

**Instructional Courses in Hand Surgery**  
**7.3: Tendon Injury, Paralysis, Rehabilitation**  
**Manchester Conference Centre**  
**2 -3 February 2018**

**Friday 2 February**

Time	Duration	Session	Faculty	Room
08:15		Registration and refreshments		Lower foyer (outside Pioneer Theatre)
08.50		Introduction	Mr Lindsay Muir	Pioneer Theatre
<b>Flexor tendons</b>				
Chairman: Miss Gill Smith				
09.00	15	Suture materials and biomechanics of tendon sutures	Mr Vijay Bhalaiik	Pioneer Theatre
09.15	15	Principles of flexor tendon repair including choice of suture, number of strands and epitendinous, configuration of strands	Professor Jin Bo Tang	Pioneer Theatre
09.30	15	Management of pulleys when to vent, management of tendons in zone 2 when to strip tendon;	Professor Jin Bo Tang	Pioneer Theatre
09.45	15	Tips and tricks, including spaghetti wrist, how to manage Camper's chiasma	Mr Mark Pickford	Pioneer Theatre
10.00	15	Rehab of flexor tendon injury including physiology	Mrs Alison Roe	Pioneer Theatre
10.15	15	Evidence in flexor tendon injury surgery	Mr Thomas Giesen	Pioneer Theatre
10.30	15	Questions		
10.45	25	Refreshment break		Pioneer Room
<b>Amputations and extensor tendon injury</b>				
Chairman: Mr Fortune Iwuagwu				
11.10	10	Amputations principles, with particular reference to tendons. Only CMC joint and distal	Mr Zaf Naqui	Pioneer Theatre
11.20	15	Mallet finger and mallet fracture and open mallet finger incl Seymour #	Miss Alexandra Hazelrigg	Pioneer Theatre
11.35	20	Extensor tendon injuries and tendon imbalance, including contractures and intrinsic problems	Mr Anuj Mishra	Pioneer Theatre
12.00	15	Extensor tendon adhesions - tips and tricks	Mr Thomas Giesen	Pioneer Theatre
12.15	20	Management of central slip and boutonniere	Mr Mark Pickford	Pioneer Theatre
12.35	20	Management of swan neck	Miss Grainne Bourke	Pioneer Theatre
12.55	15	Questions		
13.10	55	Lunch		Pioneer Room

<b>CVA and CP and tetraplegia</b>				
Chairman: Miss Grainne Bourke				
14.05	20	Cerebral palsy and hemiplegia a neurology view	Dr Krystyna Walton	Pioneer Theatre
14.25	20	Assessment and non surgical treatment CP and hemiplegia	Dr Krystyna Walton	Pioneer Theatre
14.45	20	Principles of management of CP	Dr Caroline Leclercq	Pioneer Theatre
15.05	20	Principles of management of spasticity	Dr Caroline Leclercq	Pioneer Theatre
15.25	15	Questions		
15.40	30	Refreshment break		Pioneer Room
<b>CVA and CP and tetraplegia</b>				
Chairman: Mr Mark Pickford				
16.10	20	Principles of management of hemiplegia	Miss Gill Smith	Pioneer Theatre
16.30	20	Principles of management of Tetraplegia	Mr Simon Pickard	Pioneer Theatre
17.00	20	Questions		
17.20	10	Preview of June course	Mr Lindsay Muir	Pioneer Theatre
17.30	10	Introduction to Saturday	Mr Lindsay Muir	Pioneer Theatre
17.40		Close		

## Saturday 3 February

	Session and Faculty			Room
07:45	Registration and refreshments			Lower Foyer (outside Pioneer Theatre)
08.00	Rotation between the following stations; each station 40 minutes; 10 minute gap to ensure smooth progression			
08.00	CP cases	Mr Dean Boyce	Miss Catherine Hernon	Syndicate D
08.50	CVA and tetraplegia cases	Miss Gill Smith	Mr Simon Pickard	Syndicate C
09.40	Simple flexor tendon cases	Professor Jin Bo Tang	Mr Thomas Giesen	Conference Room 2
10.20	Refreshment break			Pioneer Room
10.50	Flexor tendon/ serious hand injury cases	Miss Grainne Bourke	Miss Emily West	Edgerton Suite (6 <sup>th</sup> floor)
11.40	Secondary reconstruction cases after flexor injury	Mr Fortune Iwuagwu	Mr Vijay Bhalai	The Leader Suite (outside area)
12.30	Extensor tendon cases	Mr Mark Pickford	Mr Rob Winterton	The Leader Suite (main room)
13.10	Lunch			Pioneer Room

14.10	Intrinsics: examination and understanding	Mr Donald Sammut	Dr Caroline Leclercq	Conference Room 4
15.00	Tenolysis and skin problem cases	Mr Anuj Mishra	Dr Piotr Czarnecki	Adamson Suite (5 <sup>th</sup> floor)
15.40	Close			

## Faculty

Mr Vijay Bhalai	Consultant hand surgeon, Arrowe Park Hospital
Miss Grainne Bourke	Consultant hand surgeon, Leeds General Infirmary
Mr Dean Boyce	Consultant hand surgeon, Welsh Centre for Plastic Surgery and Burns
Mr Piotr Czarnecki	Consultant hand surgeon, Medical University of Poznan, Poland
Mr Thomas Giesen	Consultant hand surgeon, Universitäts Spital, Zürich
Miss Alexandra Hazelrigg	Hand Surgeon
Miss Catherine Hernon	Consultant hand surgeon, Leeds Teaching Hospitals
Mr Fortune Iwuagwu	Consultant hand surgeon, St Andrew's, Chelmsford
Professor Jin Bo Tang	Professor of Hand Surgery, Nantong University, China
Dr Caroline Leclercq	Consultant hand surgeon, Institut de la Main, Paris
Mr Anuj Mishra	Consultant hand surgeon, Manchester Hand Centre
Mr Zaf Naqui	Consultant hand surgeon, Manchester Hand Centre
Mr Simon Pickard	Consultant hand surgeon, RJA Hospital, Oswestry
Mr Mark Pickford	Consultant hand surgeon, Queen Victoria Hospital, East Grinstead
Mrs Alison Roe	Hand therapist, University Hospital of South Manchester
Mr Donald Sammut	Consultant hand surgeon, Bath
Miss Gill Smith	Consultant hand surgeon, Great Ormond Street
Dr Krystyna Walton	Consultant physician in rehabilitation medicine
Miss Emily West	Consultant hand surgeon, Southmead Hospital, Bristol
Mr Robert Winterton	Consultant hand surgeon, Manchester Hand Centre

CME Points:

Day 1: 7 points

Day 2: 6 points

Whole meeting: 13 points