

The Birmingham Hand centre invites you to the

**2nd Cadaveric Wrist Arthroscopy Basic to Intermediate
Course**
12th September 2016

2nd Cadaveric Instability & Mid-carpal Fusion Course
13th September 2016

VENUE

WMSTC Ground Floor, University Hospital Coventry & Warwickshire Coventry, CV2 2DX.

COURSE ORGANISERS

Mr Mark Brewster & Mr Michael Craigen - Hand Surgery Consultants, QEH, Birmingham.

FACULTY

Mr Simon Tan & Mr Dominic Power - Consultant QEH, Birmingham
Mrs Helen Hedley & Mr Andrew Mahon –Consultants UHCW, Coventry
Mr Ian McNab – Consultant, Nuffield Orthopaedic Centre, Oxford.

Mr Aamer Ullah –Consultant, Leicester Royal Infirmary.
Mr Subodh Deshmukh –Consultant, ROH, Birmingham.
Mr Gunaratnam Shyamalan – Consultant, Solihull, Birmingham

These courses are designed for senior registrars and fellows interested in hand and wrist surgery or consultants who would like to expand their wrist surgery skills and develop wrist arthroscopy techniques.



Wrist Arthroscopy £260

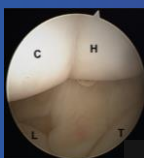
8am-5.15pm

This course will cover:

Arthroscopic & external portal anatomy
Arthroscopy set-up, RC & MC portal placement
Systematic approach to assessing joint and ligaments
TFCC debridement and repair
Loose body removal

There will here will be 2 delegates per limb and a ratio of 2 delegates to 1 faculty

NB – If BOTH delegates on a limb move at a faster pace than the programme other practicals are available. e.g. Volar portals, capsular shrinkage for ligament instability, foveal TFCC repair with Mitek™ PushLock anchor, styloidectomy, Corella arthroscopic SLIL reconstruction, Tightrope 1st CMCJ suspension (not arthroscopic but kit available)



Wrist Instability & Mid-carpal Fusion £260

8am-5.15pm

This course will cover:
Dorsal wrist approach
SL ligament direct repair

Modified Brunelli Reconstruction
STT fusion, 4 Corner fusion, total wrist fusion.

A mini C-arm will be available to assess your surgery.

There will here will be 2 delegates per limb and a ratio of 2 delegates to 1 faculty

NB – If BOTH delegates on a limb move at a faster pace than the programme other practicals are available such as PRC, ECRB mid-carpal stabilisation, ECU LTq lig reconstruction, DIPJ fusion.

(IF YOU AND A COLLEAGUE SIMILAR LEVEL COME AS A PAIR YOU WILL BE PLACED TOGETHER AND BE ALLOWED TO ADVANCE AT YOUR OWN PACE)

To book a place on the course please visit –

<http://www.qehb.org/shop/medical-courses-and-conferences/bhc-hand-surgery-courses/>

For any course queries please contact markbrewster@doctors.org.uk



No refunds will be given within 6 weeks of the course however delegates can allow a friend or colleague to take their place and arrange payment between themselves.



Programmes



Wrist Arthroscopy Basic to Intermediate Cadaveric Course

£260

8am-5.15pm

- 8.00 Meet at coffee shop
- 8.10 Registration and briefing
- 8.30 Lecture - External + RC portal anatomy
- 9.00 Lecture - Set-up and RC ports
- 9.15 Practical - RC portals - 3-4, 6R
- 10.45 Coffee
- 11.00 Video - MC portals
- 11.15 Practical -MC portals
- 12.30 Lunch
- 13.30 Lecture - TFCC tears and repairs
- 13.45 Practical -
 - Loose body removal
 - TFCC central tear debridement
 - Dorsal TFCC repair
- 17.00 Questions & Debrief
- 17.15 Close

Wrist Instability & Mid-carpal Fusion Cadaveric Course

£260

8am-5.15pm

- 8.00 Meet at coffee shop
- 8.10 Registration and briefing
- 8.30 Demo – Dorsal approach to wrist
- 8.40 Practical - dorsal approach to wrist
- 9.10 Demo - Scapholunate angle correction
- 9.20 Practical – Scapholunate angle correction
- 10.00 Demo – Anchor and K-wire insertion
- 10.10 Practical – Complete Scapholunate repair
- 10.45 Coffee
- 11.00 Video – Modified Brunelli Reconstruction
- 11.15 Practical – Modified Brunelli
- 12.45 Lunch
- 13.45 Lecture – STT, 4 Corner & Total wrist fusion
- 14.00 Practical STT, 4 Corner & Total wrist fusion
- 17.00 Question and debrief
- 17.15 Close