

Birmingham

Birmingham offers a diverse range of experience in hand surgery in the Royal Orthopaedic Hospital and newly built Queen Elizabeth Hospitals. There are a huge variety of training opportunities on offer, which can be customised to the trainee's needs. The unit has 12 Orthopaedic and Plastic surgeons working in an integrated unit. The ATP year has a rolling programme of four slots with increasing complexity, including paediatric hand surgery. Trainees are encouraged to take the Hand Diploma and every accommodation is made for this. The Queen Elizabeth Hospital also has a significant military presence dealing with casualties from Afghanistan, many of whom have significant hand and upper limb injuries.

The Hand Surgery Consultants include: -

Mr MA Waldram, Mr MAC Craigan, Mrs Jill Webb, Mr Simon Tan, Mr Subodh Deshmukh, Mr Rajive Jose, Ms Ruth Lester, Ms Andrea Jester, Mr Darren Chester, Mr Dominic Power, Mr Mark Brewster

Derby

The Pulvertaft Hand Centre

The world renowned Pulvertaft Hand Centre is the largest dedicated hand unit in the UK with 4 plastic hand surgeons and 4 orthopaedic hand surgeons committed to the practice and training of hand surgery. We have fantastic facilities within our new, purpose built Hand Unit.

The ATP fellow will be unique within the Hand Unit and experience the best training opportunity we have to offer. We aim to address the individual fellows training requirements. The fellow will be supernumerary when this is important but benefit from experiencing the structure of the hand unit at other times. This provides exposure to advanced level hand surgery the ATP fellow needs but importantly, also teaches the ATP fellow how to develop and structure their own hand surgery practice in the future. We have a wide catchment area with a varied case-mix including brachial plexus surgery, microvascular surgery, congenital hand surgery, wrist trauma and elective surgery, complex hand trauma and other tertiary referral work.

Derby is central in the UK and has excellent road and rail links. The Royal Derby Hospital is a University Teaching Hospital. The catchment population for tertiary referrals in hand surgery is 2.9 million. We see 15,500 new patients and 37,000 follow-ups and perform 3500 elective hand surgical procedures and 1200 hand trauma operations annually. The vast majority of our procedures are performed under regional block and the fellows have the opportunity to learn these techniques. There is an excellent team of 11 hand physiotherapists and 12 hand occupational therapists who work with us in the unit.

The Hand Surgery library is located within the unit next to the fellows' room and provides all of the key international hand surgery journals and textbooks. It has excellent audio visual equipment and there is a direct video link to two of our three hand theatres. We have three research and audit staff and research opportunities are offered.

We have an outstanding, protected teaching program. This includes an annualised afternoon teaching program and two morning teaching sessions per week. We also hold several national

and international courses at the hand unit each year. We embrace the National Diploma in Hand Surgery and have a good success record.

Link to pulvertafthandcentre.org.uk

Leeds General Infirmary

This is a busy post in the biggest teaching hospital in Europe serving a large local population in addition to an extensive tertiary referral service. There are currently eight consultant hand surgeons from both orthopaedic and plastic surgical backgrounds. The current consultants include Doug Campbell and Rob Farnell (Orthopaedic) and Simon Kay, Simon Knight, Grainee Bourke, Dan Thornton and Cath Hernon (Plastic Surgery). All areas of hand surgery are covered including wrist surgery, children's hand and reconstructive surgery, microsurgery, brachial plexus and nerve surgery, cerebral palsy surgery, the management of fractures of the distal radius and rheumatoid disease.

There is a purpose built dedicated ambulatory hand surgery unit that allows surgical procedures to be performed in a day surgery environment under regional anaesthesia. Co-located in this unit are the outpatient clinics, dressing room and a dedicated hand therapy team. The remaining surgery is provided on an in-patient basis with microsurgical reconstruction performed on a regular basis. There is a well-equipped library within the department in addition to the hospital library.

The hand fellow is considered supernumerary as much as possible to enable them to attend the areas that are of most interest and value to their training.

Manchester

Wythenshawe Hospital, Manchester and Hope Hospital, Salford

There are two posts one starting in February and the other in August each year. This fellowship is centred around the major population centre of the Greater Manchester area drawing on a catchment of 5.5 million of population. The weekly timetable will contain elements at both Wythenshawe and Hope Hospitals with an internal rotation to the other timetable 3 monthly.

From February 2014 the consultants of this rotation will comprise Miss Vivien Lees, Mr Chris Duff, Mr Stuart Wilson and Mr Rob Winterton of the Department of Plastic Surgery, Wythenshawe site. On the Hope Hospital site we have Mr Lindsay Muir and Mr Zaf Naqui, of the Department of Trauma and Orthopaedics.

Within this group of hand surgeons there is a broad spectrum of practice with specific interests including microsurgery, paediatrics, adult brachial plexus, rheumatoid, trauma, wrist, joint arthroplasty in addition to the wider spectrum of hand surgery. The successful appointee can expect good operative experience to complement his / her existing logbook – this placement is particularly competitive in respect of the acquisition of new skills and generates a high caseload.

We anticipate further consultant appointments within the calendar year having interest in hand surgery both on the academic side and in the plastic surgery department.

The Postgraduate Diploma in Hand Surgery (BSSH/University of Manchester) is offered in this placement and there are unique opportunities for original research given our links with the university. The BSSH Instructional Courses are also based in Manchester at the present time.

Newcastle

Newcastle-upon-Tyne - Royal Victoria Infirmary / Freeman Road Hospital

The Newcastle programme is a busy post serving a large local population in addition to the tertiary referral service. Six consultant hand surgeons from both plastic surgical and orthopaedic backgrounds cover all aspects of hand surgery, which include the congenital hand, arthroplasty, rheumatoid, wrist surgery and all aspects of hand injury. The hand fellow is considered supernumerary as much as possible to enable them to attend the areas that are of the most interest and value to their training.

Nottingham

The Nottingham University Hospitals NHS Trust provides care for a local population of 800,000 to 1.2 million and is also the designated trauma centre for the East Midlands (catchment area 4.3 million). The Hand Service is shared between the Dept of Trauma and Orthopaedics at the Queens Medical Centre and the Dept of Plastic Surgery at the Nottingham City Hospital. The Hand Service provides a comprehensive service for most areas of hand surgery including the wrist, congenital hand differences, brachial plexus and peripheral nerve conditions, and inflammatory joint disease. The Hand Service consultants are Prof Davis, Mr Downing and Mr Oni (T&O) and Mr Starley (Plastic Surgery) who all run a combined elective clinic every Thursday morning. There are also dedicated Hand Fracture Clinics and Paediatric Hand Clinics.

Involvement in supervised research projects is encouraged and preparation for the FESSH and BSSH hand surgery diplomas is supported.

If you wish to speak to previous ATP fellows then Mr R Amirfeyz (2009-10), Mr J Powell (2010-1) and Mr Miller (2011-2) are happy to be contacted and their contact details can be obtained from Professor Davis's secretary (0115-9249924 ext 64337). The ATP post is overseen by Mr JA Oni who will willingly arrange visits for prospective advanced trainees (0115-9249924 ext 68461).

Norwich

Norfolk and Norwich University NHS Trust Hospital: The Norfolk and Norwich Hospital serves a catchment area of around 850,000 and takes tertiary hand referrals from beyond (serving James Paget, Gt Yarmouth, Ipswich Hospital and Queen Elisabeth, King's Lynn). It has busy Orthopaedic and Plastic Surgical departments where opportunities exist for the hand fellow to develop their skills in a supernumerary capacity under 5 Hand Surgery consultants. The Fellow is expected to take a lead role in surgery and organisation of the Day Procedure Unit where 5 lists occur each week under Ortho (2 GA elective, 2 LA and 1 Hand trauma). Additionally 18 hours of hand/wrist surgery are undertaken on inpatient lists each week (Adrian Chojnowski, Peter Chapman and

Claire Edwards). Monday to Friday afternoon Plastic trauma lists run in addition to hand elective lists (Morris Meyer and Guido Koehler). Norwich has a large rheumatology department which hand surgery supports running combined clinics. There are 7 full time equivalent hand therapists (combined physiotherapy and occupational therapy unit). The hand fellow will undertake a full range of hand and carpal work including small joint replacement and wrist arthroscopy. Upper limb work is also performed including revision elbow replacement. Research opportunities exist including basic science with the University of East Anglia and access to a large BlueSpier database of hand patients. Please contact Adrian Chojnowski via his secretary Rebecca (01603 286722) for more information or to arrange a visit.

Oxford

Nuffield Orthopaedic Centre

The Oxford programme offers wide experience in hand surgery in a unit with close integration of Plastic and Orthopaedic Hand Surgeons. Areas of special interest include congenital abnormality, adult and obstetric brachial plexus palsy, thoracic outlet syndrome (Henk Giele, Paul Critchley, Lucy Cogswell), wrist surgery and joint replacement in the hand and hand trauma (Ian McNab, Chris Little), rheumatoid disease (Peter Burge). Two ATPs are available in Oxford.

Sheffield

Sheffield Teaching Hospitals

The Sheffield Hand Centre is part of Sheffield Teaching Hospitals NHS Trust, the Trust is a Major Trauma Centre and a centre of excellence for a wide variety of other specialities. The catchment population for tertiary referrals is 1.3 million & the local population is 500,000. The Hand Centre is a purpose designed facility for integrated management of hand disorders and a high volume of patients are seen for both elective and trauma work. The two hospitals involved in the Hand Fellowship are both within the city and are easily accessible by car or public transport. The Northern General Hospital with over 1100 beds houses the Hand Centre. There is a full range of acute and regional specialities on offer in the trust. Sheffield Children's Hospital has 160 beds and is also a tertiary referral centre.

The Sheffield Advanced Training Post in Hand Surgery is a supernumerary post, which allows tailoring of the timetable to suit the individual trainee's needs. There are nine 5 hour elective, adult theatre sessions and ten scheduled trauma operating sessions per week, in addition to routine and emergency operating at the Children's Hospital. Numerous clinics run to provide general and specialist care such as brachial plexus clinics and trauma clinics.

We provide experience of close working between hand surgeons from both plastics and orthopaedics. The six consultants cover all areas of Hand Surgery including children's hand disorders. Sheffield was one of the first UK units to be accredited by the FESSH as a Major Trauma Centre.

The Sheffield Hand Centre has a dedicated staff of nurses, therapists, administration and clerical team. We provide superlative care in a modern environment. We are exceedingly proud of our

unit and welcome the fellow to join us to learn not only the clinical aspects of the job but also how a busy multidisciplinary team works. The fellow will also develop familiarity with the management aspects of running this type of service.

The Hand Fellow is enthusiastically guided and supported in taking the Hand Diploma. There are ample opportunities to deliver and receive formal teaching in addition to the personal tutorials central to the diploma. The Hand Fellow is expected to attend both meetings of the BSSH during their year with us and will be supported in research.

For further information please contact Miss M Birks meg.birks@sth.nhs.uk and view our website at www.sheffieldhandcentre.org.uk.

Wrightington

The Upper Limb Unit has six senior trainees. There are four fellowships and two SpR's- usually at year 5/6 level from Manchester and Merseyside deaneries. The advanced trainee in hand surgery will have access to all aspects of hand surgery including wrist arthroscopy, management of degenerative wrist and hand disorder, post traumatic reconstruction, tendon and nerve surgery and the management of Dupuytren's disease, as well as primary and complex trauma. There is a busy Rheumatology Unit on site with 3 Rheumatologists providing many interesting and complex Referrals.

We now have developed a large sports medicine practice and receive patients from many Professional teams and National Sporting Organisations. Each of our surgeons has special and complementary interests. Fellows have the opportunity of designing their Fellowship to suit their individual needs and interests.

There is ample opportunity for basic science and clinical research, with the support of our research team, as well as the Trust's very active and dynamic R&D Department. Research and teaching are regarded as an integral part of the job.

Key Features of this fellowship:

Large volume operating

Research systems and support staff in place

Teaching opportunities on local courses

International reputation of the unit with good worldwide connections

Department of Health approved Cadaveric Workshop

High success rate at future consultant appointments having left the fellowship.