BSSH

SPRING SCIENTIFIC MEETING

3–4 May 2018
Hilton Hotel, Cardiff

BSSH
Cardiff 2018
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Welcome to Cardiff, the capital city of Wales. As I write this it is snowing; a rare event here. Hopefully, spring will bring more temperate weather to show the city at its best. For this meeting, I have tried to focus on some of the controversies and dilemmas that perpetually trouble us. There is an eclectic range of symposium topics with, hopefully, something for everyone. For some of these sessions we have decided to follow the formula of case based discussion, with audience participation, which was so popular at the last meeting.

There is a session on the challenge of failed carpal tunnel decompression with some personal reflections. The symposium on scaphoid fractures moderated by Tim Davis will be intriguing and, no doubt, candid. The true value of partial wrist fusions is likely to divide the audience and I look forward to a debate on that. Also making an appearance is soft tissue infection, a topic with a hitherto rather low profile, but one that is likely to be a growing problem.

We have a session organised by David Warwick on medical negligence. This always provokes a dichotomy of opinion and I am sure that this session will prove no exception. Dr Mike Solomons from Cape Town is contributing to several of the sessions and is providing a couple of other confections for your entertainment. Professor Neil Jones from California will be giving the Douglas Lamb Lecture in a British/American session. He will be talking about the contribution that microsurgery has made to our practice.

On Thursday evening, we have the Society Dinner at the National Museum of Wales. This houses the largest collection of impressionist art outside Paris, with works by Monet, Van Gogh, Cézanne, Renoir, and Rodin, as well as a collection of Old Masters paintings. You will be able to view this with pre-dinner drinks. I do hope that you enjoy the meeting.

David Shewring
President 2018, BSSH
BSSH OFFICERS AND COUNCIL

Officers
President Mr D J Shewring
Immediate Past President Professor G E B Giddins
Vice President Mr D P Newington
Vice President Elect Professor D J Warwick
Honorary Secretary (2017 - 2019) Mr J L Hobby
Honorary Treasurer (2015 - 2019) Miss S M Fullilove

Council Members
Mr D E Boyce Mr C Y Ng
Mr N D Downing Mr A Platt
Mr W L Lam Mr D Sammut
Mr I S H McNab Mr M A Waldram
Mr Z Naqui
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PROGRAMME

THURSDAY 3 MAY

08:15  Registration and Refreshments (Atrium)

09:00  Welcome and Introduction by the President of the BSSH (Ballroom)
Mr D Shewring (Speaker)

09:05 -  Free Paper Session (Ballroom)
10:30 Chairs: Mr W L Lam, Edinburgh and Mr Z Naqui, Manchester

09:05  A Genome-Wide Association Study of Carpal Tunnel Syndrome Reveals 13 Novel Susceptibility Loci
Mr A Wiberg, Oxford (Presenter); Mr M Ng, Oxford; Professor A Schmid, Oxford; Dr G Baskozos, Oxford; Professor D Bennett, Oxford; Professor D Furniss, Oxford (Senior)

09:12  A Cross-Sectional Study of Long-Term Satisfaction After Surgery for Congenital Syndactyly: Does Skin Grafting Influence Satisfaction?
Miss B Ferrari, Groningen, The Netherlands (Presenter);
Professor P M N Werker, Groningen, The Netherlands (Senior)

09:19  A Randomised Feasibility Trial Comparing Needle Fasciotomy (NF) with Limited Fasciectomy (LF) for Dupuytren’s Contractures
Professor T R C Davis, Nottingham (Presenter); on behalf of the HAND-1 study investigators, Bristol and Nottingham Universities

09:26  The Non-Surgical Management of Bony Mallet Injuries
Mr J Brock, Cardiff (Presenter); Mr R W Trickett, Cardiff; Mr D Shewring, Cardiff (Senior)
09:33  Proximal Replantation: Challenges and Outcomes in Limited Resources Hospitals in Developing Countries
Mr H Alfeky, Liverpool (Presenter); Professor E Taman, Damietta, Egypt (Senior); Dr A Omran, Damietta, Egypt; Dr M Swilam, Damietta, Egypt; Dr M Elshahat, Damietta, Egypt

09:40  Limb Hypoplasia in Obstetric Branchial Plexus Injuries - A Longitudinal Study
Miss T Tomouk, London (Presenter); Mr H Giele, Oxford (Senior); Mr G Wheble, Oxford; Mr S Maciburko, Oxford

09:47  Evolution of Combination Therapy for Upper Limb Spasticity Management: 1500 Limbs Report
Mr H Alfeky, Liverpool (Presenter); Mr P Mcarhur, Liverpool (Senior)

09:54  How to Diagnose a ‘TOS’ser
Ms R Dolan, Oxford (Presenter); Professor H Giele, Oxford (Senior); Dr R Knight, Oxford; Ms J See, Oxford; Dr V Murthy, Oxford

10:01  Surgery for Thumb Base Osteoarthritis: The Landscape and Outcomes from the BSSH UK National Hand Registry
Miss J Lane, Oxford (Presenter); Mr M Gardiner, Oxford (Senior); Mr J Rodrigues, Oxford; Professor D Furniss, Oxford; Mr R Poulter, Treliske

10:08  Use of Thiel Embalmed Cadavers in Elective Hand Surgery - Exploring Attitudes to Simulated Surgical Training
Miss S Hassan, Hull (Presenter); Mr I Natalwala, Hull; Ms K Smith, Hull; Mr P Stanley, Hull; Mr S Majumder, Hull; Mr R Pinder, Hull (Senior)
10:15  **Arthrodesis for Chronic Carpometacarpal Instability in Elite Boxers**  
Mr F Wu, Wrightington (Presenter); Mr I McLaughlin-Symon, Wrightington; Mr I Gatt, Sheffield; Dr M Loosemore, London; Mr M Hayton, Wrightington (Senior)

10:22  **Delayed Primary Flexor Tendon Repairs: How Late is Too Late?**  
Ms R Hossain, Coventry (Presenter); Mr S Srivastava, Coventry (Senior)

10:30  **Presentation of International Dupuytren’s Society Best Research Paper of the Year (Ballroom)**  
Professor T Davis, Nottingham (Presenter)

10:35  **Refreshment Break and Exhibition (Atrium and First Floor)**

11:00  **Symposium - Scaphoid Fractures: The Truth, the Whole Truth and Nothing but the Truth (Ballroom)**  
Professor T Davis, Nottingham (Chair), Mr J L Hobby, Basingstoke (Speaker), Mr C Little, Oxford (Speaker), Mr L Muir, Manchester (Speaker)

12:30  **SWIFFT - The One Year Results (Ballroom)**  
Professor J Dias, Leicester (Speaker)

13:15  **Lunch and Exhibition (Atrium and First Floor)**

14:15  **Practising Hand and Wrist Surgery Without an Arthroscope: An Evolution? (Ballroom)**  
Dr M Solomons, Cape Town, South Africa (Speaker)

14:30  **British - American Session (Ballroom)**

14:30  **Introduction and History**  
Mr D Shewring, Cardiff (Presenter)
14:45  Adrian Flatt - A Fascinating Life  
       Mr P Burge, Oxford (Presenter)

15:00  The Douglas Lamb Lecture - The Contribution of Microsurgery to Hand and Upper Limb Surgery  
       Professor N Jones, California, USA (Presenter)

15:45  Refreshments and Exhibition (Atrium and First Floor)

16:15  Symposium - Failed Treatment of Carpal Tunnel Syndrome and Median Nerve Dilemmas (Ballroom)

16:15  Introduction  
       Mr H Dafydd, Swansea (Presenter)

16:25  Intraneural Injection - Consequence and Management  
       Professor G Giddins, Bath (Presenter)

16:35  Recurrence after Surgery - Does it Exist?  
       Mr H Giele, Oxford (Presenter)

16:45  Management of Failed Carpal Tunnel Surgery  
       Professor N Jones, California, USA (Presenter)

17:00  Reconstruction of the Un-Reconstructible Median Nerve Defect  
       Dr M Solomons, Cape Town, South Africa (Presenter)

17:15  Discussion

17:30  Business Meeting (Ballroom)
FRIDAY 4 MAY

07:15  **SOBI Breakfast Symposium - Treating Dupuytren’s - The Move From Invasive to Non-Invasive Treatment Options (Ballroom)**
Professor D Warwick, Southampton (Chair)

07:15  **Xiapex - The Move From Invasive to Non-Invasive Treatment Options. The Swedish Experience**
Dr S Wilbrand, Uppsala, Sweden (Speaker)

07:45  **Our Experience of Treating Dupuytren’s with Xiapex**
Mr M Brewster, Birmingham (Speaker)

08:00  **Registration and Refreshments (Atrium and First Floor area)**

08:30  **Introduction (Ballroom)**
Mr D Shewring, Cardiff (Speaker)

08:35  **Free Paper Session - (parallel session) (Ballroom)**
10:25  Chairs: Mr M Horwitz, London and Mr CY Ng, Wigan

08:35  **Using Electronic PREMs and PROMS to Debunk the Myth of Procedures of Limited Clinical Value**
Professor D Warwick, Southampton (Presenter); Dr H Akerman, Southampton; Miss O Halliday, Southampton

08:39  **Consent: Supported Decision Making – Are We Compliant?**
Mr A Ibrahim, Bristol (Presenter); Mr S Ali, Bristol; Mr T Wright, Bristol (Senior)

08:43  **The Impact of Education and Guideline Implementation on Antibiotic Prescribing in Infected or Contaminated Hand Wounds and Bites**
Dr A Wignall, Hull (Presenter); Dr G Barlow, Hull; Mr R Pinder, Hull (Senior)
Management of Paediatric Trigger Thumb (PTT) – Results from a UK-Wide Survey of Current Practice
Miss J Harvey, Derby (Presenter); Mr C Bainbridge, Derby (Senior)

Apert’s Hand Revisited: A New Classification System
Mr H Alfeky, Liverpool (Presenter); Professor P McArthur, Liverpool (Senior)

A Palmar Bilobed Flap for the Correction of Radial Dysplasia
Ms C Deall, Oxford (Presenter); Professor H Giele, Oxford (Senior); Ms R Dolan, Oxford

Poor Surgical Outcomes in Camptodactyly Using Total Anterior Teno-Arthrolysis or Osteotomies
Miss M Baker, Oxford (Presenter); Miss R Dolan, Oxford; Mr H Giele, Oxford (Senior)

SWIFFT - 5 Year Planning and DISC - (Parallel Session)
(Victoria Suite)
Professor J Dias, Leicester (Speaker), Ms C Arundel York (Speaker)

The Outcome of Dermofasciectomy for Dupuytren’s Disease – A Systematic Review and Comparison with Results from our Regional Hand Unit
Miss O Sharp, Portsmouth (Presenter); Wing Commander A Pandya, Portsmouth (Senior)

The Anatomical Relationship Between the Lunate and Distal Radius: An Analysis of Computed Tomography Scans of the Normal Wrist
Miss A Clement, Aberdeen (Presenter); Dr D Stickle, Aberdeen; Professor A Johnstone, Aberdeen (Senior)
09:11 **Association Between Loss of Finger Extension and Patient Reported Outcome Measures (PROMs) in Dupuytren’s Contracture in the HAND-1 Trial**
Mr W Tan, Nottingham (Presenter); Professor T Davis, Nottingham (Senior); Mrs T Hepburn, Nottingham; Mrs K Sprange, Nottingham; Mrs E Harrison, Nottingham; Ms A Dahaley, Nottingham; Mr G McConaghie, Nottingham; Miss A Karantana, Nottingham; Dr N Mills, Bristol; Professor A Montgomery, Nottingham

09:15 **The Scratch Collapse Test: A Systematic Literature Review**
Dr U Čebron, Palo Alto, USA (Presenter); Dr C Curtin, Palo Alto, USA (Senior)

09:19 **Discussion/Questions and Answers**

09:29 **The Free Vascularized Pedicled Nerve Functioning Muscle Transfer: A Novel Concept for Brachial Plexus Reconstruction**
Ms R Dolan, Oxford (Presenter); Professor H Giele, Oxford (Senior)

09:33 **Efficacy of Ultrasound vs. Fluoroscopic Guided Steroid Injections of Small Joints in the Hand: Patient Pathways, Clinical Outcomes and Cost**
Miss V V Toh, Bradford (Presenter); Miss V Teoh, Bradford; Dr M Chandramohan, Bradford; Mr Z Shariff, Bradford (Senior)

09:37 **Postcode Lottery - Do Commissioning Groups Differ in Funding Elective Hand Surgery?**
Miss K Smith, Hull (Presenter); Mr J Haeney, Hull (Senior)

09:41 **Hand Trauma in England: An Analysis of HES Data**
Mr O Manley, Oxford (Presenter); Mr J Wormald, Oxford; Prof D Furniss, Oxford (Senior)
09:45 - **BSSH Communications - (Parallel Session) (Victoria Suite)**

10:30 Professor G Giddins, Bath (Speaker)

Free Paper Session Continued:

09:45  **Antibiotics in Hand Trauma: Cutting Down the Cost and Maximising Patient Safety**
Dr B Adjei, Prescot (Presenter); Mr H Alfeky, Prescot; Miss L Homer, Prescot; Miss S Mohamed, Prescot; Mr I Khan, Prescot; Mr C West, Prescot; Mr D Bell, Prescot (Senior)

09:49  **Rapid Microbial Diagnosis in Hand and Upper Limb Infections**
Dr A McKean, London (Presenter); Mr S Rahman, London; Mr P Macneal, London; Mr M Horwitz, London (Senior)

09:53  **Hand Trauma Service at a Rural District General Hospital. Challenges of Meeting the BSSH 2007 Hand Trauma Standards**
Mr D Izadi, Exeter (Presenter); Mr A Barrie, Exeter; Mr K Williams, Exeter; Mr V Devaraj, Exeter; Mr A Watts, Exeter; Mr C Wallace, Exeter (Senior)

09:57  **Current Opinions Regarding the Management of Pyogenic Flexor Tenosynovitis**
Miss L Bolton, Nottingham (Presenter); Mr C Bainbridge, Derby (Senior)

10:01  **Defining Displacement Thresholds for Surgical Intervention for Distal Radius Fractures – A Delphi Study**
Mr N Johnson, Leicester (Presenter); Dr P Leighton, Nottingham; D R Study Group, Leicester; Mr C Pailthorpe, Reading; Professor J Dias, Leicester (Senior)
10:05  Scaphoid Fractures - Not Just for the Young and Reckless  
Mr A Sykes, Oxford (Presenter); Mr N Riley, Oxford; Mr T Szabo, Oxford; Mr I McNab, Oxford; Mr C Little, Oxford (Senior)

10:09  The NeuFlex Metacarpophalangeal Joint Implant: Does it Fracture and if so, Where? An Analysis of 30 Retrieved Implants  
Professor G Giddins, Bath (Presenter); Professor T Joyce, Newcastle

10:13  Discussion/Questions and Answers

10:25  UK Hand Registry (Ballroom)  
Mr R Poulter, Truro (Speaker)

10:30  That's Weird... Three Very Strange Hand Pathologies (Ballroom)  
Dr M Solomons, Cape Town, South Africa (Speaker)

10:50  Refreshments and Exhibition (Atrium and First Floor)

11:20  Debate: Partial Wrist Fusion - Does it Really Work? (Ballroom)  
Mr J Hobby, Basingstoke (Chair), Mr C Heras-Palou, Derby (Speaker), Mr N Downing, Nottingham (Speaker)

12:20  Mistakes I have Made and Operations I No Longer Perform (Ballroom)  
Professor G Giddins, Bath (Chair), Professor N Jones, California, USA (Speaker), Dr M Solomons, Cape Town, South Africa (Speaker)

13:00  Lunch and Exhibition (Atrium and First Floor)

14:00  Symposium: Soft Tissue Infection in the Hand and Sepsis: New Challenges (Ballroom)
14:00  Introduction
Mr R Trickett, Cardiff (Presenter)

14:10  The Microbiological Challenge
Dr H Hughes, Cardiff (Presenter)

14:25  The Systemic Challenge
Dr C Hingston, Cardiff (Presenter)

14:40  Necrotising Fasciitis
Mr D Boyce, Swansea (Presenter)

14:55  HIV Related Infection and TB
Dr M Solomons, Cape Town, South Africa (Presenter)

15:10  Debate: Is it Negligent or Not? (Ballroom)
Professor D Warwick, Southampton (Chair), Mr P Burge, Oxford (Speaker),
Professor T Davis, Nottingham (Speaker), Professor G Giddins, Bath
(Speaker), Mr L Muir, Manchester (Speaker)

16:10  Refreshments and Exhibition (Atrium and First Floor)

16:30  My Current Technique and Rationale (Ballroom)
Mr D Newington, Swansea (Chair)

16:30  Four Corner Fusion
Mr I D Russell, Swansea (Presenter)

16:50  Segmental Fasciectomy
Miss J Arrowsmith, Derby (Presenter)

17:10  Distal Biceps Reattachment
Dr A Watts, Wrightington (Presenter)

17:30  End
POSTERS

Posters will be available to view throughout the conference in the Atrium

P1  Can a Virtual Fracture Clinic (VFC) be used to Safely Manage Paediatric Patients with Suspected Scaphoid Fractures?
Mr Tariq Aboelmagd [Presenter], Miss Jennifer Lane, Mr Karim Aboelmagd, Mr John Morley, Miss Claire Middleton, Mr Amr El-Khouly, Mr Nev Davies [Senior]

P2  Improvement in Hand Trauma Service at a Regional Plastics Surgery Unit in Merseyside (BSSH Guidelines)
Dr Bismark Adjei [Presenter], Mr Hazem Alfeky, Dr Madhusudan Nair, Mrs Clare Kelsey, Mr Dave Bell [Senior]

P3  Acrylic Nail: A Case Series on Associated Traumatic Injuries
Dr Bismark Adjei [Presenter], Dr Laura Ellerton, Mr Hazem Alfeky, Mrs Clare Kelsey, Mr Christian West [Senior]

P4  Enhancing Microsurgical Skills: The Novel Use of a Biological Vascular Flow System
Mr Hazem Alfeky [Presenter], Professor Partha Vaiude, Mr David Bell [Senior]

P5  Efficiency of Heparin Solution Subcutaneous Injection in Failing Distal Finger Replantation
Mr Hazem Alfeky [Presenter], Mr Paul McArthur, Professor Yasser Helmy [Senior]

P6  Denervation of the Metacarpophalangeal Joint
Mr Joan Arenas-Prat [Presenter] [Senior]

P7  Improving Financial and Time Efficiency in Nailbed Repair and Minor Hand Surgeries - An Audit of Different Practices
Mr Guirgis Awad [Presenter], Mr Robert Pearl [Senior]

P8  High Volume, Low Rupture Rate and Good Outcomes: Experiences of Flexor Tendon Repair and Appraisal of a Trainee-Delivered Service in a University Hospital Hand Surgery Unit
Miss Rachael Elizabeth Baines [Presenter], Mr Donald J Dewar [Senior], Mr James D Bedford, Mr Vinery N Itte
The Management of Acute Fracture-Dislocations of PIP Joints: A Systematic Review
Miss Anca Breahna [Presenter], Mr Anuj Mishra, Miss Jill Arrowsmith, Mr Tommy Lindau [Senior]

A 7-Year Retrospective Study of Giant Cell Tumours of the Hand in South East Scotland
Dr Harriet Briggs [Presenter], Dr Jenny Reid, Dr Anca Oniscu, Mr Neil Cahoon [Senior]

Pre-operative Digital Nerve Entrapment in Dupuytren's Disease: A Prospective Case Series
Mr David Raindle Clarke [Presenter], Mr Matthew Richard Ricks, Miss Eleni Balabanidou, Mr David Hargreaves [Senior]

A New Acute Scaphoid Fracture Assessment Method: A Reliability Study of the 'Long Axis' Measurement
Mr Benjamin Dean [Presenter], Mr Alastair Graham [Senior], Mr Nicholas Riley, Mr Earl McCullogh, Miss Amy Touzell, Miss Jennifer Lane

The Use of Digital Tomosynthesis in Decision Making for Suspected Scaphoid Fractures
Mr Michael Dunne [Presenter], Miss Georgina Phillips, Mr Phillip Johnston [Senior]

High Energy Distal Radius Fractures in Young Adults at a Major Trauma Centre: Experience and Short Term Outcomes
Mr John Edwin [Presenter], Mr Furkan Raja, Mr Amr Saad, Mr James Tebby, Mr Ramon Tahmassebi [Senior]

Dorsal Blocking Splint for the Management of Proximal Phalangeal Fractures in the Paediatric Population
Dr Nefer Fallico [Presenter], Dr Evita Askouni, Dr Noor Ul-ain Ahmad, Dr Mobin Syed [Senior]

SUPBRA Flap for Palmar Reconstruction in a Paediatric Population
Mr Simon Filson [Presenter], Miss Nefer Fallico, Miss Norma Timoney, Mr Mobin Syed [Senior]

An Audit of Venous Thromboembolism Prophylaxis in a Cohort of Day Surgery Cases. Are we adhering to Current Guidelines? Are we Using Excessive Venous Thromboembolism Prophylaxis?
Mr Hossam Fraig [Presenter], Miss Rosalind Mole, Mr Sean Walsh [Senior]
A Marvel of Beauty? The Case of the False Nail Bed Injury  
Mr Abdulla Ibrahim [Presenter] [Senior]

Universal 2 Total Wrist Replacement; A Concise Follow-up of a Previous Report at Minimum 10 years  
Dr Ibrahim Jaly [Presenter], Mr Seif Sawalha, Mr Mohammed Waseem [Senior]

Transforming Consent in Elective Procedures; The Impact of the Montgomery Ruling in a Regional Plastic Surgery Department  
Mrs Heidi Jones [Presenter], Mr Richard Pinder [Senior], Miss Shenbana Bagirathan

A Review of Functional Latissimus Dorsi Transfers for Absent Elbow Flexion  
Miss Serena Martin [Presenter], Mr Michael McBride, Mr Michael Eames, Mr Lewis Harry [Senior]

The Operative Incidence of Syndactyly in Northern Ireland. A 10-Year Review  
Mr Kevin McGarry [Presenter], Mr Michael McBride, Mr Harry Lewis [Senior]

A Systematic Review of Arm Versus Forearm Tourniquets in Hand Surgery  
Mr Rory J Norris [Presenter] [Senior]

Auditing the Management of Animal Hand Bites in a Large Plastic Surgery Department  
Ms Denise Osei-Kuffour [Presenter], Mr Chris Deutsch, Mr Mo Akhavani [Senior]

Carpal Tunnel Decompression in the Community: Is it Safe? Is it Effective?  
Mr Vishal Palial [Presenter], Mr Shabih Siddiqui [Senior]

Withdrawn

Outcomes of Coronal Split Hamate Fractures Treated with Open Reduction and Internal Fixation with a Locking Plate  
Mr Riza Mohammed [Presenter], Mr Gautam Reddy, Mr Ravi Badge, Mr Nasir Shah [Senior]
P28  The Role of Early Post-operative Radiographs Following Distal Radius Fracture Fixation with a Volar Locking Plate: Time for Change?
Mr Zakir Haider [Presenter], Mr Samuel Cullen, Mr Edward Kim, Mr Vivek Sharma, Ms Anthea Davy, Mr Alistair Hunter [Senior]

P29  Steroid Injections for Carpal Tunnel Syndrome in the Primary Care Setting: Where Are We Injecting?
Miss Vi Vien Toh [Presenter], Mrs Sara Dixon, Mr David Dickson, Mr Zakir Shariff [Senior]

P30  Peripheral Nerve Injury After Elbow Arthroscopy: An Analysis of Risk Factors
Professor Ethan Wiesler [Presenter] [Senior], Dr Zhongyu Li, Dr Anastasios Papadonikolakis, Dr Alexander Jinnah
We are having another BFIRST Ball! Similar to the last Ball in 2016, this year’s event will be held in conjunction with the BAPRAS Winter Meeting in London. More details to follow.

If you would like to register interest, please contact info@bfirst.org.uk

Official registration will open in July.
# POSTER TIMINGS

## THURSDAY 3 MAY

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<td>Poster 10 - Dr H Briggs</td>
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<td>Poster 12 - Mr B Dean</td>
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<td>Poster 13 - Mr M Dunne</td>
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<td>Poster 15 - Dr N Fallico</td>
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<th>Screen 3</th>
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<tbody>
<tr>
<td>13:10</td>
<td></td>
<td>Poster 17 - Mr H Fraig</td>
<td>Poster 18 - Mr A Ibrahim</td>
</tr>
<tr>
<td>13:17</td>
<td>Poster 19 - Dr I Jaly</td>
<td></td>
<td>Poster 21 - Miss S Martin</td>
</tr>
<tr>
<td>13:24</td>
<td>Poster 22 - Mr K McGarry</td>
<td>Poster 23 - Mr R Norris</td>
<td>Poster 24 - Ms D Osei-Kuffour</td>
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<tr>
<td>13:31</td>
<td>Poster 25 - Mr V Palial</td>
<td>Poster 26 - Withdrawn</td>
<td>Poster 27 - Mr R Mohammed</td>
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<tr>
<td>13:38</td>
<td>Poster 28 - Mr Z Haider</td>
<td>Poster 29 - Miss V Toh</td>
<td>Poster 30 - Professor E Wiesler</td>
</tr>
</tbody>
</table>
FLOOR PLANS

GROUND FLOOR (ATRIUM)
EXHIBITORS

ACUMED LTD (Meetings Lounge, First Floor)
Huebner House, The Fairground, Weyhill, Hants
SP11 0QN,
Telephone: 01264 774450
Email: customerservices@acumed.uk.com

Acumed is a global leader in developing innovative orthopaedic and medical solutions to improve patient care. Acumed has more than two decades of experience in the orthopaedic industry, staying true to the Acumed mission of aiding the afflicted through the ingenuity of our minds, the labour of our hands and the compassion of our hearts.
Acumed delivers industry leading medical implants alongside an extensive medical professional education programme dedicated to improving patient outcome in surgery.

ARTHREX LTD. (Meetings Lounge, First Floor)
Unit 5, 3 Smithy Wood Business Park,
Sheffield, S35 1QN
Telephone: 01142 329 180
Email: info@arthrex.co.uk
Twitter/Instagram: @Arthrex

Arthrex is a global medical device company and leader in new product development and medical education in orthopaedics. With a corporate mission of helping surgeons treat their patients better, Arthrex has pioneered the field of arthroscopy and developed more than 12,500 innovative products and surgical procedures to advance orthopaedics worldwide. Arthrex is proud to support the BSSH Spring Scientific Meeting in Cardiff this year. Please visit our stand to see how Arthrex is positioned to “help you treat your patients better”.

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Athrodax Healthcare is synonymous with orthopaedic treatment systems for extremity surgery. We have worked with the NHS and private sector since the mid 1970s.

With innovative new single-use products and traditional metal re-useable sets, with hire procedure instrument sets and ground breaking metal bio-absorbable implants, we have plenty to present.

- In2Bones implants and instrument sets for extremity surgery
- Buxton surgical instrument sets
- Magnezix the first bio-absorbable metal implant
- Colsan Mays type bone grafting set

We look forward to meeting you.

The British Orthopaedic Association (BOA) is the association for trauma and orthopaedic surgeons in the UK. We provide national leadership, a unifying focus, and charitable endeavour by Caring for Patients; Supporting Surgeons and Transforming Lives. As a membership organisation with over 4,800 members, we focus on excellence in Professional Practice, Training and Education, and Research.

Make sure to visit our stand for more information about our membership and for our latest BOA merchandise including our limited edition Centenary Parker pen and notebooks.
General Medical distributes the Mectron Piezosurgery ultrasonic bone cutting system. Piezosurgery allows surgeons to perform fine cuts in bone without any danger of damage to soft tissues. This means smaller incisions, less trauma, less postoperative swelling and less patient discomfort. Speak to General Medical to arrange a demonstration or to organise a clinical case. Mectron Piezosurgery units are available on short or long term lease, loan or outright purchase.

BSSH has developed a web-based hand surgery audit tool and employs a full-time Database Administrator to undertake most of the data collection and entry. The audit tool will allow surgeons to audit their outcomes with minimal effort and compare their own results with the aggregated results from all BSSH members. Surgeons are encouraged to use their outcome data to inform their own appraisal and continuing professional development. This resource is available, free of charge, to all BSSH Full and Associate members.
Integra Life Sciences, a world leader in medical technology, is dedicated to limiting uncertainty for surgeons.

By using innovative materials, such as highly wear resistant PyroCarbon, for MCP, PIP, CMC joint and radial head replacement, and state of the art designs such as the Freedom wrist, developed from the successful Uni 2, Integra offers the orthopaedic extremity surgeon a wide range of solutions to upper limb problems.

Please visit us during the meeting and learn more about our exciting products and to enquire about our upcoming courses.

Lavender Medical specialise in supplying innovative osteosynthesis products to the orthopaedic community with a particular emphasis on extremities market. The company represents a number of leading research-focused manufacturers from Europe and the rest of the world to bring the latest technology and techniques available in the field of fracture fixation to the United Kingdom. Lavender Medical has a full range of innovative hand fusion devices for PIPJ, MCP and Carpal Fusions.
LEDA are an independently run, British orthopaedic company. At this year’s BSSH conference, it gives us great pleasure to introduce two new products to the UK market from specialist hand-surgery manufacturer Keri Medical: the TOUCH® CMCJ dual-mobility prosthesis and the REAXON® chitosan nerve guide. Please visit our booth to learn more.

We are also proud to be the UK distributors of Skeletal Dynamics (upper limb trauma including the Geminus Distal Radius system), OsteoMed (HPS hand plating and cannulated screw system), Ortholove patient positioners and BonAlive Bioactive Glass.

MatOrtho® is a global trendsetter in the field of orthopaedic implant devices, totally focused on improving the quality of life of all patients who receive one of its devices. The passion, knowledge and innovation that drive MatOrtho® are delivered and applied in a dynamic and ethical way.

Our heritage is a true reflection of our commitment and responsibility as suppliers to medical professionals. Through continued excellent clinical results, investment in new technologies and product development, we aim to further demonstrate that commitment. Our portfolio includes the PIPR™ and TMPR™ small joint prostheses, which are available directly through your MatOrtho® representative.
Medartis develops, manufactures and sells titanium screws, plates, surgical instruments and system solutions for fracture fixation. These implants allow for patient rehabilitation after surgical reconstruction of fractures, malunions and deformities or skeletal diseases and their adjacent soft tissues. Medartis is represented worldwide through its subsidiaries and a broad distributor network. Our motto is “Precision in Fixation”. The goal of Medartis is to continually improve early functional rehabilitation through our high-quality products and exclusively developed technologies.

Osteotec distributes an extensive range of devices supporting hand and upper limb surgeons in both trauma and elective surgery.

Elective, trauma and reconstructive solutions are provided by:

Trimed: Ulna osteotomy, wrist fusion and reconstructive devices.
Arex: With Ligamentotaxor, silicone tendon spacer and cannulated screws.
Osteotec: Also manufactures its own range of products, including the silicone MCP and PIP finger joints, CBG bone harvesting instruments, Stanley wrist fusion pin and Osteo-X mini fixator.
R&D Surgical are proud to serve the surgical community with a full range of Xenosys loupes, headlights and innovative HD camera system. Our loupes provide unbeatable field of vision and depth of focus, while being lightweight for all day comfort. Our LED headlights can be paired with any loupes and offer unparalleled quality and performance. We look forward to welcoming you to our stand.

Sara Miller McCune founded SAGE Publishing in 1965 to support the dissemination of usable knowledge and educate a global community. SAGE publishes more than 1,000 journals and over 800 new books each year, spanning a wide range of subject areas. Our growing selection of library products includes archives, data, case studies and video. SAGE remains majority owned by our founder and after her lifetime will become owned by a charitable trust that secures the company’s continued independence. Principal offices are located in Los Angeles, London, New Delhi, Singapore, Washington DC and Melbourne. www.sagepublishing.com
Sobi is an international rare disease company dedicated to providing access to innovative treatments that make a significant difference for people with rare diseases. We have two business areas: Haemophilia and Specialty Care. Our research and product portfolio is primarily focused on haemophilia, inflammation, and genetic and metabolic diseases. The United Kingdom and Republic of Ireland team is based in Cambridge and have been rated as the best company in Haemophilia in the UK through an annual independent survey in 2016 and 2017 and one of the UK’s great places to work in 2017.

Founded in 2000, Sovereign Medical Ltd has become one of the specialist suppliers of the most innovative and contemporary Orthopaedic products across the UK’s Health sector. Over the past seventeen years, we have been recognised as one of the leading suppliers of hand, foot and ankle products. Working closely and keeping up to date with the world’s top manufacturers of Orthopaedic products enables us to provide the best possible options for Surgeons. We have strong relationships with Novastep, KLS Martin, Groupe Lepine Gramedica, and Scaffdex. Sovereign Medical are exclusively the sole distributor of these products within the UK.
Surgical Holdings is a British specialised innovative manufacturer and repairer of high quality orthopaedic instruments and orthopaedic implants, established for 29 years in Southend-on-Sea. We are proud to be exhibiting at the BSSH for the second time, we have recently launched our Extremities catalogue and innovative new hand instrument sets, including Comfort Bow, Stevens Scissors, Osteotome and Gouge Sets, utilising unique modern designs. Surgical Holdings are able to bespoke manufacture and CE mark orthopaedic instruments. They will also be promoting the unique Low Profile retractor, single patient use from Symmetry Surgical.

Vertec Scientific is a leading distributor of world class imaging, including the UK’s leading x-ray mini C-arm intraoperative system, the Hologic Fluoroscan InSight FD. Designed from the outset for the surgeon, InSight’s flat detector system features superb, distortion-free, image quality via a 75 micron array and 2k x 1.5k resolution, ideal for small anatomy. To facilitate ease of use, InSight has easy positioning and distortion-free imaging with automatic motion and metal detection supported by touch screen operation.
Zimmer Biomet products and solutions help treat patients suffering from disorders of, or injuries to, bones, joints or supporting soft tissues. Together with healthcare professionals, we help millions of people live better lives. Zimmer Biomet offers the most comprehensive portfolio of solutions available in the musculoskeletal healthcare industry, from early intervention treatments to complex surgical procedures. Our total focus on musculoskeletal healthcare gives us a competitive advantage and makes us a leader in delivering value for our customers.
Join us in October for the next BSSH Autumn Scientific Meeting, which will be held at the QE II Centre in Westminster, Central London. Registration for the event is now open and the abstract closing date is 14 June. Further information on how to register is available in the events section of the BSSH website: www.bssh.ac.uk
INFORMATION

INFORMATION FOR DELEGATES

VENUE INFORMATION

The conference takes place at the Hilton Hotel Cardiff.

Address
Hilton Cardiff
Kingsway
Greyfriars Road
Cardiff
CF10 3HH

Registration and Information Desk
The registration and information desk in the Atrium will be open at the following times:
Thursday 08:15–18:00
Friday 08:00–16:00

Registration
Online registration remains open until 18:00 on 4 May at the following rates:

<table>
<thead>
<tr>
<th>Membership Category</th>
<th>Whole Meeting</th>
<th>Day Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>BSSH Full Members and Associates who are consultants</td>
<td>£320</td>
<td>£160</td>
</tr>
<tr>
<td>BSSH Associates who are Trainees and Companion Members</td>
<td>£195</td>
<td>£100</td>
</tr>
<tr>
<td>Hand Therapists</td>
<td>£195</td>
<td>£100</td>
</tr>
<tr>
<td>BSSH Honorary and Senior Members</td>
<td>£120</td>
<td>£60</td>
</tr>
<tr>
<td>Trainee Non-Members</td>
<td>£245</td>
<td>£125</td>
</tr>
<tr>
<td>Other Non-Members</td>
<td>£420</td>
<td>£210</td>
</tr>
<tr>
<td>Medical Students</td>
<td>£120</td>
<td>£60</td>
</tr>
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</table>
Trade Exhibition
The trade exhibition will be available to view throughout the conference in the Atrium on the ground floor, and in the Llandaff Suite and Meetings Lounge on the first floor.

Catering Points
Refreshments and lunch will be served in the Atrium on the ground floor and Meetings Lounge on the first floor.

Wi-Fi
Wi-Fi access is available. Please select 'Hilton Cardiff BT Openzone'. The password will be available on the day from the registration desk.

Cloak Room
The cloak room is by the concierge.

Taping of Sessions
Any videoing, photography and sound recording of the conference sessions is strictly forbidden, without prior written permission from the organising committee.

Abstracts
Abstracts of all free papers and posters are available to view online – http://bssh.meeting.org.uk/programme.

Conference App
Download the conference app via your device’s app store – search for BSSH. The app provides the full programme, abstracts and speaker biographies in an easily accessible format that, once downloaded, can be used without a connection to the internet.

Poster Viewing
Poster viewing stations are available in the Atrium on the ground floor.

FUTURE MEETINGS
BSSH Autumn Scientific Meeting, 11–12 October 2018, London
The following CPD points have been awarded for this meeting:

Thursday: 6.5
Friday: 7
Total: 13.5

Society Dinner
The Society Dinner will be held on Thursday 3 May at the National Museum of Wales. A drinks reception will be held at 19:00, followed by dinner at 19:45.

Address
National Museum Cardiff
Cathays Park, Cardiff
CF10 3NP

One complimentary ticket for the dinner is included in the registration fee for the whole meeting (except for Honorary and Senior Members, and medical students). Additional tickets can be purchased at £75 per ticket.

INFORMATION FOR PRESENTERS
Presenters are reminded to load presentations at least 30 minutes prior to the start of the session that you are speaking in.

All versions of Microsoft PowerPoint are supported. Presentation on Mac is also available, using PowerPoint.

If you have not sent your presentation in advance, you should provide your presentation on a USB storage device.

Presentation from personal laptop/macbook is not permitted.

Poster Prize
A prize consisting of book vouchers to the value of £250 will be awarded to the best poster presented at the meeting.
SOBI SYMPOSIUM

Treating Dupuytren’s - The Move from Invasive to Non-invasive Treatment Options

Friday 4th May 2018, 7:15am
The Ballroom, Hilton Hotel, Cardiff

CHAIR:
Professor David Warwick
Senior Hand Surgeon, Southampton University Hospital

SPEAKERS:
Xiapex - The Move from Invasive to Non-invasive Treatment Options
The Swedish Experience
Dr Stephan Wilbrand
Senior Consultant Hand Surgeon, Uppsala University Hospital, Sweden

Our Experience of Treating Dupuytren’s with Xiapex
Mr Mark Brewster
Consultant Hand Surgeon, Royal Orthopaedic Hospital, Birmingham

Full English Breakfast will be available from 7:00am, prompt start at 7:15am
XIAPEX® Abbreviated Prescribing Information (Dupuytren’s contracture)
(See XIAPEX Summary of Product characteristics for full Prescribing information)

Presentation: Powder and solvent for solution for injection for intralesional use. The vial of powder contains 0.9 mg collagenase clostridium histolyticum.

Indications: Treatment of Dupuytren’s contracture in adult patients with a palpable cord.

Dosage: Xiapex must be administered by a physician appropriately trained in the correct administration of the product and experienced in the diagnosis and management of Dupuytren’s disease. The recommended dose of Xiapex is 0.58 mg per injection into a palpable Dupuytren’s cord. Approximately 24-72 hours after injection, a finger extension procedure may be performed to facilitate cord disruption. Injections and finger extension procedures may be repeated up to 3 times per cord at approximately 4-week intervals. Injections in up to two cords or two affected joints in the same hand can be administered. No more than 3 attempts per affected joint and up to 8 injections in total are recommended. For specific details see SmPC.

Contraindications: Hypersensitivity to the active substance or to any of the excipients.

Warnings and Precautions: Allergic reactions - 17% of Xiapex treated patients in phase 3 placebo-controlled clinical studies had mild allergic reactions (i.e., pruritus). Physicians must be prepared to address any severe local or systemic allergic reactions including the potential for anaphylaxis following injection, and possibly following repeated use. Tendon rupture or other serious injury to the injected extremity - Injection of Xiapex into collagen-containing structures of the hand other than the Dupuytren’s cord may result in damage to those structures including possible tendon rupture or ligament damage. Care should be taken when injecting Xiapex into cords contacting the PIP joints as clinical studies indicate an increased risk of tendon rupture and ligament injury associated with treatment of PIP contractures with Xiapex. Signs or symptoms that may reflect serious injury to the treated finger/ hand after injection or manipulation should be promptly evaluated because surgical intervention may be required. Use in patients with coagulation disorders – Xiapex must be used with caution in patients with coagulation disorders or those taking anticoagulants. See SmPC for details. Immunogenicity - As with any non-human protein medicinal product, patients may develop antibodies to the therapeutic protein. Long-term safety - Long-term safety of Xiapex is not fully characterised. The impact of treatment with Xiapex on subsequent surgery, if needed, is not known.

Drug Interactions: Use of Xiapex in patients who have received tetracycline antibiotics e.g. doxycycline, within 14 days prior to receiving an injection of Xiapex is not recommended.

Pregnancy & Lactation: Not recommended in pregnancy. Xiapex can be used during breast feeding.

Driving and operating machinery: Xiapex may have a major influence on the ability to drive and use machines due to swelling and pain in the treated hand. Other minor influences include dizziness, paraesthesia, hypotension, and headache. Patients must be instructed to avoid potentially hazardous tasks.

Side Effects: In clinical trials, the most frequently reported adverse reactions during Xiapex therapy were local injection site reactions. Injection site reactions were very common, occurring in the vast majority of patients, were mostly mild to moderate in severity and generally subsided within 1-2 weeks post injection. Serious adverse reactions of tendon rupture, tendonitis, other ligament injury and complex regional pain syndrome related to the medicinal product were reported. Very commonly reported adverse reactions include lymphadenopathy, pruritus, ecchymosis, pain in extremity, oedema peripheral (including injection site oedema and oedema), injection site haemorrhage, injection site pain, injection site swelling, tenderness, contusion. Commonly reported adverse reactions include lymph node pain, paresthesia, hypotension, burning sensation, dizziness, headache, nausea, blood blister, blister, rash, erythema, hyperhidrosis, arthralgia, joint swelling, myalgia, axillary pain, inflammation, injection site inflammation, swelling, injection site erythema, injection site pruritus, injection site warmth, injection site vesicles. For further information refer to summary of product characteristics.

Legal Category: POM.

Marketing Authorisation Holder: Swedish Orphan Biovitrum AB (publ), SE-112 76 Stockholm, Sweden

Package Quantities, Marketing Authorisation Numbers and Basic NHS Price: Xiapex 0.9 mg powder and solvent for solution for injection, EU/1/11/671/001, £572.00.

Eire List Price: Available on request.

Further information is available on request from: Swedish Orphan Biovitrum Ltd. Suite 2, Riverside 3, Grant Park, Great Abington, Cambridgeshire, CB21 6AD Tel: +44 (0) 1223 891854

Date of Preparation: June 2017 Company Reference: PP-2680

Adverse events should be reported. Reporting forms and information can be found at: www.mhra.gov.uk/yellowcard.

Adverse events should also be reported to Swedish Orphan Biovitrum Ltd by email: drugsafety@sobi.com
As you may already know, BSSH has recently appointed Forster Communications to help raise the Society’s voice and profile through national, regional and key trade media. The key purpose is to build patient understanding that if they have a hand problem, they should ask to see a specialist. Through news releases, opinion articles and case studies, this work will showcase the complexity of the hand and how BSSH members can help.

Members have a vital role to play in this media engagement. Forster needs your stories and experiences to help profile your great work, as well as your opinion to help give us a leading voice on relevant issues. Patient-stories are particularly important, and we want to find individuals who can discuss the real-life benefits of receiving treatment from a BSSH member. We are also interested in any innovation (such as new materials being used) and any news-linked topics (for example, increase in carpal tunnel syndrome as a result of rise in diabetes).

If you have a topic or patient story that you believe would be of interest, please fill in the short form which can be found at the registration desk.

Thank you very much in advance for your involvement.