

**INSTRUCTIONAL COURSE IN HAND SURGERY  
(SIXTH MEETING, FOURTH SERIES)  
WRIST AND OCCUPATIONAL & PSYCHOLOGICAL ASPECTS OF HAND CONDITIONS**

**AT THE MANCHESTER CONFERENCE CENTRE  
4<sup>TH</sup>/5<sup>TH</sup> JUNE 2010**

**DRAFT PROGRAM**

<b><u>DAY 1</u></b>		
<b><u>SESSION I – DISORDERS OF THE FOREARM AND WRIST</u></b>		
<b><u>CHAIRMAN – MR JAMES HOPKINSON-WOOLLEY</u></b>		
09:00	Epicondylitis	Mr Nicholas Downing
09:15	Disorders of the Tendons: De Quervains, Trigger Finger, Peritendonitis Crepitans	Dr David Ring
09:35	Relationship between Work and Specific Disorders	Prof Tim Davis
09:50	DISCUSSION	
10:10	COFFEE AND EXHIBITIONS	
<b><u>SESSION II – THE HAND AND THE BRAIN</u></b>		
<b><u>CHAIRMAN – MR SIMON KNIGHT</u></b>		
10:40	The Hand or the Brain: Somatoform Disease	Dr Christopher Bass
11:00	Arm pain of unknown origin - how far should you go to find the diagnosis	Dr David Ring
11:15	Factitious Disorders: Clinical Aspects	Prof Tim Davis
11:30	Factitious Disorders: Management	Dr Christopher Bass
11:45	DISCUSSION including cases	
12:00	LUNCH AND EXHIBITIONS	
<b><u>SESSION III – EVALUATION OF THE WRIST</u></b>		
<b><u>CHAIRMAN – MR JONATHAN HOBBY</u></b>		
13:00	Structure and Function of the Wrist with Reference to Plain Radiology	Mr Mark Pickford
13:15	Mechanisms of wrist stability	Dr Marc Garcia-Elias
13:35	Presenting Symptoms and Examination of the Wrist - video	Mr Rupert Eckersley
13:50	DISCUSSION	
14:05	Arthrography, CT and Ultrasound – What You Can and What You Can't See	Dr Andrew Grainger
14:20	MRI – What You Can And What You Can't See: Ligament Injuries and TFCC	Dr Andrew Grainger
14:35	Wrist Arthroscopic Assessment – What is Normal	Dr Riccardo Luchetti
14:50	DISCUSSION	
15:10	TEA AND EXHIBITIONS	
<b><u>SESSION IV – DISTAL RADIAL FRACTURES</u></b>		
<b><u>CHAIRMAN – MR BOYD GOLDIE</u></b>		
15:40	Classification and Assessment of Severity of Injury: Common Associated Injuries around the Wrist	Mr Douglas Campbell
15:50	Locking Plates biomechanics	Mr Lindsay Muir
16:00	Extra-articular Fractures of the Distal Radius: Treatment Options, including Locking Plates and their Complications	Mr Nicholas Downing
16:15	Intra-articular Fractures – Treatment Options and Outcomes, Decision Making	Dr David Ring
16:30	Treatment of Associated Significant Ulnar Fractures	Mr Douglas Campbell
14:50	Management of Distal Radial Malunion – Techniques and Results	Dr Riccardo Luchetti
15:05	Children's Fractures: Potential for Remodelling, Acceptable Limits of Malunion and Diagnosis and Management of Growth Arrest	TBC
15:15	DISCUSSION	
15:25	Cases	
15:55	Session Closes	
19:30	DINNER	

<b><u>DAY TWO</u></b>		
<b><u>SESSION V – RADIAL BORDER WRIST PROBLEMS</u></b>		
<b><u>CHAIRMAN – MR DAVID WARWICK</u></b>		
08:15	Acute Scaphoid Waist Fractures -when to plaster? - ? debate	Dr David Ring
08:30	Proximal Pole Scaphoid Fractures Acute and Non-union	Mr Carlos Heras-Palou
08:45	Scaphoid Waist Non-union	Mr Rupert Eckersley
09:00	DISCUSSION	
09:15	Acute Ligament Injuries – Patterns, Diagnosis and Management - to include acute scapholunate tear and carpal/perilunate dislocations	Mr Jonathan Hobby
09:35	Chronic Scapho-lunate Instability: Symptoms and Signs, Classification, Natural History and Treatment of Pre-arthritis Stages	Dr Marc Garcia-Elias
09:50	Panel Discussion: Current Surgery for Scapholunate Instability and Scaphoid Fracture Nonunion: What Works, What Doesn't Work and What to Tell the Patient Pre-operatively about Likely Outcomes	Prof Tim Davis
10:10	DISCUSSION	
10:25	COFFEE AND EXHIBITIONS	
<b><u>SESSION VI – ULNAR BORDER WRIST PROBLEMS</u></b>		
<b><u>CHAIRMAN – MR TIM HEMS</u></b>		
10:55	Midcarpal and Ulnar-sided Instability: Clinical Presentation, Clinical Tests, Radiology and Management	Dr Marc Garcia-Elias
11:10	DISCUSSION	
11:15	Ulnar Border Wrist Pain – Demonstration of Examination Techniques with video clips	Mr Carlos Heras-Palou
11:30	The Anatomy and Physiology of Forearm Rotation	Miss Vivien Lees
11:45	TFFC Tears: Presentation, Decision Making and Outcome of Treatment	Dr Riccardo Luchetti
12:00	Other Causes of Ulnar-sided Wrist Pain, including Pisotriquetral OA and ECU Problems, Management and Outcome	Mr Indranil Chakrabarti
12:15	DISCUSSION	
12:35	Series Five Preview	Mr D Warwick
12:40	Quiz	Messrs Goldie and Hems
12:55	LUNCH AND EXHIBITIONS	
<b><u>SESSION VII – OTHER WRIST PROBLEMS</u></b>		
<b><u>CHAIRMAN – MR LINDSAY MUIR</u></b>		
13:55	Salvage of the Stiff/Painful Distal Radioulnar Joint	Mr David Warwick
14:10	Osteoarthritis of the Wrist: Presentation and Patterns of wrist involvement	Miss Lisa Leonard
14:20	Osteoarthritis of the Wrist: Treatment Options, including Denervation, and their Outcome	Mr Ian Trail
14:35	Post-traumatic Osteoarthritis – Are these Major Clinical Problems after distal radius or scaphoid fractures ?	Mr David Warwick
14:50	DISCUSSION	
15:05	Avascular Necrosis of Carpal Bones	Mr Ian Trail
15:20	DISCUSSION	
15:35	QUIZ RESULTS AND FEEDBACK	
15:50	CLOSING REMARKS	