

**INSTRUCTIONAL COURSE IN HAND SURGERY  
(THIRD MEETING, FIFTH SERIES)  
TENDON INJURY, PARALYSIS, REHABILITATION  
AT THE MANCHESTER CONFERENCE CENTRE  
3<sup>RD</sup>/4<sup>TH</sup> FEBRUARY 2012**

	<b>FRIDAY, 3<sup>RD</sup> FEBRUARY</b>	
08:30	Registration and Refreshments	
08:55	Welcome and Introduction	Mr David Warwick
	<b>SESSION I</b>	
	<b>CHAIRMAN: MR LINDSAY MUIR</b>	
09:00	Flexor tendon and sheath, anatomy and biomechanics	Professor Gus McGrouther
09:20	Tendon nutrition, healing and adhesion formation	Mr Jason Wong
09:40	Flexor tendon repair techniques – Suture techniques	Mr Rob Savage
09:55	Flexor tendon repair – How I do it	Dr Michael Sandow
10:10	Questions and discussion	
10:30	Refreshments and exhibitions	
	<b>SESSION II</b>	
	<b>CHAIRMAN: MR ROD DUNN</b>	
11:00	Zone 2 flexor tendon injuries	Mr Garth Titley
11:20	Zone 1 flexor tendon injuries and FDP avulsions	Mr Nick Downing
11:35	Attrition Ruptures	Mr David Warwick
11:50	Multiple flexor tendon injuries and management of associated fractures and joint injuries	Dr Michael Sandow
12:05	Rehabilitation techniques	Ms Fiona Peck
12:20	Flexor pollicis longus	Mr Ian Grant
12:35	Questions and discussion	
13:05	Lunch and exhibitions	
	<b>SESSION III</b>	
	<b>CHAIRMAN: MR DEAN BOYCE</b>	
14:05	Flexor tendon repair dehiscence	Dr Michael Sandow
14:20	Flexor tendon repair – Methods of assessment and outcome	Mr Ian Grant
14:35	Flexor tendon injuries in children	Mr Rod Dunn
14:50	Flexor tenolysis	Dr Marco Ritt
15:05	Pulley reconstruction	Dr Michael Sandow
15:20	Cases	
15:40	Questions and discussion	
15:55	Refreshments and exhibitions	
	<b>SESSION IV</b>	
	<b>CHAIRMAN: MR CHARLES PAILTHORPE</b>	
16:25	Management of fixed flexion deformity	Mr Donald Sammut
16:40	Primary and delayed flexor tendon grafting	Dr Marco Ritt
17:00	Anatomy and biomechanics of the extensor system	Mr Donald Sammut
17:20	Extensor tendon repair and rehabilitation – Zones 5-8	Mr Garth Titley
17:35	Questions and discussion	
18:00	Close of day one	

	<b>SATURDAY, 4<sup>TH</sup> FEBRUARY</b>	
	<b>SESSION V</b>	
	<b>CHAIRMAN: MR DAVID WARWICK</b>	
08:30	Tendon lengthening, shortening, weaving and fixation	Mr Dan Brown
08:45	Principles of tendon transfer	Dr Jan Fridén
09:05	Transfers for radial nerve lesions	Mr Tim Hems
09:20	Transfers for ulnar nerve lesions	Dr Jan Fridén
09:35	Transfers for median nerve lesions	Mr Donald Sammut
09:50	Questions and discussion	
10:35	Refreshments and exhibitions	
	<b>SESSION VI</b>	
	<b>CHAIRMAN: MR TIM HEMS</b>	
10:55	Tourniquets – Designs and hazards	Mr Lindsay Muir
11:05	Patient related outcome measures in hand surgery	Miss Sue Fullilove
11:25	Cerebral palsy/stroke	Mr Dean Boyce
11:45	Tetraplegia	Dr Jan Fridén
12:05	Questions and discussion	
12:25	Quiz	Mr Tim Hems
12:50	Hand Diploma	Mr David Warwick
12:55	Course Four Preview	Mr David Warwick
13:00	Lunch and exhibitions	
	<b>SESSION VII</b>	
	<b>CHAIRMAN: MR DAN BROWN</b>	
13:50	Swan neck deformity	Professor Paul McArthur
14:10	Central slip failure	Dr Marco Ritt
14:30	Mallet deformity	Mr Charles Pailthorpe
14:45	Intrinsic tightness	Dr Jan Friedén
15:00	Questions and discussion	
15:20	Quiz results and prize announcement	Mr Tim Hems
15:45	Close of meeting	