 1, Mr A Wiberg (Senior) 1  1 Nuffield Department of Orthopaedics, Rheumatology and Musculoskeletal Sciences, University of Oxford, UK
9.10	Distinct patterns of fracture propagation in distal radial fractures and the relationship to the ulnar head Mr S Sassi <sup>‡</sup> , Prof G Giddins (Senior) <sup>1</sup> ¹Royal United Hospitals, Bath, UK

# Thursday 14 November

15.35-17.00 (Parallel Lecture Hall - Hall 1D) Chairs: Ms R Dolan and Mr E Prashanth Jesudason

15:35	Developing a teaching programme for the multidisciplinary hand team at the LION hospital, Malawi: current updates  Lt Col Dr G Ngondo², Dr B Munthali², Miss S Mee¹, Miss J Choong³, Mr G Hourston⁵, Mr S Parker⁴, Mr B Wood³, Mr C Heras-Palou², Mr W Lam⁶, Miss K  Owers (Senior)¹  ¹Chelsea and Westminster Hospital, London, UK, ²Lilongwe Institute of Orthopaedics and Neurosurgery, Lilongwe, Malawi, ³NHS Lothian, Edinburgh, Scotland, ⁴Freemantle Hospital, Australia, ⁵East Suffolk and North Essex NHS Foundation Trust, Colchester, UK, ⁶Singapore General Hospital, Singapore, 7Pulvertaft Hand Centre, Derby, UK
15:39	Natural history of carpal collapse in Grade 3 and 4 Kienböck's disease as a guide for symptom-based treatment Miss Y Khan¹, Dr C Chandrakumar¹, Mr J Compson (Senior)¹  ¹Kings College Hospital, London, UK
15:43	Botox relieves cold intolerance after hand injuries <u>Dr A Riemen<sup>1</sup></u> , Ms J Lynch <sup>1</sup> , Dr S Naji <sup>1</sup> , Professor P McArthur (Senior) <sup>1</sup> <sup>1</sup> Wrightington Hospital, Aberdeen, UK
15:47	The use of biodegradable tissue matrix in LMICs: the Malawi experience Miss A Griffiths <sup>1</sup> , Dr G Ngondo <sup>2</sup> , Ms S Fullilove <sup>3</sup> , Mr S Walsh <sup>4</sup> , Mr J Jones <sup>5</sup> , Professor A Tolat (Senior) <sup>6</sup> <sup>1</sup> Royal Victoria Hospital, Gateshead, UK, <sup>2</sup> Lilongwe Institute of Orthopaedics and Neurosurgery, Lilongwe, Malawi, <sup>3</sup> University Hospitals Plymouth NHS Trust, Plymouth, UK, <sup>4</sup> Dorset County Hospital NHS Foundation Trust, UK, <sup>5</sup> Peterborough and Stamford Hospitals NHS Trust, UK, <sup>6</sup> Medway Maritime NHS Foundation Trust, UK
15:51	Bioabsorbable Implants for paediatric forearm fracture treatment: a systematic review  Dr G Al-Dairy <sup>1</sup> , Miss M Loredana Popescu <sup>1</sup> , Dr F Eastwood <sup>1</sup> , Ms L Hunwick <sup>1</sup> , Ms C Henney <sup>1</sup> , Mr P Buddhdev (Senior) <sup>1</sup> ¹Broomfield Hospital, Chelmsford, UK

16:10	Developing a core outcome set for hand flexor tendon injuries in adults: a systematic review of treatment outcomes  Mr S Deshmukht, 2, Professor C Jerosch-Herold³, Dr L Miller⁴, Dr A Fuller², Mr A See², Dr P Leighton⁵, Miss A Karantana (Senior)²  ¹Pulvertaft Hand Centre, Derby, UK, ²Centre for Evidence Based Hand Surgery, University of Nottingham, UK,³School of Health Sciences, University of East Anglia, Norwich, UK,⁴Occupational Therapy Department, Norfolk & Norwich University Hospitals Foundation NHS Trust, Norwich, UK,⁵Centre of Evidence Based Dermatology, University of Nottingham, UK
16.14	Local ANaesThEtic with AdReNaline (LANTERN) study: identifying current dogma and national training needs  Mr S Chung Tam³, Mr P Tagdiwala⁴, Mr J Wormald², Professor M Gardiner (Senior)¹  ¹Frimley Health NHS Foundation Trust, Slough, UK, ²Oxford University Hospitals NHS Foundation Trust, Oxford, UK, ³University of Cambridge Medical School, Cambridge, UK, ⁴University College London, UK
16.18	Patient outcomes for finger fractures and joint injuries (OFFJI) prospective cohort study <u>Dr C Mousoulis¹</u> , Mr R Trickett², Professor K Thomas¹, Dr P Leighton¹, Dr A Karantana (senior)¹  ¹ The University of Nottingham, UK,²Cardiff and Vale University Health Board, Cardiff, UK
16.22	Surgical management of the hand in Apert Syndrome: a 27-year experience  Ms R Vyas¹, Ms M Jakeman¹, Ms M Kelly¹, Mr P McArthur (Senior)¹ ¹Whiston Hospital, Liverpool, UK,²The Hospital for Sick Children, Toronto, Canada, ¾Ider Hey Children's Hospital, Liverpool, UK
16.26	Atypical presentations with scaphoid nonunion: findings from a national audit  Mr H Akehurst <sup>1</sup> , Ms J Cheuk <sup>1</sup> , Mr W Mason (Senior) <sup>1</sup> <sup>1</sup> Gloucestershire Hospitals NHS Foundation Trust, Cheltenham, UK
16.30	Outcomes of volar locking plates for scaphoid fractures – a single surgeon case series  Ms L Tiedt¹, Ms A O'Halloran¹, Ms O Flannery (Senior)¹ ¹Connolly Hospital Blanchardstown, Blanchardstown, Ireland
16.34	Total active range of movement after treatment using a traction orthosis for extra-articular phalangeal fractures  Mr D Harte (Senior) <sup>1</sup> , Dr L Ramsey <sup>1</sup> , Miss L Wilson <sup>1</sup> , Professor S Martin <sup>1</sup> Southern Health and Social Care Trust, Craigavon, UK

# Friday 15 November

8.38 - 9.26 (Main Lecture Hall - Hall 1A) Chairs: Mr J Bedford and Miss C Chan

8.38	Long-term follow-up of dynamic external fixation in the management of complex pilon and interphalangeal joint fractures and dislocations  Mr M Chan1, Mr B Patil1, Professor G Giddins (Senior)  Royal United Hospitals Bath, Bristol, UK
8.46	One-stop clinic, a cost-effective vision for streamlining elective care in hand surgery  Mr M Elmeligy <sup>1</sup> , Mr A Zaheer Pathan <sup>1</sup> , Mr R Chauhan <sup>1</sup> , Miss N Picardo (Senior) <sup>1</sup>
	<sup>1</sup> Royal Berkshire Hospital NHS Foundation Trust, Lincoln, UK
8.54	Predicting the need for primary nerve surgery in brachial plexus birth injury patients with an intermediate test score (3.5-5.5)  Mr   Natalwala <sup>1</sup> , Dr H Clarke <sup>2</sup> , Dr K Davidge (Senior) <sup>2</sup>
	<sup>1</sup> Leeds Teaching Hospitals, Leeds, UK, <sup>2</sup> The Hospital for Sick Children, Toronto, Canada
9.02	A multi-centre prospective audit to assess the prevalence of neuropathic pain in a population following surgical digital amputation  Mr C Thomson 1, Mr N Lotfi 2, Mr H Roocroft 3, Dr N A M Haniffa 2, Mr S Nisar 2, Dr A Selby 2, Mr C McGhee 1, Mr J Henderson 3, Miss K Brown 2, Mr N Johnson 2, Mr P Malone 1, Mr D Power (Senior) 1
	<sup>1</sup> Queen Elizabeth Hospital, Birmingham, UK, <sup>2</sup> Pulvertaft Hand Centre, Derby, UK, <sup>3</sup> Southmead Hospital, North Bristol NHS Trust, Bristol, UK
9.10	Advancing hand surgical training: a 3D printed model for Carpal Tunnel release simulation Miss S Chacon-Gonzalez <sup>1</sup> , Miss O E Priestland <sup>1</sup> , Mr V Nagappan <sup>1</sup> , Mr J Brown <sup>1</sup> , Mr R Haghighi Osgouei <sup>1</sup> , Mr F Bello <sup>1</sup> , Mr M D Horwitz (Senior) <sup>2</sup>
	<sup>1</sup> Imperial College London, UK, <sup>2</sup> Chelsea Westminster Hospital, NHS trust, London, UK
9.18	A ten-year experience of scaphoid reconstruction using a free coracoid bone flap  Ms L Sayed <sup>1</sup> , Mr H Giele (Senior) <sup>1</sup>
	¹Oxford, UK

# Friday 15 November

Free paper session 11.18 - 11.50 (Parallel Lecture Hall - Hall 1D) Chairs: Mr K Joyce and Mr J Bedford

11.18	WAFER trial: A feasibility randomised controlled trial comparing wide-awake local anaesthesia no tourniquet (WALANT) to general and regional anaesthesia with tourniquet for flexor tendon repair - Interim analysis Mr R Faderani¹,², Mr M Kanapathy¹,², Miss J Bray¹, Dr H M Dehbi², Prof C Vindrola-Padros¹, Dr E Beecham², Dr A Prasad², Ms M De La Cruz Monroy¹, Miss N Burr³, Prof N Williams², Mr Y Al-Ajam¹, Mr W Bhat³, Mr J Wong⁴, Prof A Mosahebi¹,², Mr D Nikkhah (Senior)¹,²  ¹Royal Free London NHS Foundation Trust Hospital, London, UK, ²University College London, UK,³Leeds Teaching Hospitals NHS Trust, Leeds UK,
	<sup>4</sup> Manchester University NHS Foundation Trust, Manchester, UK
11.26	Comparison of upper limb surgery versus botulinum toxin on quality of life of patients with stroke. Clinical trial <u>Dr P Hurtado-Olmo<sup>1</sup></u> , Dr Á G Santos <sup>1</sup> , Dr L del Olmo-Iruela <sup>1</sup> , Dr B Castro-Ropero <sup>1</sup> , Dr A Isabel Bueno-García <sup>1</sup> , Dr P Hernández-Cortés (Senior) <sup>1</sup>
	<sup>1</sup> San Cecilio Clinical University Hospital, Granada, Spain
11.34	Are too many nail beds repaired? Review of the evolution of decision making and its impact at Oxford over a 10 year period demonstrates a marked reduction in procedures done Miss J V Loyala <sup>1</sup> , are Dr Hetty Breed <sup>1</sup> , Mrs S Tucker (Senior) <sup>1</sup> <sup>1</sup> John Radcliffe Hospital, Oxford University Hospitals NHS Foundation Trust
11.42	Surgical versus non-surgical treatment for metacarpal shaft fractures in adults: a prospective feasibility study and embedded qualitative assessment
	of feasibility <u>Dr R Taha<sup>1,2</sup></u> , Associate Professor P Leighton <sup>3</sup> , Professor T Davis <sup>4</sup> , Professor A Montgomery <sup>3</sup> , Clinical Associate Professor A Karantana (Senior) <sup>3</sup> , <sup>4</sup>
	<sup>1</sup> Centre For Evidence of Evidence Based Hand Surgery, University of Nottingham, UK, <sup>2</sup> Southmead Hospital, Bristol, UK, <sup>3</sup> University of Nottingham, UK, <sup>4</sup> Queen's Medical Centre, Nottingham, UK

# Top 100 most-cited articles in Wide Awake Local Anesthesia No Tourniquet (WALANT) hand surgery: a bibliometric and visualised analysis

Dr Z Yu Wong<sup>1</sup>, <u>Dr O Adegboye ? 3</u> Professor A Mosahebi 4, 5, Professor B Miranda (Senior)<sup>2</sup>, <sup>3</sup>

<sup>1</sup>Morrison Hospital, Swansea, Wales, UK, <sup>2</sup>St Andrew's Centre for Plastic Surgery and Burns, Broomfield Hospital, UK, <sup>3</sup>St Andrew's Anglia Ruskin (StAAR) Research Group, Faculty of Health, Education, Medicine, and Social Care, Anglia Ruskin University, UK, <sup>4</sup>Department of Plastic and Reconstructive Surgery, Royal Free NHS Foundation Trust Hospital, London, UK, <sup>5</sup>Division of Surgery & Interventional Science, University College London, UK

Optimising Kirschner Wire Thickness based on metacarpal diameter reduces postoperative reduction loss and enhances clinical outcomes in metacarpal fractures: a retrospective study

Dr. D Akbaba<sup>1</sup>, Dr. C D Davulcu (Senior)<sup>1</sup>

<sup>1</sup>Istanbul University-Cerrahpasa, Cerrahpasa Medical Faculty, Department of Orthopedics and Traumatology, Istanbul, Turkey

The relationship between ulnar fixation and sociodemographic diversity in postoperative satisfaction for distal radius fractures accompanied by ulna styloid fracture

<u>Dr. D Akbaba</u>, Dr C D Davulcu (Senior) 1

<sup>1</sup> Istanbul University-Cerrahpasa, Cerrahpasa Medical Faculty, Department of Orthopedics and Traumatology, Istanbul, Turkey

# Clinical outcomes of ligamentotaxis in closed phalangeal fractures: a systematic review

Mr J A Palanca<sup>1</sup>, Mr M Hadjiandreou<sup>2</sup>, Mr F Kazzazi<sup>2</sup>, Mr M Pywell<sup>2</sup>, Mr G S Pahal (Senior)<sup>2</sup>

<sup>1</sup> Barts and The London School of Medicine and Dentistry, Queen Mary University of London, UK, <sup>2</sup>The Royal London Hand Unit (RLHU), The Royal London Hospital, Barts Health NHS Trust, London, UK

Two stage wrist arthrodesis with patient specific fusion plate and sculpted femoral head allograft following infected Motec total wrist arthroplasty: case report Mr T Cash1, Mr S Talwalkar (Senior)1

<sup>1</sup>Wrightington, Wigan and Leigh NHS Foundation Trust, Appley Bridge, UK

# Unique idea: using the KliniTrayTM "breast board" for immobilisation of digital amputates during replantation

Miss R Currie<sup>1</sup>, Mr J Clements<sup>1</sup>, Mr S Dustagheer (Senior)<sup>2</sup>

<sup>1</sup>Ulster Hospital, Dundonald, UK

# Wide-Awake hand trauma surgery: designing strategies to optimise patient experience

Mr A Elzagh<sup>1</sup>, Dr S Shah <sup>1</sup>, Mr H D Berker<sup>1</sup>, Mr J Wong <sup>1</sup>, Mr A Reid <sup>1</sup>, Mr J Bedford <sup>1</sup>, Mr K Amin (Senior)<sup>1</sup>

<sup>1</sup>Department of Burns and Plastic Surgery, Manchester University NHS Foundation Trust, Manchester, UK, <sup>2</sup>Sheffield Teaching Hospitals NHS Foundation Trust, Sheffield, UK

# Case Report: an international MDT to diagnose a unique presentation of Becker's naevus syndrome

Miss K Gohil 1, Mr L Wesley 2, Ms A Jester (Senior) 1

<sup>1</sup>British Society for Surgery of the Hand (BSSH), London, UK, <sup>2</sup>Lilongwe Institute of Orthopaedics and Neurosurgery (LION), Lilongwe, Malawi

#### Vascularised Composite Allograft Transplantation: an altmetric analysis <u>Dr C Hehir 1,2</u>, Dr G Dowling 1,2, Dr C Honeyman<sup>3</sup>, Professor R Dolan (Senior) 1

<sup>1</sup>Beaumont Hospital, Beaumont, Ireland, <sup>2</sup>Royal College of Surgeons in Ireland, York Street, St. Stephen's Green, Ireland, <sup>3</sup>Queen Victoria Hospital, East Grinstead, UK

# Dual mobility prosthesis in first carpometacarpal joint arthritis: a retrospective functional study of 31 MAÏA™ prosthesis

Mr R Jain<sup>1</sup>, Mr R Kakkar (Senior)<sup>2</sup>

<sup>1</sup>Luton & Dunstable University Hospital, Luton, UK, <sup>2</sup>Furness General Hospital, Barrow in Furness, UK

# Is immobilisation and routine follow-up necessary after all distal radius fracture fixations?

Mr M Jones<sup>1</sup>, Miss O Ambler<sup>1</sup>, Mrs S Tolley<sup>1</sup>, Mr D Russell (Senior)<sup>1</sup>

<sup>1</sup>Swansea Bay University Health Board, Swansea, UK

Are current PROMs suitable for auditing NICE guidance for the use of artificial metacarpophalangeal (MCP) and interphalangeal (IP) joint replacements for arthritis? <u>Dr J Langley</u><sup>1</sup>, Mr H E Ahmed<sup>1</sup>, Ms R Morrell (Senior)<sup>1</sup>

<sup>1</sup>Northumbria NHS Foundation Trust, Newcastle upon Tyne, UK

What is the effect of training level and repair technique on functional outcomes following primary flexor tendon repairs? A retrospective analysis <u>Dr R Manoharaj</u><sup>1</sup>, Miss S Pradeep<sup>2</sup>, Mr A Watts (Senior)<sup>2</sup>

<sup>1</sup>St Luke's Campus, 79 Heavitree Rd, Exeter, UK, <sup>2</sup>Royal Devon and Exeter Hospital, Exeter, UK

# Seymour fractures in immediate and delayed presentations: a review of the literature and guideline for management

Mr K Romain<sup>1</sup>, Mr T Welman<sup>2</sup>, Mr M Horwitz (Senior)<sup>1</sup>

<sup>1</sup>Chelsea and Westminster NHS Foundation Trust, London, UK, <sup>2</sup>Guy's & St Thomas' Hospital NHS Foundation Trust, London, UK

# Metastatic malignancies masquerading as nerve compression syndromes: a case series of 3 patients across 2 centres

<u>Dr S Ryan<sup>1</sup></u>, Miss P Varma<sup>2</sup>, Miss M E Birks<sup>1</sup>, Mr H Wright<sup>2</sup>, Miss H Richards (Senior)<sup>1</sup>

<sup>1</sup>Sheffield Teaching Hospitals NHS Foundation Trust, Sheffield, UK, <sup>2</sup>Nottingham University Hospitals NHS Trust, Nottingham, UK

# Latissimus Dorsi Musculotendinous Transfer: a novel surgical approach to trapezius dysfunction secondary to accessory nerve palsy

Ms L Sayed<sup>1</sup>, Mr K Wong<sup>1</sup>, Ms E Hill<sup>1</sup>, Mr H Giele (Senior)<sup>1</sup>

<sup>1</sup>University Hospitals of Oxford, UK

# Point of technique: the 'Universal Approach' for Dupuytren's Disease: a safe and logical sequence for planning fasciectomy incisions

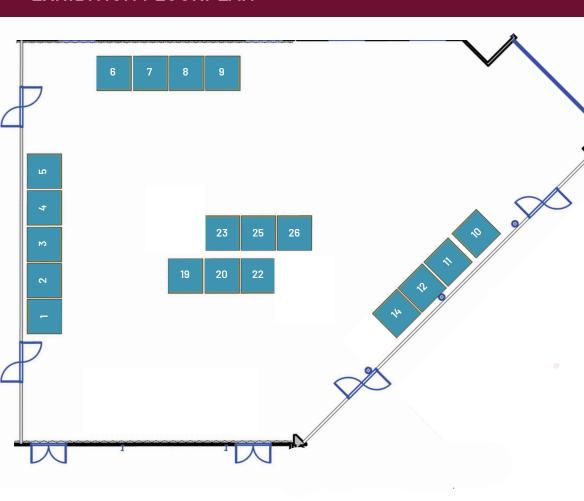
Mr A Stoneham<sup>1</sup>, Mr S Fetouh<sup>1</sup>, Mr M Kazzam<sup>1</sup>, Professor D Warwick (Senior)<sup>1</sup>

<sup>1</sup>North Shore Hospital, Auckland, Milford, New Zealand

# Eumycetoma of the hand in the United Kingdom: a case report Miss N Win<sup>1</sup>, Miss S Jivan (Senior)<sup>1</sup>

<sup>1</sup>Mid Yorkshire NHS Teaching Trust, Wakefield, UK

# **EXHIBITION FLOORPLAN**



- 1. LEDA
- 2. Joint Operations
- 3. Arthrex
- 4. MIS Healthcare
- 6. Acumed
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# IPS Implants Lunch Symposium Belfast, UK 2024

3D Planning with Patient-Specific Models, Guides, and Custom-Made Implants in the UK
- Indications, Experiences and Results

Faculty:

Max Haerle, Markgroeningen, Germany Carlos Heras-Palou, Derby, UK Maxim Horwitz, London, UK Akshay Malhotra, Stoke-on-Trent, UK Sumedh Talwalkar, Wrightington, UK

Thursday, 14 of November 12.30 p.m. – 1.30 p.m. Theatre 1, Main Lecture Hall

Introduction and Principles in 3D Planning and Custom-Made Implants

– Radius Reconstructions

Akshay Malhotra, Stoke-on-Trent, UK

My Experience with 3D Planning and Patient-Specific Implants for Distal Radius, Forearm, and Madelung Reconstructions.

Maxim Horwitz, London, UK

Forearm Reconstructions - The Derby Experience

Carlos Heras-Palou, Derby, UK

Metacarpal Reconstructions and Complex Wrist Fusion Cases Using 3D Planning and Patient-Specific Implants

Sumedh Talwalkar, Wrightington, UK

Special Cases – 3D-Printed Lunate Prostheses and Fracture Cases

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## INFORMATION FOR DELEGATES

#### Venue

ICC, Belfast 2 Lanyon Pl Belfast BT1.3WH

#### Conference rooms

Main lecture hall: Hall 1A Parallel lecture hall - Hall 1D

#### Baby and carer room

Boardroom 3 (first floor)

#### Registration and information desk

In the foyer and is open at the following times:

Thursday 14 November – 07.45 – 17.00 Friday 15 November – 08.00 – 15.30

#### Cloakroom

A cloakroom is available on the ground floor.

#### **Posters**

Posters can be viewed in Catering and Exhibition area in Hall 1BC.

#### Wi-Fi

There is free wifi available

#### Exhibition

The trade and exhibition stands are available to view throughout the conference in Hall 1BC.

Lunch and refreshments
Catering points can be found in the trade
exhibition area in Hall 1BC

#### **Taping of sessions**

Any videoing, photography and sound recording of the conference is strictly forbidden, without prior written permission from the organising committee

BSSH may take photos and videos during the conference and social events which may be shared on our website, social media and BSSH Member Bulletin.

Please contact us at the registration desk if you wish to be excluded.

#### Speaker loading

Boardroom 2 (second floor)

#### Conference app

Download the conference app via your device's app store – search for 'The Event App by Events Air'. Then enter the app code: bsshautumn24, then you will be required to log in, with your email address and the app pin that was sent to you in your joining instructions.

The app provides the full programme, abstracts and speaker biographies in an easily accessible format that, once downloaded, can be used without a connection to the internet. Within the app you can also opt in or out to the delegate list.

## INFORMATION FOR DELEGATES

#### **Future meetings**

- BSSH Instructional Course in Hand Surgery 9.2 Fractures and joint injuries, Friday 7 and Saturday 8 February 2025, Manchester.
- BSSH/SECMA Spring Scientific Meeting 2025 - Wednesday 23 to Friday 25 April 2025, Mallorca.
- BSSH Cadaveric Masterclass 5 June 2025, Manchester.
- BSSH Instructional Course in Hand Surgery
   9.3 Inflammatory and Degenerative
   Arthritis, Friday 6 and Saturday 7 June
   2025, Manchester.
- BSSH Autumn Scientific Meeting 2025, Thursday 27 to Friday 28 November 2025, The Eastside Rooms, Birmingham.

#### **CPD** points

The following CPD points have been awarded for this meeting:
Thursday 14 November - 6.5 points
Friday 15 November - 6.5 points
Thursday 14 and Friday 15 November - 13 points

\*Certificates with confirmation of CPD points will be sent to all delegates in the week after the event by email.

#### Registration

Online registration is available throughout the conference, visit the website to register. https://www.bssh.ac.uk

If you wish to register offline, there will be a 15% surcharge on the standard rates.

#### **Registration rates:**

Registration categories	Full Meeting (2 days)	One day (Thursday or Friday)
BSSH Fellow members /International / Consultant associates	£485	£293
BSSH Associate /International (Trainees) / Affiliate members (allied health professionals)	£275	£187
BSSH Hon/senior	£135	£115
Trainee non member	£305	£202
Med student/nurse	£80	£60
Therapist (non-members)	£280	£190
Consultant / Other non member	£520	£310
BSSH STASH	£75	£55

# INFORMATION FOR DELEGATES

# Social and networking

#### Thursday 14 November - Society Dinner

The Society dinner will be held at Belfast City Hall, Belfast. Come along and enjoy a three-course meal and local entertainment.

Tickets for social events are not available to those registering while the meeting is in progress, please visit the registration desk.

BSSH members attending the full meeting will receive a discounted dinner ticket at £25.00 + VAT.

All other attendees to pay £75.00 + VAT for dinner ticket.

#### Venue

Belfast City Hall Donegall Square N Belfast BT15GS

#### **Dinner schedule**

19:30 - 20:00 Arrival and drinks reception 20:00 - 22:00 Dinner to be served 22:00 - 00:00 Entertainment - band

**Dress code**Formal black tie

Special thanks to James Henderson for designing the artwork for the BSSH Autumn Scientific Meeting Belfast 2024.

# **HANDS ON:**

# BSSH Patient and Public Involvement and Engagement Network

HANDS ON is a network for patients, family members, caregivers, and the general public who want to contribute to the work of the BSSH. We're here to make a difference and improve the lives of patients with hand conditions through patient and public involvement and engagement (PPIE).



Please ask your patients to consider joining.

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# NOTES

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# LION HAND UNIT Lilongwe, Malawi













# How we will help

In January 2023, the British Society for Surgery of the Hand (BSSH) and the British Association of Hand Therapists (BAHT) partnered with local staff at LION for a five-year project. Together, they have performed limb- and life-changing surgeries for hand and upper limb injuries, while promoting sustainability through education and training.



- -Make a donation
  - -Fundraise for us
  - -Volunteer

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Your generosity means that we are able to transform the lives of those who have been affected by hand trauma and disability in a limited resource setting. Supporting the Lion Hand Unit helping to restore mobility independence to patients in Malawi who suffer from life-altering hand conditions.

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More info on Lion

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- £50 for splinting material for 3 children
- £100 covers 6 weeks of health insurance for a volunteer.
- £1,000 covers the monthly stipend for the Malawian Hand Fellow
- £1.200 covers 6 weeks of accommodation and food for a volunteer.







